

...YOUR FREE LOCAL NEWS

NOVEMBER 2026

ALDEBURGH TIMES



PART OF THE **TIDE COLLECTION**

ALDEBURGH TIMES

WOODBIDGE TALK

SOUTHWOLD ORGAN

SAXMUNDHAM NEWS

LEISTON OBSERVER

FRAMLINGHAM FOCUS



Fri 6th Nov at 7.15pm
 Sat 7th Nov at 5.00pm
 Sun 8th Nov at 6.00pm
 Mon 9th Nov at 2.00pm
 Tues 10th, Wed 11th &
 Thurs 12th Nov at 7.15pm

WICKER 15

Sat 7th Nov at 7.30pm
 Sun 8th Nov at 3.00pm

GEORGE MICHAEL: THE FAITH TOUR 12A

Mon 9th Nov at 7.15pm
 Tues 10th Nov at 2.00pm
 Sun 15th Nov at 6.30pm

THE UPRISING 15

Fri 13th Nov at 7.15pm
 Sun 15th Nov at 4.00pm
 Mon 16th Nov at 7.15pm
 Thurs 19th Nov at 2.00pm

WHALEFALL 15

Sat 14th Nov at 12.00pm
 Sun 15th Nov at 2.30pm
 Sat 21st Nov at 12.00pm
 Sun 22nd Nov at 2.30pm

FESTIVE FUN WITH PEPPA U

Thurs 19th Nov at 7.00pm
 Sun 22nd Nov at 4.30pm

GIANT - THE PLAY 15

Fri 20th Nov at 7.15pm
 Mon 23rd Nov at 1.00pm
 Tues 24th & Wed 25th Nov at 7.15pm
 Thurs 26th Nov at 2.00pm

I PLAY ROCKY 12A

Thurs 26th Nov at 7.00pm
 Sun 29th Nov at 3.00pm

ANDREW LLOYD WEBBER'S STARLIGHT EXPRESS PG

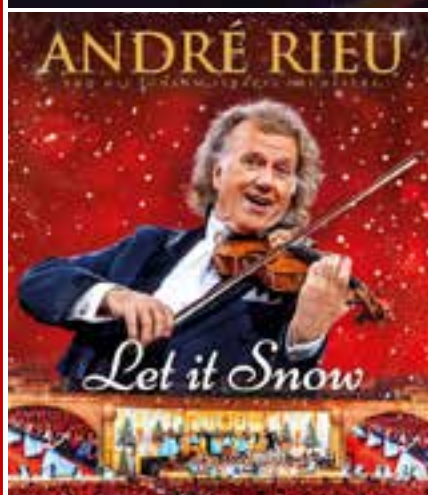
Sat 5th Dec at 3.00pm

ANDRE RIEU'S 2026 CHRISTMAS CONCERT: LET IT SNOW PG

01728 830549
www.leistonfilmtheatre.co.uk



Thurs 26th Nov at 7.00pm
 Sun 29th Nov at 3.00pm NOW BOOKING www.leistonfilmtheatre.co.uk



LIVE ENTERTAINMENT at LEISTON FILM THEATRE

**Saturday 14th November, 7.30pm
THE COLDPLAY TRIBUTE**

**Friday 27th November, 7.30pm
DS:UK ... IN TRIBUTE TO DIRE STRAITS**

**Saturday 28th November, 7.30pm
HONEY AND THE BEAR**

**Sunday 6th December, 3.00pm
LEISTON ROYAL BRITISH LEGION
CHRISTMAS CONCERT**

**Friday 8th - Sunday 10th January 2027
PANTOMIME - SLEEPING BEAUTY**

www.leistonfilmtheatre.co.uk

A NOTE FROM OUR EDITOR



A few interesting books are featured this month, I'm sure they'll make great gifts as we approach the festive season and there's plenty on offer entertainment-wise with live music at the Old Generator Station and Jubilee Hall, both on your doorstep and other events only a few miles away - all will brighten up these darker nights! Do take a look at what's on offer and support our local venues.

Please drop me a line to boost your business by advertising with us, in any or all of our six titles, or if you have any news or events you would like to share with our readers. Email: lou@tidecollection.com

Quote of the month

Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek.

Barack Obama



TIDE COLLECTION

A COLLECTION OF 6 FREE MAGAZINES

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CONTACT **LOUISE GISSING** FOR PRICES AND QUERIES

LOU@TIDECOLLECTION.COM
OR CALL 01728 833003

INSIDE YOUR MAGAZINE...

FROM JENNY RIDDELL- 5
CARPENTER

- *Remembrance - lest we forget...*

ALDEBURGH RNLI 9
- *Volunteers wanted in a variety of roles*

THE ABDICATION OF 11
KING EDWARD VII
- *The true story from Anna Pasternak - author & local historian*

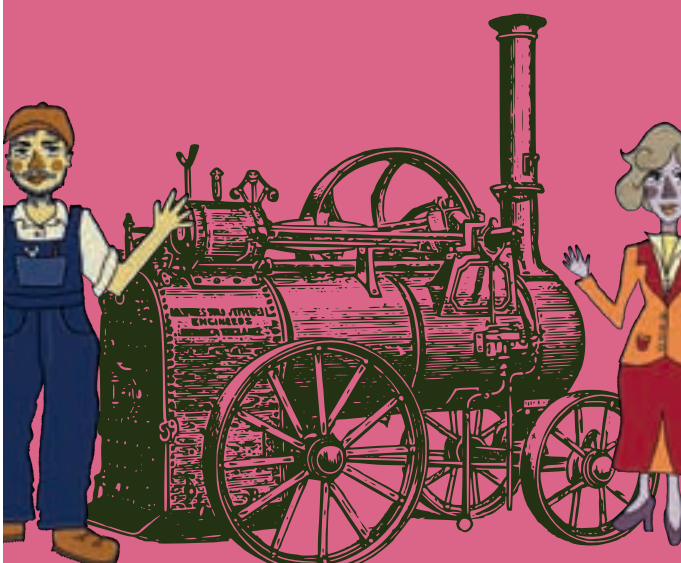
CITIZENS ADVICE EAST 14
- *What happens to your debts when you die?*

NOVEMBER AT 15
ALDEBURGH CINEMA
- *The 31st Aldeburgh Documentary Festival, Women in Politics, People's emergency briefing screening*

FINAL FLING

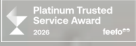
@ THE LONG SHOP MUSEUM

SUNDAY 15th NOVEMBER 10AM - 3PM



STEAM & STATIC ENGINES, TRADE STALLS, REFRESHMENTS, AND MORE!

Ocean View,
Walberswick



suffolk hideaways

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We know choosing an agency to let your property can be a big decision, let us make it easy for you.

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Christmas at Snape Maltings

A magical festive season with concerts, shopping and family events

Snape Maltings, Suffolk IP17 1SP brittenpearsarts.org

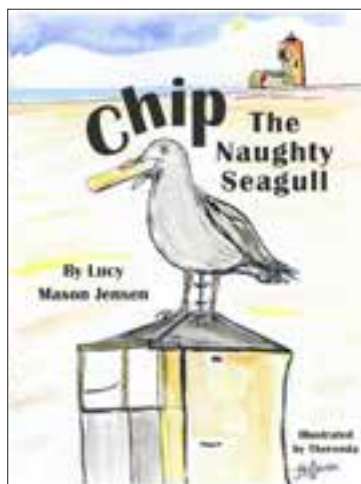


Lucy & Theronda are proud to bring to you their 2nd Annual Art & Book show at the South Lookout in Aldeburgh, November 20 - 22.

Born in Aldeburgh, Lucy calls on her childhood memories and beyond for the inspiration for many of her books. '*Chip, the Naughty Seagull*' is her most recent publication, illustrated by Theronda. It charts the course of the naughty Chip through the delightful landmarks of Aldeburgh and is best suited for 5-90-year-olds! Theronda's charming illustrations are a delightful compliment to the story that has captivated many hearts and is for sale on an ongoing basis through Munchies in Aldeburgh High Street.

Lucy has published several books, including short story compilations from her weekly newspaper columns that she writes for her local paper group in California. Theronda is a prolific local artist who frequently exhibits in Aldeburgh and has a wide body of work, including magical studies of the South Lookout.

For more information, please contact Lucy at lucymasonjensen@gmail.com



ART & BOOK SHOW!

At the South Lookout, Crag Path, Aldeburgh

**Friday, Nov 20, 2-5pm
Saturday, Nov 21, 10-close
Sunday, Nov 22, 10-4**

**Meet Lucy Mason Jensen,
Author of *Chip, the Naughty Seagull*,
The South Lookout - our Aldeburgh Childhoods
& other work
Enjoy & buy the work of local artist,
Theronda Hoffman**

**For more info,
email Lucy at
lucymasonjensen@gmail.com**



A MAGICAL START TO CHRISTMAS!

The festive season is nearly upon us, and Aldeburgh is getting ready to celebrate with its Christmas Fair and Christmas Lights Switch-On, taking place on **Saturday 21st November**.



Celebrations begin at Jubilee Hall, where the Aldeburgh Christmas Craft Fair will be open from 10am to 2pm, showcasing a wonderful selection of talented Suffolk makers, artists and craftspeople. Browse a fantastic range of handmade gifts and festive treats, from jigsaws and delicious homemade cakes to beautiful glass ornaments and much more.

It's the perfect opportunity to find something special while supporting local independent businesses.

Adding to the festive atmosphere will be music from the Aldeburgh Music Choir, while younger visitors can look forward to meeting Aldeburgh's very own Father Christmas in his grotto.

The celebrations continue later in the afternoon on Moot Green, where families can enjoy a children's funfair, festive food, mince pies and some lively sea shanties to get everyone into the Christmas spirit.

The highlight of the day will be the Christmas Lights Switch-On at 5pm outside the Moot Hall, when the Mayor of Aldeburgh, joined by special guests, will officially illuminate the town and mark the beginning of the festive season.

With wonderful local shopping, music, entertainment and plenty of Christmas cheer, it promises to be a lovely day for residents and visitors of all ages.

Entry to the fair is completely free and everyone is welcome, so wrap up warm, bring your family and friends, and join Aldeburgh in celebrating the start of Christmas!



FROM JENNY RIDDELL-CARPENTER, MP



Every November, communities across Suffolk Coastal come together to remember those who have served and sacrificed for our country. From Remembrance services in each of our towns, to ceremonies in the smallest of villages across our constituency, it is always moving to see so many people take the time to pay their respects. Over the past few years, I've been really struck by the numbers of people gathering to give remembrance. I think we often have a sense, or perhaps a fear, that as a society we might begin to forget the huge sacrifices so many men and women gave – in both World Wars and all the conflicts since – to protect our nation, and our values.

But each year, for me personally that fear is put to rest – and I am humbled and proud to see so many, across all generations, coming together to remember. I hope that you too have been struck by the same feeling in recent years.

Of course, the involvement of schools, young cadets and even cubs, brownies and scouts is so important in helping to ensure that the stories and sacrifices of those who came before us are heard and carried forward to the next generation. Remembrance provides an important moment to reflect that behind every name on a war memorial is a person with a family, friends and a future they never got to experience. These were people from our own communities who left their homes to serve, often making the ultimate sacrifice. Their stories are an important part of our local history and deserve to be remembered. Though remembrance is not simply about looking back. It is also about recognising the service and sacrifice of those serving today – and making sure that we value and support them and their families while they are part of our communities.

We have a strong connection to our Armed Forces here in Suffolk Coastal. Rock Barracks at Sutton Heath is an important part of our local community and the new home to 23 Parachute Engineer Regiment and 70 Gurkha Parachute Squadron. I was delighted to welcome the Gurkhas and their families to Woodbridge with an event hosted by the Mayor of Woodbridge and myself.

I have continued to provide support to military families in our area, and to make sure they know that my office is here to support them when they need it.

Having served (albeit briefly) in the Territorial Army, I have a huge personal appreciation of the commitment, teamwork and sense of duty that comes with military service. Those experiences have stayed with me throughout my life and have given me an even greater respect for those who serve in our Armed Forces today.

I am always grateful to everyone across Suffolk Coastal who helps organise our Remembrance services, supports the Royal British Legion's Poppy Appeal and keeps these traditions alive.

Their efforts, alongside the many residents who attend each year, show the strength of our communities and ensure that we continue to remember those who gave so much for the freedoms we enjoy today.

Jenny Riddell-Carpenter MP
www.jennyforsuffolkcoastal.org



OLD GENERATOR STATION

WHATS ON

NOVEMBER 2026

SUNDAY 1ST - ATC FIREWORKS
 FRIDAY 13TH - LIVE MUSIC WITH
 ROCK SOLID ALIBI - FREE ENTRY
 SUNDAY 22ND - LAST SUNDAY LUNCH FOR 2026

BREAKFAST SERVED FRIDAY & SATURDAYS 8-12PM

KITCHEN OPEN
 FRI 5-7PM
 SAT 12-7PM
 SUN 12-5PM
 TAKEAWAY AVAILABLE

Join us at Old Hall Southwold this November for our fantastic two-day Christmas Makers Market, now firmly established as one of our favourite community events of the year!

With more than 55 talented makers gathered under the shelter of our Big Barn, it's the perfect place to start, and finish, your Christmas shopping. Browse an inspiring selection of handmade gifts and treats, including jewellery, ceramics, textiles, homeware, woodwork, fine art, candles, cosmetics, greetings cards, and delicious local produce.

There'll be live music throughout the weekend and lots for younger visitors to enjoy. Santa's Chief Elf will be helping little ones write and post their letters to the North Pole and, weather permitting, the much-loved Miniature Donkeys for Wellbeing will be paying us a visit. We also have some fantastic street food vendors joining us, alongside a bar serving a selection of suitably festive tipples.

Make a day of it by exploring our beautiful estuary walks, which are lovely at this time of year as the landscape takes on its autumn colours. Your four-legged friends are very welcome too, making it the perfect outing for the whole family.

With oodles of free parking, beautiful estuary views and a wonderfully festive atmosphere, Old Hall is the perfect place to soak up a little Christmas magic this November and support the brilliant independent makers and small businesses that make our region so special.



ALDEBURGH JUBILEE HALL

Sunday 1st November, 2pm
Ode to Joyce

Friday 13th November, 7pm
Of Mice and Men

Saturday 14th November, 7pm
**Sounds of Simon:
 A Tribute to Simon & Garfunkel**

Friday 20th November, 7pm
**Aldeburgh Comedy Club
 Night with Alistair Barrie**

Saturday 21st November, 10am
**Aldeburgh Town Council
 Christmas Craft Fair**

Saturday 28th November, 11am
Talk: Blake Morrison on Memoir

Saturday 28th November, 7pm
The Paul McCartney Project

Friday 4th December, 7pm
**Jubilee Goes Global presents
 Anna Mudeka: Our Calling**

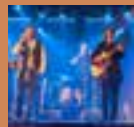
Saturday 12th December, 7pm
**Jazz @ Jubilee presents
 A Swinging Christmas!**



Ode to Joyce



Of Mice and Men



Sounds of Simon



Paul McCartney Project



A Swinging Christmas

www.aldeburghjubileehall.co.uk Tel: 01728 454 022

X AldeJubileeHall Instagram aldeburghjubileehall_ Facebook AldeburghJubileeHall



OLD HALL SOUTHWOLD Christmas Makers Market

Saturday 14th & Sunday 15th
 November, 10am - 3pm

Live music | Street food | Kids corner | Bar

OVER 55 STALLHOLDERS UNDER THE COVER OF
 OUR BIG BARN!

£2.50 Adults | 16 & Under FREE

OLD HALL SOUTHWOLD, HALESWORTH ROAD, REYDON, IP18 6SG

'O TIDE THAT WAITS FOR NO MAN, SPARE OUR COASTS!'

Following a call out to singers from choirs and ensembles across the region, a Britten Pears Arts pop-up choir, conducted by Ben Vonberg-Clark, gave a special performance at the Aldeburgh Food & Drink Festival at Snape Maltings.

Gathering beside the reed beds, the choir sang from the Act 1 chorus, from Britten's *Peter Grimes* that has a powerful resonance today: *'O tide that waits for no man, spare our coasts!'*

This musical moment aimed to draw attention to the profound changes taking place along the area's coastline, and the threats facing coastal towns and villages in the Alde and Ore estuary region, including Snape Maltings.



Britten Pears Arts is raising awareness of the region's particular vulnerability to flooding and coastal change, and to the communities, landscapes and cultural heritage at stake.

Britten Pears Arts is raising funds for its flood defences at Snape Maltings, as part of this wider call for attention to our coast's future.

Having raised £14.1 million for major improvements to the Britten Pears Building and Snape Maltings Concert Hall, fundraising efforts are now focused on raising £3.6 million for flood defences and air cooling to protect the site against the impacts of climate change.

In December 2013, 27 properties in Snape village were badly flooded by high tides, including The Crown pub, and Snape Maltings was perilously close to major inundation.

For many years it was planned that Snape Maltings would be protected by a comprehensive estuary-wide scheme, delivered by the East Suffolk Water Management Board and funded in part by the Environment Agency.

However, the wider project has suffered challenges and delays, and there is currently no major public funding available for raising defences. With full support from the Alde and Ore Community Partnership and the Alde and Ore Estuary Trust, who work together on a plan to build resilient estuary defences in the area, Britten Pears Arts has now taken the decision to pursue an independent scheme and has recently received its activity permit. Britten Pears Arts' Chief Executive, Andrew Comben said:

"We want to raise awareness of the profound changes taking place along our coastline and the growing risk of tidal surge flooding facing Snape Maltings and communities across the region.

"We are now focused on securing the remaining funding needed to raise the Snape Maltings flood defences and protect this special place for future generations. Every contribution, however small, can help make a difference. Once complete, Britten Pears Arts' Capital Programme will realise our plan to create a truly sustainable and accessible creative campus.

"Our founders Benjamin Britten and Peter Pears knew the importance of the Suffolk landscape as a fuel for creativity and believed in the power of the arts to connect and be useful to communities. Their vision for Snape Maltings as a creative campus remains at the heart of this work, ensuring more people can enjoy this remarkable place for years to come."

Funding for the Capital Programme

The Britten Pears Arts Capital Programme is supported with public funding from Arts Council England, and trusts & foundations, including Paul Hamlyn Foundation; 29th May 1961 Charitable Trust; East Suffolk Council Rural Business Investment Fund; East Suffolk Council Rural Business & Community Hub Fund; The Foyle Foundation; Garfield Weston Foundation; the Wolfson Foundation; the Clore Duffield Foundation; the New Anglia Local Enterprise Partnership; the John and Penelope Lebus Trust; the Vanneck Charitable Trust and an anonymous charitable trust.

The Alde and Ore Estuary Trust funded the business case to the Environment Agency which enabled surveys and development work for the Snape Maltings scheme.

Individual donors include Wendy Bostock, Charles & Pascale Clark; Angela & John Crowther; In memory of Stefan T Edlis; Matthew Greenburgh & Helen Payne; Keith & Frances Griffiths; Margaret Hyde, Peter & Veronica Lofthouse; Angela & Lawrence Mallinson; Lindy & Mark O'Hare; David Robbie & Fred Goetzen; Garth and Lucy Pollard, Simon & Victoria Robey; Clive & Eileen Schlee; Alan Swerdlow & Jeremy Greenwood; Sarah Zins; Paul & Sybella Zisman and other anonymous donors. Further information about the campaign and how to contribute is available from Emily Stubbs (estubbs@brittenpearsarts.org).



Seats from **£18**

Co-op Juniors Theatre Company presents

Magic of CHRISTMAS

A festive family treat of sparkling music and dance

Supported by East of England COOP

Snape Maltings Concert Hall
Two shows daily - 18, 19, 20, 22 and 23 December 2026
Book now brittenpearsarts.org



Suffolk sisters Harriet Ablitt and Ellena Bacon face an exciting challenge this autumn: to re-imagine a huge Christmas show for the Co-op Juniors Theatre Company at Snape Maltings Concert Hall.

For the group's 20th anniversary at the world-famous venue, drawing audiences from all over East Anglia, the sisters have taken the popular show to the next level.

"We've spent months selecting music with our musical directors to fit high-energy choreography in so many different styles. There's truly something for everyone," says Harriet Ablitt.

Her sister Ellena Bacon agrees, "With our talented young cast of almost 100, we've created a huge variety of musical moods and rhythms, making this perfect for the whole family."

Both sisters are professionally trained and have appeared across the UK in stage productions. It is their second Magic of Christmas show: "We've enhanced our stage set with the latest lighting technology, so this will be bigger, bolder with lots of surprises and so much fun!" smiles Ellena.

Tickets: brittenpearsarts.org or call 01728 687110



ALDEBURGH RNLI

RNLI Aldeburgh are looking for Boat Crew, Shore Crew and Launch Authorities; and the fundraising Guild is looking for volunteers, including Shop staff. Visit rnli.org/support-us/volunteer/volunteering-opportunities for information on each role and how to apply.

It is RNLI policy to have someone independent of the Boat and Shore Crew to make the decision and give permission to launch a lifeboat. The 'Launch Authority' (LA) considers: weather, sea state, boat and shore crew availability and their skills - whether it is a service call (shout), an exercise, or for fundraising and PR events. Full training is given and no prior experience is required.

The LAs at Aldeburgh are on a five-week rota, with a weekend duty from Friday 8am to Tuesday 8am, two and a half weeks off, a Tuesday to Friday duty, then two weeks off until the next weekend duty. Some of our current LAs do additional volunteering roles: beach crew, head launcher, tractor driver, shop volunteer.

Bryn, who has been one of the Launch Authority team for over eight years says *"The only predictable thing about lifeboating is that it is unpredictable!"*

He has been involved in shouts lasting less than an hour or more than 12 hours; seen lives saved, medical emergencies, injured casualties returned to shore for treatment; sinking vessels, damaged vessels, and many other challenges.

"You feel a surge of adrenalin when the pager sounds, yet you must remain calm and rational and prepared for anything. The feeling once a job is done, the crew are safely home, equipment all functioning and undamaged, with all casualties safe, is fantastic, justifying all the training and sacrifice made by all the volunteers at Aldeburgh Lifeboat Station."

If you are aged 18 - 70 and interested to volunteer as an Aldeburgh Lifeboat Station Launch Authority please visit: <https://volunteering.rnli.org/vacancy/launch-authority-aldeburgh-619706.html> or pop to the beach on a Sunday morning (launch approximately 9am) and have a chat with the shore crew.

Brynn



The Susan Scott
Photo: Martin Quinn



THE AMBER SHOP

15 Market Pl, Southwold IP18 6EA

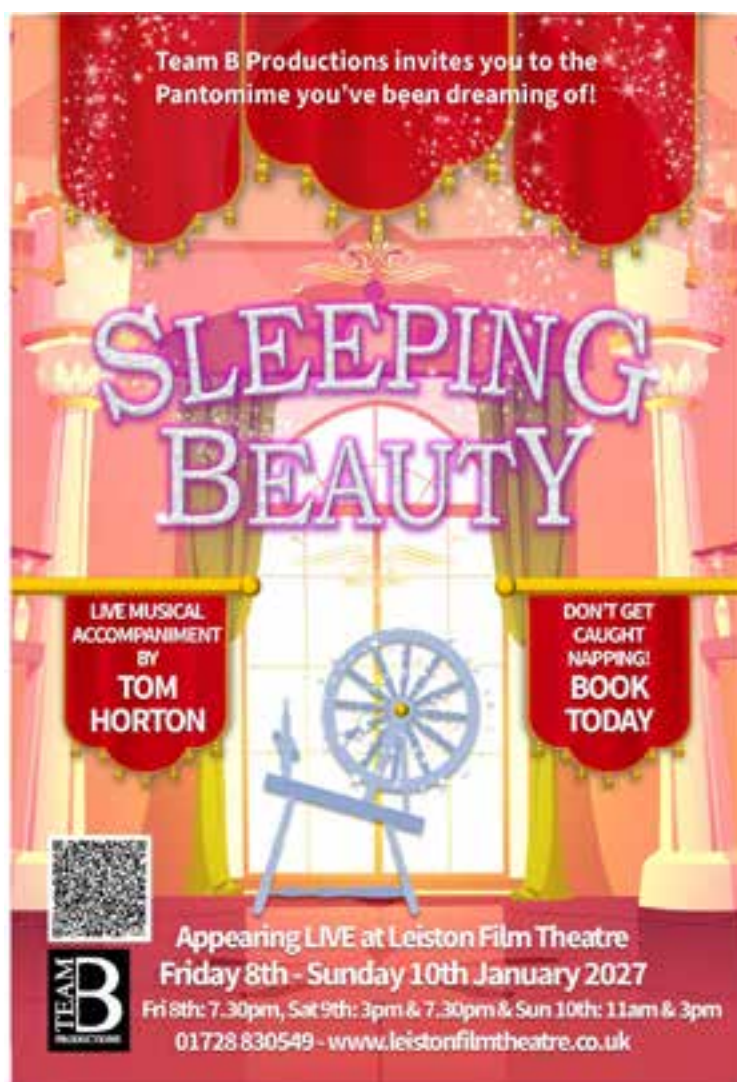
sale

 The Amber Shop
  The Amber Shop & Museum
  Contact@theambershop.co.uk

50% OFF DIAMONDS

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50% OFF ALL NATURAL DIAMONDS
AUG TILL OCT 50% OFF

YOU'RE PROMISED A PANTOMIME WORTH STAYING AWAKE FOR AT LEISTON FILM THEATRE THIS JANUARY!



Team B Productions invites you to the panto you've been dreaming of ... Sleeping Beauty, appearing live at the splendid Leiston Film Theatre between the 8th and 10th January 2027 and tickets are in big demand, with seats for some performances already limited.

As a baby, the beautiful Princess Aurora is cursed by the evil Carabosse, destined to perish on her 18th birthday, by pricking her finger on a spinning wheel. But when the good fairies intervene, the Princess falls under a sleeping spell and into a deep slumber and can only be awoken by true love's kiss.

Now it's up to a dashing Prince, the good Fairies, and the Princess' best friend Muddles to save the day. Will good triumph over evil, will true love's kiss be enough to break the spell and will they all live happily ever after?

The Pantomime has been written by Wayne Burns and Toby Young and is being brought to the stage under Wayne's 'Team B Productions' title - a group of experienced am-dram performers, who have enjoyed numerous sell-out successes, gaining a reputation and following for their polished performances.

Sleeping Beauty promises another traditional family Pantomime, bursting with colourful costumes, dazzling effects, toe-tapping tunes and sprinkled with magical mayhem!

The Pantomime sees renowned Suffolk musician Tom Horton returning as the Musical Director and the energetic students from the Chloe Kinrade School of Dance will be making a welcome return to the stage, as part of the Pantomime extravaganza.

Sleeping Beauty will be appearing live at the Leiston Film Theatre on Friday 8th (7.30pm), Saturday 9th (3pm & 7.30pm) and Sunday 10th (11am and 3pm) January 2027. Limited tickets are still available, priced £19.95, £19.50 and £17.95. Book your seats on 01728 830549 or at: www.leistonfilmtheatre.co.uk.

INTRODUCING THE PANTO PRINCESS FOR 2027

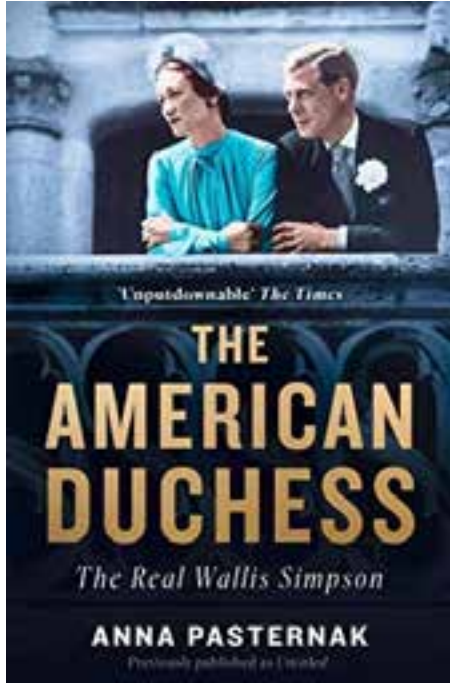
There are no words to express how excited Kelly Eagle was to be offered the role of Princess Aurora, in Sleeping Beauty. Kelly first contacted Team B back in 2024 to enquire about getting involved in their productions and after a brief audition process, patiently stood in the wings waiting to take to the stage in the 2026 production of Mother Goose. Since then, Kelly has appeared in Team B's recent comedy/drama, Mourning Campers and this year is their leading lady in Sleeping Beauty.

If you've ever thought about taking to the stage, or working in the wings as the vital stage support, now's the time to get in touch. Simply message Team B Productions via their Facebook page, or via the Leiston Film Theatre website at: www.leistonfilmtheatre.co.uk



ANNA PASTERNAK - AUTHOR AND ROYAL HISTORIAN

The true story of the abdication of King Edward VIII



To mark the 90th anniversary of the abdication of King Edward VIII, royal historian and bestselling author Anna Pasternak reveals the fascinating and intimate story behind one of the greatest constitutional crises in British history.

Anna Pasternak, author of *The American Duchess: The Real Wallis Simpson*, will recount the gripping events of December 1936, when King Edward VIII abandoned the throne for the woman he loved, Wallis Simpson.

Anna will explore the relationship between the Duke and Duchess of Windsor, the events that led to the King's abdication, and the remarkable story behind one of the most controversial royal relationships of the twentieth century. She will also discuss the modern parallels and consider why, almost a century later, many of the tensions surrounding the House of Windsor remain remarkably familiar.

Suffolk played a significant part in the story. In 1936, Wallis Simpson stayed in Felixstowe, while her divorce proceedings took place in Ipswich, making the county an intriguing and often overlooked part of the abdication story. The evening will include a question-and-answer session with Anna Pasternak, followed by a book signing.

Books available for signing:

The American Duchess: The Real Wallis Simpson

Lara: The Untold Love Story That Inspired Doctor Zhivago

**Monday, 30 November 2026 at
Thorpeness Country Club,
The Benthills, Thorpeness. IP16 4NU**

6.30pm–8.30pm - doors open at 6pm

Tickets: £15

ALDEBURGH GARDENING CLUB

My old green bins have finally had their lids changed for brown. I should probably now be calling it a brown bin but only part of it is brown and from sheer cussedness and inertia I intend to continue calling it a "green" bin.

I have five huge compost heaps, so all my fruit and vegetable peelings, grass cuttings, most weeds etc go into the current working compost heap. So why have a green bin you ask? I do have a large garden with a lot of mature shrubs and trees. Pruning produces quite a lot of woody waste which takes ages to rot down, especially when it doesn't rain. Branches bigger than 3 inches in diameter are not permitted, I notice the council website has gone metric and now quotes 6 cm < sigh >. Bigger pieces get piled up in my garden for the bugs and fungi to use or given to friends with wood burners. Some less welcome weeds also go in such as bluebell bulbs and Star of Bethlehem bulbs and anything that looks diseased. At this time of year Jenny and I are chopping away at all sorts of things and filling both bins every week.



This week it was Rosa wichuriana - wich by name witch by nature, she is very vigorous and very thorny. I bought her on impulse (idiot !) about 25 years ago because I read that she is thought to be one of the parents of the Kiftsgate rose, also a known thug (double idiot) and I was curious. Both have a single

season of flower, swags of single white flowers with a wonderful wafting scent though a dry spring reduces this rather.

The witch produces long whippy shoots every year, ten or more feet long. (I am bilingual in metric and imperial but my native language is imperial and given the aforesaid cussed nature I shall stick with it). We wind these shoots around four six-foot posts and produce a sort of ball, out of which the flowering shoots sprout and froth. I rather like the effect. Older and less flowering shoots are cut out and Jenny takes her life in her hands to do this armed only with secateurs and loppers, as it involves crawling into the middle to get at them.

As time has passed the ball has got bigger and bigger and last year reached about ten feet across. If nothing was done the garden would vanish entirely, the Weigelia has already been swallowed and the spindle tree is about to disappear. So bullets have been bitten and we have started to cut it right back. I have bought new wooden posts and two hours of chopping so far has filled three bins. I expect another two bins worth even with Jenny and me cutting it up into foot long pieces to get more in.

The witch will then be mulched better than she has been for years, water will again be able to reach her roots so there will be less back spot. The spotty flowered hellebores underneath will hopefully have survived and the spindle will have regained her elbow room. The witch may sulk for a year but I suspect it would need napalm to kill her so all will be well. Really it will.

Karen Mountford

www.aldeburghgardeningclub.org.uk

Saxmundham.

Find your new favourites.

You may already know Saxmundham for Waitrose and Tesco or as a stop on the way to the coast. But a short walk from the supermarkets and the train station lies a growing community of independent shops, galleries, cafés and restaurants that can turn a practical trip into an afternoon worth remembering.

Around the High Street, Market Place and Fromus Square, new arrivals join established businesses, bringing fresh energy to the town. Whether you've been a local for decades, are newly finding your feet in Suffolk or are here on holiday, take time to get to know Saxmundham. Your next regular coffee stop, favourite shop or evening out could be waiting for you.

Cafés, dining & drinks

As If Turkish Restaurant



Finding a great Turkish meal in Suffolk used to mean travelling to one of the big towns. Enter As If: a local standout serving up authentic charcoal-grilled meats, fresh fish, rich mezze and vibrant vegetarian dishes that easily stand toe-to-toe with the capital's best. Choose a few plates for the table and make lunch or dinner in the Market Place part of your visit. Takeaway is available for an evening at home.

www.asifturkishrestaurant.co.uk

Spice Zone Indian Restaurant



With bold flavour right on the High Street, Spice Zone's menu has both classics, such as tandoori grills and biriyani, alongside more authentic regional specialities, such as the South Indian garlic bhuna or the Nepalese chicken. Dine in the stylish restaurant and bring your own alcoholic drink of choice, or enjoy the same delicious food at home with collection or delivery. Open seven days a week.

01728 441224
www.spicezone.saxmundham.co.uk

The Bell Hotel



This historic High Street hotel has reasons to call in throughout the day. Stop in for a hearty breakfast, drop by for coffee and cake, meet up for cocktails made with locally sourced spirits or dine on a menu drawing on Suffolk producers. Its individually styled bedrooms make The Bell the perfect base for getting to know the town and coast.

@thebellhotel
www.thebellhotel.saxmundham.co.uk

Keep exploring

And there's so much more to discover...

Leading the town's creative energy, The Art Station brings exhibitions and talks from internationally renowned artists alongside engaging community events. The George Farnham Gallery showcases the work of local creatives.

The town also boasts a pet shop, classic stationers, takeaways, barbershops, salons aplenty and a hand car wash.

In Fromus Square, boutique finds at The Store In the Cupboard join eateries like The Thai Saxmundham, Black Dog Deli and Willows' vegetarian box salads.



Saxmundham Christmas Fayre. This year it's on Saturday, December 5

socialbar cafe/wine bar



Specialty coffee, brunch and lunch bring people together by day; small-producer wines, cocktails, small plates and pizza give them reasons to return at night. Alongside live music, talks and poetry, socialbar's creative and cultural gatherings offer an easy way into the town's social life. Check out the programme and put something in the diary. Vegan & dog friendly.

@socialbar_oxford
www.visit-socialbar.com

tap.social taproom



Just off the High Street, tap.social opens onto Fromus Square, with an ever-changing rotation on tap of craft beer, cider and low/no alcohol. With courtyard seating and Back Yard Pizza close at hand, socialbar's sister taproom is the perfect stop-off spot for a pint and bite to eat following an afternoon of exploring.

@tap.social_oxford
www.saxmundhampizza.com

Shops & everyday services

There are many ways to shop that support local businesses and producers. Here are just a few on Saxmundham High Street...

Cotton Tree Interiors



Cotton Tree Interiors brings vast expertise to every project, offering a complete design and build service from initial concept, featuring luxurious fabrics and bespoke furniture, custom bathrooms and curated kitchens. Based just off the high street in the Market Place, the studio's portfolio includes The Bell Hotel, an opportunity to see local design talent in action.

@cottontreeinteriors
www.thecottontree.co.uk

Fisher's Home Hardware



From a single fixing to paint for an entire room, Fisher's is a place to talk through the job and find exactly what you need. Family run for over 50 years, this independent hardware shop is packed with tools, plumbing and electrical essentials, gardening supplies and everyday household goods. Bring along your empty bottles for an Ecover refill while you're here.

www.fishershomehardware.com

Jackey L Jewellers



Mark an anniversary, commission something personal or bring a much-loved piece back into use. Jackey L combines gold, silver and gemstone jewellery with bespoke design, restoration and repairs. Celebrating 20 years in Saxmundham in 2026, this independent jeweller also handles everyday jobs, from watch batteries to restringing.

www.jackeyl.co.uk

Jeffery & Associates Opticians



Eyewear is a daily constant; selecting yours deserves personal attention. Independent since 1965, Jeffery & Associates believes in building lasting relationships with their patients, combining meticulous eye care with honest, individual guidance every step of the way - plus a curated range of frames to match your style.

www.jefferyopticians.co.uk

Park and explore...

Saxmundham is served by the closest railway to the beautiful beaches of Aldeburgh and Thorpeness as well as the world-renowned Snape Maltings. If you're driving, Waitrose and Tesco accommodates two hours' parking each whether or not you're shopping there! Aside from the expansive supermarket car parks, public parking is available at the station car park next to the Market Place - free after 6pm.



www.visitsaxmundham.co.uk

Make Good



One-of-a-kind pieces for home and life, chosen for how they look, feel and function. At No. 1 High Street in a beautifully calming space, Make Good brings together handmade art, ceramics, textiles, baskets and woodwork by East Anglian artisans. Take your time choosing a gift or something special for yourself.

@_makegoodshop_
www.makegoodshop.com

Ruby Tyger



Building on its success in Framlingham, Ruby Tyger brings a curated mix of effortless womenwear, accessories and homeware to Saxmundham's High Street. The collection features flattering cuts, cosy knewear and thoughtful finishing touches for your wardrobe and living space - making it an easy addition to your weekend browse.

@rubitygerframlingham
www.rubitytyger.com

Saxmundham Post Office



Turn multiple errands into a single, effortless trip. Conveniently placed at the heart of the High St, Saxmundham Post Office is a true one-stop shop where you can send packages, collect parcels (handling Royal Mail, Evri and DPD), and pick up prescriptions, plus browse a selection of greeting cards, gift wrap and small gifts.

www.postoffice.co.uk

The Wholefood Shop



Sourdough bread, locally made bean-to-bar chocolate and organic wholefoods give your shopping basket an ethical upgrade. John Fisher's shop brings together Suffolk producers with foods from further afield, continuing his family's long connection with Saxmundham retail. Browse the shelves, ask for a recommendation and discover something for your own kitchen. Vegan friendly.

saxmundhamwholefoods.org

CITIZENS ADVICE EAST

What happens to your debts when you die?

When someone dies, there is often confusion among family members about what happens to their outstanding debts. Do they disappear, does the family have to pay them? The answer, in England, is usually straightforward: debts are normally paid from the deceased person's estate, rather than by their relatives.

An estate consists of everything a person leaves behind, including money in bank accounts, investments, property and personal possessions. It also includes money they owe to other people or organisations. Common debts might include a mortgage, credit card balance, personal loan, overdraft, utility bills or unpaid tax, there is more information on this on the Government website: <https://www.gov.uk/probate-estate>

The person responsible for sorting everything out is known as the Executor, if there is a will, or an Administrator if there is not. Their job includes identifying the deceased person's assets and debts, dealing with creditors, paying what is owed and then distributing anything left to the beneficiaries. Probate or letters of administration may be required before some assets can be dealt with.

Importantly, family members do not normally inherit someone else's debts simply because they are related to them. Being a spouse, civil partner or child does not, by itself, make you responsible for debts in the deceased person's sole name.

If the estate does not contain enough money to pay all the debts, creditors will generally have to accept that the remaining debt cannot be recovered.

There are, however, some exceptions. Where a debt was taken out jointly – such as a joint loan or another shared financial arrangement – the surviving borrower may still be liable for it. Jointly owned property and debts secured against a home can also raise complications. Anyone in this situation should seek specialist advice rather than assume the debt no longer exists.

The key message for families is simple: don't panic and don't automatically pay the deceased person's debts from your own pocket. First establish what belongs to the estate, what is owed, and whether any joint liability or insurance applies.

Where an estate is complicated, insolvent, or involves property or substantial debts, professional legal or debt advice can be invaluable. Handling an estate correctly protects both the deceased person's beneficiaries and the person responsible for administering it.

We are here to help if you need more information about dealing with the debts of a family member who has died – or for more general advice about what to do following a death. For help with any issue please contact us through our website: www.caes.org.uk/email-service; Tel: 0808 278 7866 (lines open 10-2 Mon-Fri).



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*Please note our Let's Lunch menu changes regularly

Brudenell The Parade, Aldeburgh, Suffolk, IP15 5BU



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To book your festive celebration, email restaurant@seaspice.co.uk

*Includes two courses, rice and choice of naan from our set menu

Market Cross Place, Aldeburgh, Suffolk, IP15 5BJ

NOVEMBER AT ALDEBURGH CINEMA



Returning thanks to a phenomenal audience response, **PRESSURE** follows General Dwight D. Eisenhower (Brendan Fraser) and Captain James Stagg (Andrew Scott) as they face an impossible choice - launch the largest and most dangerous seaborne invasion in

history or risk losing the war altogether.

Also returning are the epic **DE GAULLE: RÉSISTANCE** and **DE GAULLE: LIBERTÉ** - a hugely powerful two-part account of Charles de Gaulle's journey during World War II.

Based on true events, **TENZING** chronicles the little-known story of Tenzing Norgay (Genden Phuntsok), a gifted Himalayan climber who, alongside New Zealand mountaineer Edmund Hillary (Tom Hiddleston), became the first to summit Mount Everest.

From the BAFTA and Academy Award-winning directors of 2024's Shackleton documentary **ENDURANCE** comes **EVEREST: THE OTHER SIDE** - an intimate portrait of two people bound by love, ambition, and the pursuit of the impossible.

In rural Ireland, an amateur historian begins researching a former institution for unmarried mothers and their children, uncovering a shocking hidden history of loss.

Based on the true story, and featuring a powerful performance from Monica Dolan, **THE LOST CHILDREN OF TUAM** is a deeply moving portrait of one woman's fight for justice.



To celebrate Doctor Who Day, the acclaimed two-part adventure *The Impossible Planet* and *The Satan Pit* have been specially re-edited into a single movie-length presentation - **DOCTOR WHO: THE SATAN PIT** - created exclusively for theatrical audiences. Starring David Tennant and Billie Piper.

Censored for more than half a century, Ken Russell's visionary masterpiece **THE DEVILS** returns to the big screen fully restored in 4K and cut to Russell's direction - the first publicly released version of the film as intended by the filmmaker.

Directed by Academy Award winner Martin McDonagh (*Three Billboards Outside Ebbing, Missouri*, *The Banshees of Inisherin*), **WILD HORSE NINE** stars John Malkovich, Sam Rockwell and Steve Buscemi, in the story of two CIA agents dispatched from Santiago to Easter Island shortly before the 1973 Chilean coup.

At the time of going to print, our November programme is not yet finalised. Please visit aldeburghcinema.co.uk for full details about what's on and when.

BREAKING BARRIERS: WOMEN IN POLITICS

Sunday 1 November – 2pm

Screening of **GROUNDBREAKERS** & Panel Discussion



We are delighted to welcome the Churchill Archives Centre, University of Cambridge for a screening of **GROUNDBREAKERS**, a film about women in Parliament breaking barriers, followed by a panel discussion chaired by Zoe Billingham CBE, with Baroness Gillian Shephard (Cons), Baroness Anne Jenkin (Cons), Dame Vera Baird (Lab), Boni Sones OBE and introduced by Allen Packwood OBE of the Churchill Archives Centre.

NT LIVE: GOLDEN BOY

Thursday 5 November – 7pm

Josh O'Connor leads the cast in this searing revival of Clifford Odets' knockout American classic. Brought to life with a live string quartet and filmed live from the Almeida Theatre, Olivier Award-winner Sam Yates (Vanya) directs this propulsive drama exploring ambition, identity, and the high price of success.

RBO: CARMEN

Tuesday 10 November – 7pm

Damiano Michieletto's searing production returns, casting scorching light on the lust, violence and destructive desire of Bizet's ever-popular opera.

GIANT: THE PLAY

Thursday 19th November – 7.30pm

Saturday 28th November – 1.30pm

A world-famous children's author under threat, a battle of wills in the wake of scandal and one chance to make amends, **GIANT** tells the story of Roald Dahl and the true scandal that shook his legacy. This stage smash stars John Lithgow as Dahl, Aya Cash as US Publisher Jessie Stone; Elliot Levey as Tom Maschler, and Rachael Stirling as Felicity Crosland, Roald Dahl's fiancée.

THE 31ST ALDEBURGH DOCUMENTARY FESTIVAL

We've got a terrific line-up of films and panellists for this year's DocFest, taking place from Friday 20th to Sunday 22nd November. The full festival line-up is available at aldeburghcinema.co.uk or physical programmes can be collected from the cinema Box Office.

And don't forget, Friends of Aldeburgh Cinema get discounted rate tickets for this unmissable event, so if you're not a member, head to our website to join up now.

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BRITAIN IN THE 1930S

A photographic journey through an extraordinary decade of change by Steven Brindle & Maureen Hill.

Through more than 900 extraordinary black and white images, this remarkable book reveals a Britain on the cusp of enormous change – a world that would soon be transformed forever by the Second World War.



With photographs from every British county and city in the country, from Cornwall to Orkney and from Cardiff to Derry, this spectacular 616-page book captures a nation poised between tradition and modernity, revealing everyday life in unprecedented detail. Britain in the 1930s was a land of striking contrasts. Economic depression and mass unemployment devastated many industrial communities while elsewhere prosperity, suburban growth and consumer culture transformed daily life.



Through these astonishing photographs, Britain in the 1930s captures a decade in which old ways of life endured even as Britain embraced the modern age. The 1930s marked the golden age of the British seaside. Crowded beaches, bustling promenades, pleasure piers and elegant hotels welcomed millions seeking leisure and escape. Families enjoyed day trips to Brighton and Margate, while Blackpool and Morecambe became synonymous with summer holidays. Camping, walking and boating holidays grew in popularity, while lidos, dance halls and pavilion theatres reflected a new culture of recreation and entertainment.



These photographs capture moments of joy and relaxation during a decade often overshadowed by memories of economic hardship and the approach of war. Beyond the towns and cities, much of rural Britain appeared little changed from previous centuries.

Medieval market squares, village greens and ancient churches dominated the landscape, while agricultural shows, livestock markets and seasonal fairs continued to shape everyday life.

Traditional customs survived across the country, from hunts and village races to ancient celebrations and country shows.

The photographs reveal a world where horses and carts still shared roads with motorcars and where picturesque villages, market towns and centuries-old buildings remained at the heart of British identity.



A true reflection of JB Priestley's famous vision of 'three Englands' – the ancient country of cathedrals and villages, the industrial Britain created by the Victorians, and the new world of suburbs, cinemas and motorcars – *Britain in the 1930s* presents a nation in transition.



The archive images and detailed commentary that make up this book evoke a bygone age, capturing a turning point in Britain's national story.

It illuminates a momentous decade, one that was both a window on the past and signpost to the future.

The book is published on 5th November by Atlantic Publishing @ £50





2027 New Year's Day Concert

The 'TROUT' QUINTET

Magnus Johnston, violin
Jim O'Toole, viola
Jody Hughes, cello
Andrew Durban, double bass
Nathan Williamson, piano

Welcome in the New Year with Schubert!
A sparkling, joyful masterpiece performed by some
of the region's leading musicians

Friday 1st January 2027 3pm to 4pm

St. Edmund's Church
Southwold

Tickets from £10 to £30
16s and under FREE!
Book online at southwoldmusictrust.co.uk
Or call the box office on 0333 666 4466



Scan me

The 2027 Southwold New Year's Day concert will be Schubert's 'The Trout Quintet', directed by Southwold-based pianist and composer Nathan Williamson. The concert will take place at 3pm on 1st January, in Southwold's St. Edmund's Church.

Schubert's Trout Quintet, for piano, violin, viola, cello and double bass, was written when he was just 22. It is one of the most joyful and distinctive works in the chamber music repertoire. From its graceful opening to the sparkling variations on his famous song 'The Trout', the music is full of sunshine, intimacy and infectious good humour...a perfect way to start the New Year!

Nathan has brought together a talented ensemble of friends and close colleagues including violinist Magnus Johnston, Concertmaster of the Royal Opera House. Many locals may remember that Magnus, his wife Marije and their two children lived in Southwold during Covid when they contributed a huge amount to the local community through concerts on South Green and online during lockdown. Joining them will be musicians Jody Hughes, Jim O'Toole and Andrew Durban (the latter two based in the local area), who lead exciting freelance careers playing in all the major orchestras in London and beyond.

The concert will last approximately one hour. Younger audience members are welcome, with tickets for 16s and under completely free. Visit: TicketSource at www.ticketsource.co.uk/southwoldmusictrust, www.southwoldmusictrust.co.uk or phone 0333 666 4466. Seats are reserved and demand is expected to be **very high**, so prompt booking is advised. All proceeds from the concert will go to the Southwold Music Trust.

Fear in the Funhouse. Terror in the Tunnel of Love, Shivers in the Shooting Gallery! On the trail of stolen artifacts, Brown faces a motley crew of churls and showgirls, led by Mozzarelli, the big cheese.

For those who fancy a bonkers, surreal and hilarious alternative to panto, book now for Common Ground Theatre Company's ever-popular Xmas spoof! "Madcap comedy gold", as The Stage put it. With their unique brand of music theatre, they've been described by Libby Purves as "One of the best things on the road in East Anglia right now...A proper treat."

This Xmas/New Year they return in full bonkers mode with their traditional festive comedy caper, which this year will be **FATHER BROWN & THE CARNIVAL OF FEAR!** A haul of recently unearthed Roman gold and silverware, the Hiddenham Hoard, has been stolen whilst in transit to the British Museum! Maud Fiveways of the Hiddenham archaeology society asks her old flame Father Brown for help, but his investigations are disrupted by the arrival of Mozzarelli's Carnival! How will he find the culprit before the precious Hoard is sold off on the black market?

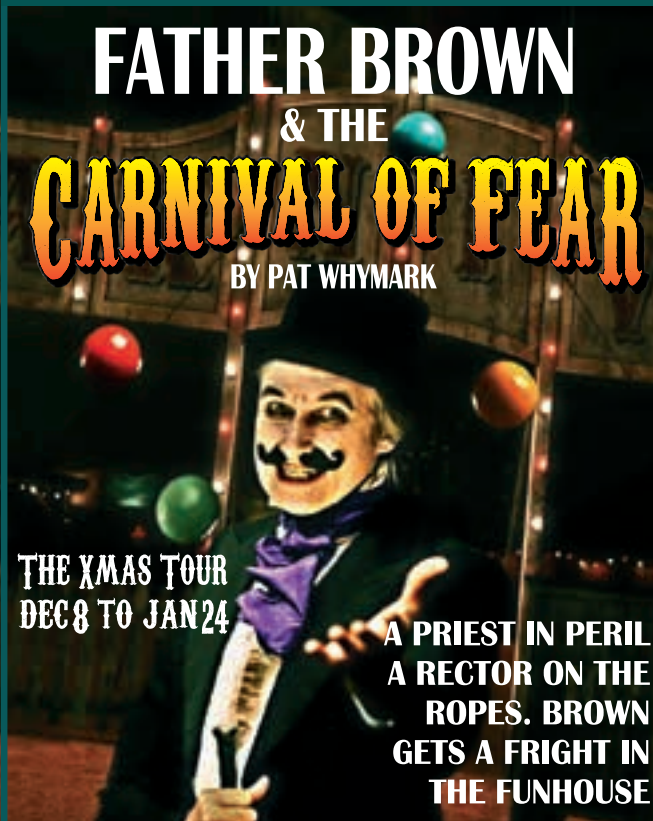
Dick Mainwaring & Julian Harries star as Brown and Flambeau. Julian is known to East Anglian audiences from his many performances in the region. He has also made TV appearances in EastEnders, Detectorists, Father Brown & Mary & George.

Suitable for ages 8+. Venues include: Seckford Theatre, Woodbridge; Harkstead Village Hall; Laxfield Village Hall; Southwold Arts Centre; Aldeburgh Jubilee Hall. Full tour schedule on our website - www.commongroundtc.co.uk.

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FATHER BROWN & THE CARNIVAL OF FEAR

BY PAT WHYMARK



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DEC 8 TO JAN 24

A PRIEST IN PERIL
A RECTOR ON THE
ROPES. BROWN
GETS A FRIGHT IN
THE FUNHOUSE

WWW.COMMONGROUNDT.CO.UK

ALDEBURGH PHOTOGRAPHY GROUP

Our next meeting will be held on **Wednesday 18 November** at 7.30pm in the Aldeburgh Library.

This month we are very pleased to welcome Lynda Haney to our club. Lynda will be presenting her talk remotely from her base in Cheshire. Lynda's talk is about creative freedom with your photography. It's a different approach, looking at photography in a different way and seeing the world from a different perspective. It's also about enjoying photography without restrictions, helping with mindfulness and well, just playing. <https://purpledaisy.uk>

We are a friendly group and we are keen to welcome everyone from beginners to experienced photographers, from users of smartphones to the latest DSLRs.

If you want to know more, or if you want to check for up-to-date information on our meetings, please contact us through our website (www.aldeburghphotographygroup.org.uk).



Lynda Haney & 2 of her images



CHANCE MEETINGS BY VEE HOPKINS

Set across two time zones, *Chance Meetings* is a story of love, friendship and devotion against a backdrop of the Second World War and present day.

Located in the Fenland Landscape, on the borders of Cambridgeshire and Norfolk, it brings to life the drama and beauty of an area steeped in its agricultural and Wetland story but is rarely featured in novels. The Fenland history is one of resistance, change and adaptation.

The book also features the importance of Bexwell Aerodrome during the war years and the role of the Pathfinders during that time.

Primarily a love story it brings into focus the dilemmas and effect that war can have on everyday life and people.

Vee was writing the book during the first year of the Ukrainian War when war again had found its way back into Europe.

After finding a photograph of her father in R.A.F uniform she began to consider what life must have been like for her family and the idea for a novel was born.

The book has been illustrated throughout by her partner, illustrator and painter, Bob Larking.

Vee who is originally from the Fens and grew up with a love of the countryside, the waterways, the wide horizons and its wildlife. The Fens has a fragile ecosystem that puts it on a footing with some of the endangered places in the world. Hopefully *Chance Meetings* brings its spectacular landscape to a wider audience through the medium of story.

The book is available from independent bookshops in Halesworth, Felixstowe and Beccles and can also be purchased from The Leaping Hare at Wyken, The Elveden Estate and the Norfolk/ Suffolk Aviation Museum.



MID SUFFOLK LIGHT RAILWAY

Santa Specials

For a magical Christmas treat for children up to 10 years old, a trip on a Mid- Suffolk Light Railway Santa Special is not to be missed.

Steam trains run from Brockford Station to 'North Pole Halt', where each child has an individual visit to Santa at his Christmas Guards Van and receives a present. The Stations, Brockford and 'North Pole Halt' and the Museum and Tea Room will all be decorated in full 'Christmasy' style.

After their Santa visit passengers will find hot drinks and festive finger food available to buy in our Tea Room and there will be complimentary mulled wine for the over 18s at the Museum entrance.

Dates for the 6 days of Santa Specials are confirmed as **6th, 12th, 13th, 19th, 20th & 21st December**.

There will be 7 trains each day, first train at 10am, last train at 3pm. Passengers are asked to arrive 15 minutes before their booked departure time.

Bookings in advance only are now available via our web site www.msrl.org.uk/Book Tickets. Tickets are £16per person (under ones are free). Early booking is recommended



LEISTON Events Group

**YOUR TOWN
YOUR EVENTS
HAVE YOUR SAY!**

**We're collecting local feedback to help
shape the future of events in Leiston**
Your views will help us apply for funding to bring more
events to our town and establish a vision for the
coming years

**TAKE OUR
SHORT SURVEY**

We Need Your Responses!

Forms to be submitted by the 1st December.
Want a form by email, email leistonevents@outlook.com
Or pick one up and return to the Town Council office

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NOMINATIONS INVITED FOR A SUFFOLK MEDAL

People are being invited to nominate the unsung heroes who have made a positive and lasting difference to life in the county for a Suffolk Medal. Suffolk Community Foundation is encouraging people to nominate a friend, neighbour, colleague or associate who they feel has carried out incredible work for the long-lasting benefit of the county and its residents.

The Foundation particularly wants to receive nominations for people from diverse backgrounds so that their achievements can be shared and celebrated. This could include community leaders, carers, educators, environmentalists, volunteers, advocates or charity workers.

"The Suffolk Medal is the highest honour that the county can give to an individual," said Hannah Bloom, chief executive of Suffolk Community Foundation, which coordinates the medal.

"It champions the inspirational people whose exceptional contributions have made a measurable and lasting difference to Suffolk."

"Coordinating the Suffolk Medal is always one of the highlights of our year – we thoroughly enjoy reading through the nominations and learning more about some of the unsung heroes who are working so hard to make a difference to our community."

"This year, we particularly want to attract a broad range of nominations for people from diverse backgrounds who really help our county to shine."

"These people make a huge difference but can often fly under the radar – and we want that to change."

"So please take a moment to nominate someone who you feel has created a legacy for the county so we can shine a light on Suffolk's humble heroes, celebrate their achievements and inspire others to follow in their footsteps."

Anyone is welcome to make a nomination.

The person who is being nominated **must live in Suffolk or have made their contribution within the county and have had a sustained and significant impact on the whole county.**

An awards panel will meet in November to discuss the nominees, with the successful candidates presented with their medals during Suffolk Day on 21 June 2027.

To nominate, visit www.thesuffolkmedal.org



This year's winners: L – R: Oliver Paul, High Sheriff of Suffolk, Dr Soni Sushil's two sons, Libby Purves OBE, Michael Laskey, Liz Harsant, Mark Pendlington, HM Lord-Lieutenant of Suffolk and Cllr Donna Higgins, Mayor of Bury St Edmunds.

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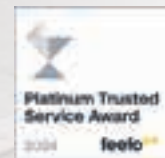
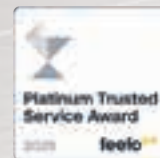
via the app and on Alexa





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FRAMLINGHAM AND SAXMUNDHAM CATS PROTECTION

Our Quiz Night was a great success with a full house, a lively, fun, and very successful evening. Thanks to everyone's enthusiasm and generosity, we raised almost £500!

Updating Microchip Details: We have recently encountered a number of issues while checking microchip information on cats that have been found. The problem arises because the owner has moved and not updated their contact details with the microchip database, making it much harder, and sometimes impossible, to reunite lost cats with their families.

How to Check or Update Your Cat's Microchip

- If you've lost your cat's microchip paperwork, ask your vet to scan your cat to obtain the microchip number. If you're unsure which database holds the registration, you can use this website to find out: <https://www.identi.pet/catsprotection>
- Once you know the correct database, make sure to update them if you: move home: change telephone number; transfer ownership of your cat to someone else or your cat sadly passes away
- Keeping these records accurate ensures that, if your cat ever goes missing, they have the best possible chance of being returned to you quickly and safely.
-

Dates for your diary:

Saturday, 7 November: Christmas Fair at Reydon Village Hall 10am to 1pm

Saturday, 14 November: Christmas Fair at The Fromus Centre, Saxmundham 10am to 12 noon

Tuesday, 17 November: We will be at Leading Lives Coffee morning at the Hub, at the Fromus Centre
Ample free parking at all these events.

Cats Looking for a Home: Phoenix and his sister Juneau were found outdoors with their mum Georgia and the rest of their litter, seeking shelter. These two lively siblings are ready for their new start in life together. They are full of energy, love a good game of chase, and are huge fans of fishing rod toys, ping-pong balls and catnip mice. Could you offer them the home they need? See our website: www.cats.org.uk/framandsax, email: enquiries@framandsax.cats.org.uk, or telephone 01728 723499 for more information



SUFFOLK ANIMAL RESCUE

Piggy the gentle tabby has lived outside, for the whole of his 15 years. His 'owner' moved away and someone else took on giving him a little food. Now they are moving away too. They all thought he was fine, living in an old box, outside in all weathers, the chill of 15 winters invading his skinny frame.

Suffolk Animal Rescue took this little sweet soul in, and he joined 200 other rescued felines, all hoping to find comfort and affection as autumn and winter nights begin to march in and bite.

SAR is a tiny but massively-effective animal welfare charity based near Debenham, Suffolk. Next year it celebrates 30 years of relentlessly rescuing animals, but founder Mrs Jayne Roberts says things have never been so bad. The charity is overwhelmed by cats and kittens, dogs, rabbits and even some wildlife... all needing rescue and veterinary treatment.

The veterinary bill for last month alone was £18,000. SAR is unusual in that it concentrates on the feral cats and kittens because, as Jayne says:

"Nobody else is keen on doing that. And they make the best pets, grateful for the kindness, attention, shelter and food."

Luckily the local community rallies to raise funds, including the parishioners at St Peter and St Paul's Church in Aldeburgh. And Debenham Veterinary Practice is generous and hugely supportive. Jayne says: *"We are incredibly grateful to everyone who supports us but we really need to find good homes for cats like Piggy."*

Jayne said: *"I want him to have comfort and kindness and a little luxury."*

"He's such an adorable, sweet and lovely chap"

If you can offer this little Piggy that kind, special home, please contact Suffolk Animal Rescue. We are always grateful for donations or items to sell in our Ipswich shop, and offers of help. Please visit: <https://www.suffolkanimalrescue.org.uk/> Please call: 01728 860937 or email: suffolkar@hotmail.com if you can offer poor Piggy a home or wish help to this fantastic local charity. Charity Number:1065934.



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ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

'A Plague on all your houses - Epidemic Diseases and our Ancestors' by Janet Few



Since Covid-19 we are very aware of epidemic disease, but what epidemics impacted the lives of our ancestors? How did they attempt to prevent or cure these diseased and how effective were the measures?

Dr. Janet Few is a British historian, genealogist and author, specialising in 17th century social history. Best known for her educational books, living history interpretations as 'Mistress Agnes' and award-winning historical fiction. She is the President of the Family History Federation.

The talk takes place on **Monday 16th November** at 2.30pm, in person at the Fromus Centre, Street Farm Road, Saxmundham, IP17 1AL (behind the library) and, for members only, on Zoom. The talk starts at 2.30pm. No need to book – just turn up – free for members and £5 for visitors, including refreshments. Free car-parking. Only members can take part in our meetings on Zoom, but it's only £10 for a year's membership – see <https://www.avsfhg.org.uk/join-us>. Zooming is free.



'Posted in the Past – Hands Across the Sea' – by Helen Baggott



On Monday 21st September Vice Chair, Jan welcomed members to the Fromus Centre and on Zoom for an illustrated talk by the 'Postcard Detective' Helen Baggott, who has been researching the stories behind postcards that are over 100 years old. Helen has had books published containing these stories: 'Posted in the Past', 'Past Second Delivery' and 'Posted in the Past Hands Across the Sea'.

In this talk the stories were all related to travel. In the early 1900s a letter cost 1d to send and a postcard 1/2 d, the postcard arriving much quicker. Helen researches the names and places on the postcards and has been able to find out much about the people involved.

Miss Georgina Ballantine, it turned out, lived in Victoria cottage near the River Tay. She was a nurse in the First World War and in a 1922 newspaper article, Helen found that Georgina had caught a 65 pound salmon, which was a record catch which still holds today.

The fish was donated to the local hospital and her portrait was hung on the Men's Club, though she was never allowed in to see it.

An amazing lady was Audrey Harris, a debutante, who, on her own, in 1935 embarked on a journey across Europe, which was funded by her father. At home she had been used to luxury but on her travels there was little privacy. Audrey went on to China and Japan, and in Korea found herself sleeping on a straw mattress with people very curious about her handwriting and also her hair. In Iran and Iraq there were few women seen outside and travelling alone was not the norm. Audrey's travel diary was published as 'Eastern Visas' and Helen was able to purchase a copy.

Jenny Mann

Further Programme: at the Fromus Centre, Saxmundham, at 2.30pm

Monday 14 Dec: '200 Years of Farming History' by Ashley Cooper

Monday 18 Jan: 'Social media for family history' by Kelly Cornwell

Monday 15 Feb: 'The Real Basil Brown' by Sarah Doig

Mon 15 March: 'History of Saxtead Mill' by Jonathan Sullivan

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GAME LOWESTOFT RETURNS

Taking place on Saturday **14 November** at East Point Pavilion, Lowestoft, NR33 0AP, this **FREE** gaming celebration - **GAME Lowestoft** - brings together tabletop and video gaming, industry workshops and a 'Super Smash Bros Ultimate Tournament' to Lowestoft.

Organised by First Light Festival CIC with funding and support from the East Suffolk Community Partnership Board, the event shines a spotlight on the region's growing presence in the UK's gaming and creative industries.



Throughout the afternoon, visitors of all ages can drop in to a packed programme of workshops and gaming sessions, including e-games from Norwich Gaming Festival, a self-led 'Create Your Own Loot Box' workshop from Wayward Adventurers, tabletop gaming with Skyward Fire, a content creation workshop with Dominic Sacco, and a prototyping workshop from Stray Dog Games.

The day builds to a headline 'Super Smash Bros Ultimate Tournament', with sign-ups open from 12 noon and play running from 4.30pm to 6.30pm, before the event wraps up at 6.45pm. Also joining the event will be Game Anglia, The Fort, gaming influencer Miyuki Panda and Epilogue Book Shop.

Dominic Sacco, writer, editor, speaker and founder of Esports News UK said, *"I'm delighted to be a part of Game Lowestoft 2026! Having visited the inaugural event last year, it was lovely to see developers, traders and gamers gather for a host of activities, and I'm super excited to be running a content creation workshop at this year's show. I believe regional games events are the future and look forward to seeing Game Lowestoft go from strength to strength"*.

On **Friday 13 November**, schools are invited to a special day featuring workshops and activities from professionals working in the industry including education partners Access Creative College, East Norfolk 6th Form College, Norwich University of the Arts and University of Suffolk.

A workshop, 'Speaking Confidence: The Cheat Codes' by Jon Torrens, a self-confessed neurodivergent introvert show-off, will show students some simple techniques for writing great material and delivering it like a final boss.

Mr Garwood the STEM lead and Ambition Programme Coordinator at Beccles High School said, *"We came to the previous one and it was superb"*.



In advance of the weekend BAFTA award winning Games Developer Fred Hoffman from Newfangled Games will be heading back to East Coast College where he studied to give an inspiring talk to the students on the power of saying yes to opportunity.

For more information and to book a place for your school,

email: faye@firstlightlowestoft.com



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PROJECT UPDATE

NOVEMBER 2026

It has been a busy summer with works continuing to progress well. We have reached a key milestone with the arrival of the first commercial trains, delivering materials directly to the Temporary Construction Area via the newly installed rail line, known as the Green Rail Route.

Each freight train prevents the equivalent of around 50 HGVs from having to travel on our roads. Between now and Christmas around 100,000 tonnes of material will be delivered by rail, removing the need for approximately 5,000 HGV journeys from local roads.

Added to this, our jetty – what we call our Marine Bulk Import Facility (MBIF) – will be operational in the New Year, at which point we can open up more deliveries by sea too.

Overall, 60% of our materials will be delivered by rail or sea. That means less HGVs on the roads and less impacts on local communities.

The Park and Ride capacity continues to increase at our southern car park near Wickham Market with more of our workers using the site to park their cars and access our sites on Sizewell C buses. Our contractor has now removed the temporary welfare building as they complete the access to the Southern Park and Ride site.

The A12 road improvements at Marlesford are also almost complete, improving community connection and safety for the community.

Whilst train movements have commenced, there are still investments being made to further upgrade the main and branch lines which are being carried out by Balfour Beatty Rail and Network Rail. From Saturday 24 October – Monday 2 November, there will be a nine-day blockade of the East Suffolk branch line to support rail upgrades. The works include:

- Complete renewal of Saxmundham rail junction
- Upgrade of signalling system between Westerfield and Halesworth
- Civils work around Bealings level Crossing that includes installing bases for signalling future equipment

Throughout the blockade, buses will replace trains between Lowestoft and Ipswich. A separate shuttle bus will operate for customers travelling to and from Beccles, these customers will need to change bus at Halesworth.

More information will be made available in the coming weeks on greateranglia.co.uk.



All our works and planned road works can be accessed on our Works Tracker. Please sign up to receive bespoke alerts via email or SMS. Thank you for patience during these works. To find out more about the progress of the works, the next round of community forums are:

Northern Transport Forum

Wednesday 4 November 18:00, at the High Lodge, Darsham

Southern Transport Forum

Wednesday 2 December 18:00, at the Riverside Centre, Stratford St Andrew

For more information and for more forum dates visit sizewellc.com/community/forums *Calls to 0800 numbers are free from UK landlines. Call costs from mobile and international numbers may vary.

Sizewell C

SUFFOLK COUNTY MUSIC SERVICE

Suffolk County Music Service has enjoyed a busy and exciting start to the Autumn term so far, with thousands of young people across the county already taking part in lessons, ensembles, performances and music-making opportunities.

From beginners taking their very first musical steps to experienced young performers developing their skills at county level, Suffolk County Music Service continues to provide high-quality musical opportunities for children and young people at every stage of their musical journey.

A particular highlight this term was the County Music Groups Come & Play Day held on Saturday 24 October, which welcomed young musicians from across Suffolk to experience rehearsing and performing with our County Music Groups.

The event gave participants the opportunity to see first-hand the benefits of ensemble music-making, meet like-minded musicians and discover where their musical ambitions could take them.

Invitations remain open for young musicians interested in joining the Suffolk Youth Wind Band and Suffolk Youth Strings, as well as our network of area ensembles located across the county. These groups provide fantastic opportunities to develop musical skills, build confidence, make new friendships and perform regularly as part of a supportive musical community.

As the autumn term continues, musicians across Suffolk are working hard in rehearsals and lessons, learning an exciting range of repertoire in preparation for a series of end-of-term performances.

These concerts will showcase the dedication, creativity and musical achievements of young people from across the county and provide a fitting celebration of another successful term.

If you are new to music and would like to find out more about how Suffolk County Music Service can support your child's learning and progress, we offer opportunities for every stage of their musical journey, from absolute beginner through to county-level ensembles.

To find out more, visit www.suffolkcountymusicservice.co.uk. Make sure you follow Suffolk County Music Service on social media for the latest news, performances and opportunities.

THE PEOPLE'S EMERGENCY BRIEFING

Showing at Aldeburgh Cinema this is aimed at enhancing public awareness of climate and environmental risks. Produced by the National Emergency Briefing team with technical support from Collective Digital, the project highlights how local groups across the UK are organising in-person events to raise awareness, foster dialogue, and encourage collective engagement with resilience challenges.

Suffolk Youth Wind Band concert rehearsal, Palencia Spain July 2026. Photo: Suffolk County Music Service



Public Notice:

You are invited to attend a screening of The People's Emergency Briefing

An eye-opening film featuring nine leading UK scientists and experts updating us on the latest in the climate and nature crisis and its impacts on everyday national life.

Including:

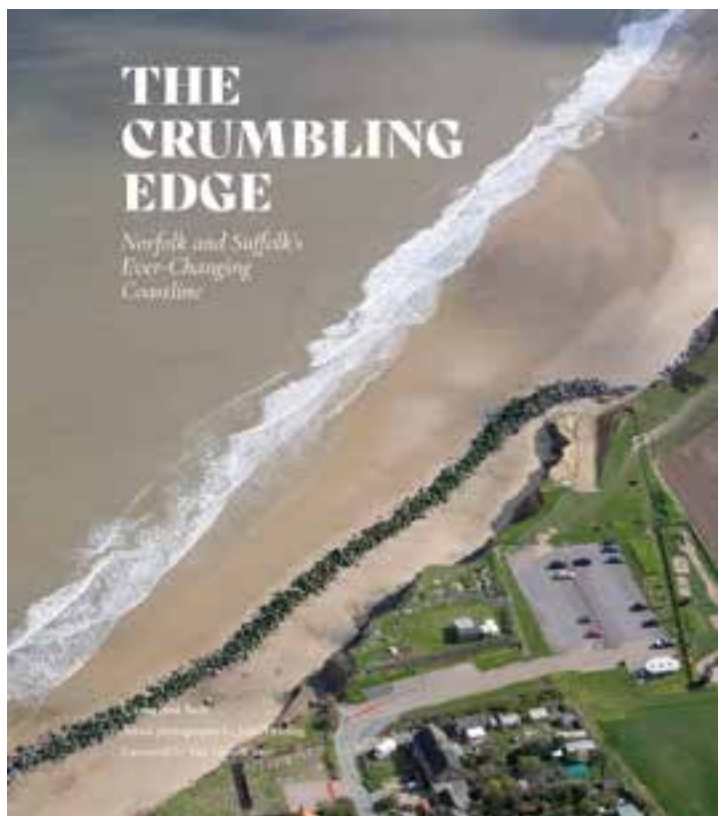
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Based on the National Emergency Briefing in Westminster, as covered by ITV, C4, and the Times. Followed by a short open discussion about what we can do and what it means locally.

Featuring Chris Packham, Deborah Meaden, surprise guests, and a wide range of Brits.

Please note: The film is only being shown at in-person screenings, not online. Bring a friend or neighbour. Please book your free seat asap.





BOOK REVIEW

The Crumbling Edge - Norfolk and Suffolk's Ever-Changing Coast by Cameron Self

With aerial photographs by John Fielding and a Foreword by Tim Holt-Wilson. Large paperback, £19.99

Our fragile North Sea coast is very much on our minds at the moment as we have watched the tragedy of eleven homes being demolished at Thorpeness, so Cameron Self's book on this subject is timely.

It is 'at once a geological, cultural and social history of coastal East Anglia', from Castle Rising to Landguard Fort, a snapshot in words and stunning pictures of how the coast is right now. This coast has always been affected by erosion and this book will provide an important document for future generations. Cameron looks at the human stories as well as the geographical reality, providing a short history of each settlement and the change it has experienced. In short, accessible sections, he looks at general factors – the literally crumbly material, rising sea levels, rates of erosion, longshore drift, sea defences and the buildings lost and present.

DATES FOR YOUR DIARY

NOV 4 Leiston Festival of Remembrance. Tickets £7, under 18s free, available from Leiston Film Theatre. All proceeds to The Poppy Appeal. 7.30pm at Leiston Film Theatre, IP16 4BZ.

NOV 8 Alde Valley Ramblers. Sutton Hoo and Coastal Path 8.1 mile walk. Meet in main Car Park (Free) Sutton Hoo site, signposted from B1083 at 10am. Visit: www.aldevalleyramblers.org.uk

NOV 11 Aldeburgh and District Local History Society Talk. 'The Palaeolithic History of Suffolk and East Anglia' by Nick Ashton. Last year the discovery of the earliest known instance of fire making by humans - here in Suffolk - made international headlines. This followed Professor Nick Ashton's earlier discovery at Happisburg, (about 20 miles north of Great Yarmouth) in Norfolk, of the first pioneers in northern Europe 900,000 years ago. 6pm at the Old Generator Station, Kings Field, Aldeburgh, IP15 5HY.

NOV 22 Alde Valley Ramblers. AGM + Walk at Knodishall Village Hall, School Road, Knodishall. The 4.5 mile walk will commence at 10am from Knodishall village hall car park and the AGM is at 12.30pm. Visit: www.aldevalleyramblers.org.uk.

NOV 28 Knodishall Cancer Research UK Support Group Christmas Fayre. Grand Draw, Tombola, Plants, Booze Barrow, Christmas Cakes, C.R.U.K. Christmas Cards etc. Craft items and lots more. Bring the children to visit Father Christmas! Lunches, teas, coffees, and cake will be served all day. 11am - 3pm at Knodishall Village Hall. Raising money for Cancer Research UK which will make a difference to so many people.

DEC 6 Made in Benhall. Are you looking for a unique and locally made Christmas gift? Come along to *Made in Benhall* to meet a wide range of local artists, crafters and makers - a hugely diverse range of high quality products on sale at very affordable prices. Entry is free. 10am – 2pm at Benhall Club.

This issue was designed, printed & published by Leiston Press.

Aldeburgh Times is your free local paper, 2000 copies are printed every month. We distribute the magazines door to door and to many varied outlets. The next issue will be published Tuesday 1st December, copy deadline is 14th November - but the earlier the better to ensure inclusion.

Contacts/Advertisers/Editorial:

Louise Gissing at Leiston Press, Unit 1b Masterlord Industrial Estate, Station Road, Leiston, IP16 4JD
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