

...YOUR FREE LOCAL NEWS

SEPTEMBER 2026

SAXMUNDHAM NEWS



PART OF THE **TIDE COLLECTION**

ALDEBURGH TIMES WOODBRIDGE TALK SOUTHWOLD ORGAN SAXMUNDHAM NEWS LEISTON OBSERVER FRAMLINGHAM FOCUS

What's On at Leiston Film Theatre

Fri 4th & Sat 5th Sept at 7.15pm
 Sun 6th Sept at 3.00pm
 Mon 7th Sept at 1.00pm
 Tues 8th Sept at 7.15pm
 Wed 9th Sept at 3.00pm
 Thurs 10th Sept at 7.15pm
 Wed 23rd & Thurs 24th Sept at 2.00pm

HOLY DAYS 12A

Sun 6th Sept at 6.00pm

HANDA OPERA VERDI'S LA TRAVIATA PG

Fri 11th Sept at 7.00pm
 Sat 12th Sept at 6.00pm
 Sun 13th Sept at 2.00pm
 Mon 14th & Tues 15th Sept at 7.00pm
 Wed 16th Sept at 2.00pm
 Thurs 17th Sept at 7.00pm

DE GAULLE: RESISTANCE 15

Sun 13th Sept at 6.00pm

FUNNY GIRL THE MUSICAL PG

Fri 18th, Sat 19th &
 Sun 20th Sept at 7.15pm

SPA WEEKEND 15

Mon 21st & Tues 22nd Sept at 7.15pm

ONE NIGHT ONLY 15

Fri 25th - Sun 27th Sept

LIVE ON STAGE

LIMITED TICKETS STILL AVAILABLE

MOURNING CAMPERS

Sun 27th Sept at 6.30pm
 Mon 28th Sept at 1.00pm & 7.15pm
 Tues 29th Sept at 7.15pm
 Wed 30th Sept at 2.00pm & 7.15pm
 Thurs 1st Oct at 7.15pm
 Fri 2nd Oct at 2.00pm & 7.15pm
 Sun 4th Oct at 6.00pm

PRESSURE 12A

Sat 3rd Oct at 7.30pm

LIVE ON STAGE

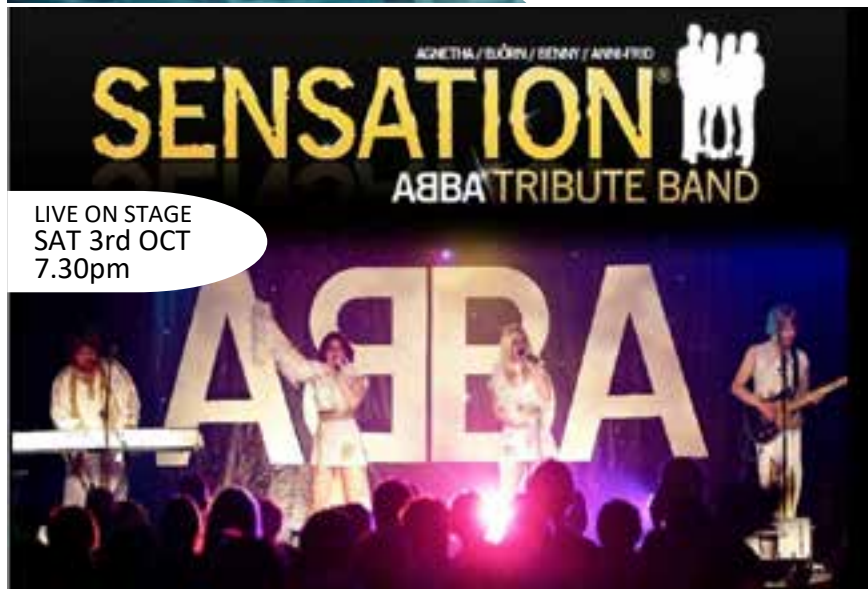
ABBA SENSATION

01728 830549

www.leistonfilmtheatre.co.uk



SHOWING AT
 LEISTON FILM THEATRE
 FROM SUNDAY 27th SEPTEMBER



A NOTE FROM OUR EDITOR



Another very successful Sax Fest with the extra day proving a winner. There were some great photos taken so see if you can spot yourself on pages 6 & 7. A very well done to Terry Barrow and his team of volunteers, without whom the event would not go ahead. A great, inclusive festival highlighting local talent as well as some great tribute acts.

Please drop me a line to boost your business by advertising with us, in any or all of our six titles, or if you have any news or events you would like to share with our readers.
Email: lou@tidecollection.com

Quote of the Month

Age is an issue of mind over matter. If you don't mind, it doesn't matter.

Mark Twain



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the 1st ever
Sweffling WHITE HORSE BEER FESTIVAL

Friday 18 • Saturday 19 • Sunday 20
*** SEPTEMBER ***

BEERS

CIDERS

FOOD STALLS

FREE ENTRY



MUSIC

Friday 18 8pm
Silmor

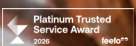
Saturday 19 4pm
Dan Friend + Richard Arundel

Saturday 19 8pm
Sunset Bamboo

Sunday 20 2pm
Jam session

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THE CUT SESSIONS

The Cut, Halesworth's arts centre, has announced Season 3 of The Cut Sessions, the new music series of curated gigs by original artists, for autumn 2026. After the sellout success of the second season, three great concerts are planned for October and November 2026.

Season 3 opens with **FLOOK** on **Friday 9 October 2026**. The iconic Anglo-Irish band bring their inimitable trademark sound, where traditional Celtic folk meets a contemporary vibe, to Halesworth for the very first time. A celebration you don't want to miss!

The season continues with **LINDISFARNE** on **Wednesday 4 November 2026**. The legendary '70s' folk-rock pioneers with a classic five-piece line-up of long-time members fronted by founder-member Rod Clements and a repertoire of unforgettable songs like Meet Me On The Corner, Fog On The Tyne, Lady Eleanor and Run For Home, Lindisfarne are guaranteed to get the crowd on their feet.

The season ends with **COLOSSEUM** on **Wednesday 25 November 2026**.

British jazz-rock legends and pioneers of progressive music at its most fearless, virtuosic and vital - essential listening, and an unmissable live experience. Led by soulful powerhouse vocalist and 60s icon, Chris Farlowe, and featuring blues guitar virtuoso Clem Clempson.

Aafke Groenewald, Manager of The Cut said: "We are so excited to be presenting these three world-class gigs here at The Cut, complimenting the rest of our eclectic programme. Get your tickets early!"

Nick Dodds, programmer of the Cut Sessions said: "Selling nearly 1,300 tickets for the first two seasons shows there is demand for great music in Halesworth, with sell-out audiences coming from far and wide to see original artists in the intimate setting of The Cut. We are building a reputation that brings bigger and bigger artists to the town"

SEASON THREE 2026

FLOOK 9 OCT

LINDISFARNE 4 NOV

COLOSSEUM 25 NOV

THE CUT SESSIONS

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*This event is being sponsored by the TEZMAE Trust,
to whom Orford Museum is very grateful.*

BUTLEY PRIORY · BUTLEY · SUFFOLK

SAXMUNDHAM TOWN COUNCIL NEWS

Town Council in Action

Work to improve walking routes around Memorial Field took place in August, with a new Breedon gravel path installed between Gilbert Road and the skate park. The upgrade provides a more practical and accessible route through the field in all weather conditions.

The Council continues to work with East Suffolk Council and East Suffolk Services on street cleaning and presentation standards across Saxmundham. We now have a dedicated contact for reporting issues directly, helping us raise concerns and follow them up more effectively. East Suffolk Council has also assured us that changes to its operations should result in noticeable improvements.

The **Town Council Annual Report for 2025/26** is expected to be published this month, providing an overview of our work and achievements over the past year. It will be available to download from www.saxmundham-tc.gov.uk, with details of how to obtain a printed copy.

Local Highlights

As summer draws to a close, there is plenty happening in Saxmundham this autumn.

Our new **Guided Community Walk** takes place on **Sunday 4 October** at 11.30am. The free, two-mile walk will head towards Benhall and take in the old brick kiln site before returning to Saxmundham. Our expert local guides will share fascinating insights into the area and its history. The walk will be at a gentle pace with plenty of stops. All ages are welcome, and dogs can join too. Please note that the route includes rough terrain and is not suitable for pushchairs or wheelchairs. Spaces are limited, so booking is required.

If the walk is successful, we would like to add more free community walks to our events calendar. If you have local knowledge or expertise you would like to share, we would love to hear your ideas. All themes are welcome – an opportunity to meet others, be sociable and discover more about our local area.

The **Green Team** and **Blue Spaces** volunteers will continue their regular working parties through the autumn, helping to keep Saxmundham welcoming for both people and wildlife. BlueSpaces will be carrying out water quality testing in the River Fromus as part of the Big River Watch on 20th September at 2pm. New BlueSpaces and Green Team volunteers are always welcome. Contact to find out more.

Community Calendar

- **Saxmundham Saturday Market** – Saturday 12th September 9 am - 3 pm in Fromus Square
- **Saxmundham Town Council Meeting** - Monday 14th September 7pm in the Market Hall

- **Saxmundham Walks - Guided community walk:** Sunday 4th October 11:30 am
- **Saxmundham Saturday Market** – Saturday 10th October 9 am - 3 pm in Fromus Square
- **Saxmundham Town Council Meeting** - Monday 12th October 7pm in the Market Hall
- **Family Bingo** - Coming to the Market Hall this October. More details to follow
- **Saxmundham Christmas Fayre** – Saturday 5th December 3 - 7pm in the town centre

Keep up to date: Follow Saxmundham Town Council on Facebook or visit www.saxmundham-tc.gov.uk for the latest news, events, market information and opportunities to get involved.

Council meetings are open to the public: Come along to find out what's being discussed and how the Council is working for Saxmundham.

Get involved in Saxmundham events: We're looking for volunteers to help deliver our events. From lifting and shifting to admin, putting up posters, design and decoration, there are lots of ways to help create memorable events for Saxmundham. Contact community@saxmundham-tc.gov.uk to find out more.

SAXMUNDHAM WALKS

Hidden history & local stories

SUNDAY 4 OCTOBER 2026
11:30 AM

MEET: SOUTH ENTRANCE
AT THE START OF THE FOOTPATH

APPROX. 2 MILES & 90 MINS
GENTLE PACE WITH PLENTY OF STOPS

DOGS WELCOME
WELL-BEHAVED DOGS ON LEADS

ALL AGES WELCOME
ROUTE UNSUITABLE FOR PUSHCHAIRS OR WHEELCHAIRS

Join us!

Discover the stories hidden in Saxmundham's landscape on this guided community walk.

Explore local history, beautiful countryside and fascinating places including the Layers and the old brick works.

FREE EVENT - BOOKING REQUIRED

Scan to book on Eventbrite or contact us:

community@saxmundham-tc.gov.uk

01728 604595

SAXMUNDHAM TOWN COUNCIL

SAX FEST SUCCESS

Saxmundham came alive in August as SaxFest celebrated its first three day festival, welcoming thousands of visitors for a warm, sun filled weekend of live entertainment, great food and family activities.

The festival opened with performances from local artists, setting the tone for a relaxed, welcoming atmosphere across the weekend. More than 30 acts took to the stage, most of them Suffolk based, offering everything from acoustic sets to high energy tribute performances.

This year's headliners proved hugely popular, with *Young Elton*, *Songbird – A Tribute to Fleetwood Mac*, and *Ed Nearan* drawing packed crowds and creating electric moments on the main stage. Alongside them, much loved local artists including *Dirty Lookz*, *DJ Sebina* and *Midnight Road* kept the energy high throughout the weekend.

Families enjoyed a full programme of free creative activities, including music workshops, arts and crafts, circus skills and magic shows, all designed to make the festival accessible and enjoyable for all ages.

Festival organiser Terry Barrow said: *"This was the first year we've stretched SaxFest across three days, and the response has been fantastic. It's a big step up for a small town festival, and we simply couldn't do it without the help of our fantastic volunteers, or without the backing of local people and the businesses who support us."*

"The weather was on our side, but it was the community that made the weekend what it was. If we're going to keep bringing SaxFest to Saxmundham year after year, that continued support is absolutely essential."





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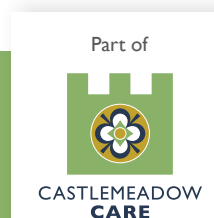
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FLIPSIDE 2026 TRAVELS IN TIME AND SPACE

On Saturday 3 October, Framlingham's Old Theatre once again becomes East Anglia's meeting point for the wider world, as the FlipSide Festival returns with its 2026 theme, Travels in Time and Space. Since 2013, this small but ambitious Suffolk festival has built a reputation for pairing intimacy with intellectual reach - serious conversation without pretension, rooted in Suffolk, global in spirit.

This year's line-up leans into that approach fully. The festival's premise is that every journey is really two journeys at once: one through geography, one through time, with the past always travelling alongside us. Exploring that idea are seven formidable writers and thinkers - Colin Grant, Samantha Harvey, Blake Morrison, Ian Patterson, Laura Spinney, Colin Thubron and Sara Wheeler - bringing perspectives spanning migration, memoir, language and history, from Eurasia to Egypt and beyond.

Running from 10am to 6pm, with half-day and full-day tickets available, FlipSide remains proof that you don't need to be in a city to host conversations of real weight. For anyone across the region with a taste for ideas, travel writing, or simply excellent company for a day, Framlingham is worth the trip this October. Tickets and the full programme are at www.flipsideuk.org

FLIPSIDE

Suffolk's day-long festival of literature and ideas

TRAVELS IN TIME AND SPACE

■■■ with ■■■

COLIN GRANT
SAMANTHA HARVEY
BLAKE MORRISON
IAN PATTERSON
LAURA SPINNEY
COLIN THUBRON
SARA WHEELER

Saturday 3 Oct 2026, 10am-6pm

The Old Theatre, 10 Church St, Framlingham IP13 9BH

flipsideuk.org

YOUNG CARERS'S AWARD

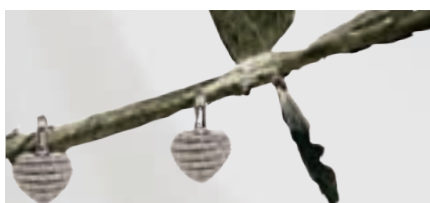
After achieving Bronze, Silver, Gold in the past 18 months, in the Suffolk Family Carers Awards, Alde Valley Academy's young carers have now achieved the top Platinum award! Julie Dawes, Young Carer Lead at Alde Valley Academy says "I am immensely proud of what our Young Carers have achieved to reach the Platinum Schools Award in such a short period of time, especially as there are only a few schools that have achieved this within Suffolk."

"We have a lovely mix of students across the whole school who are a lifeline to those who they care for."

She added "We have now completed our recipe book, kindly sponsored by the Suffolk Freemasons, and this will shortly be in print so we will be able to give a copy to each Young Carer as well as being able to sell them to enable us to take them on more well-deserved adventures."



L to R: Sue Henry (Suffolk Family Carers) middle: Sander Van Den Berg (Young Carer Ambassador) and Julie



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PROJECT UPDATE

SEPTEMBER 2026

Works to improve and install infrastructure to facilitate the construction of Sizewell C progresses well. We are aiming to reduce disruption as much as possible as the works continue and thank the East Suffolk community for their patience.

The B1122, Pretty Road is closed for the construction of the Sizewell Link Road, along with Hawthorn Road and Fordely Road.

The two-village bypass continues to progress, with the new roundabout at Tinker Brook Lane beginning to take shape. Earthworks continue with piling at the Alde bridge.

Road safety improvements along the A12 continue in Marlesford, including a new pathway and signalised crossing. The western arm of the works is complete, we have switched the traffic management requirements to the other side of the road as we build new footways along the eastern section.

Park and Ride capacity at Wickham Market has increased, and more workers are using the buses. The roundabout at the Darsham park and ride continues to progress, and track management is now lifted at peak times. Both Park and Rides will be operating at full capacity by the autumn.

The B1122, Station Road in Leiston closed in August so Cadent could install new gas mains before new level crossing gates are fitted. Track management is also required as the Sizewell link road roundabout is constructed. We will continue to update the Sizewell C Works Tracker on a daily basis.

Leiston now has a refurbished BMX pump track thanks to Sizewell C contractors and Leiston-cum-Sizewell Town Council. Teams from Jackson Civil Engineering, Toppesfield, Ovenden, Lynch and ATM volunteered to transform the facility with a new riding surface, landscaping improvements and enhanced safety features.

All tracks are laid to the temporary rail line around Leiston and trains are running to the temporary construction area. There is an engineering train running from Saxmundham Road level crossing to the TCA over the next few weeks to consolidate track ballast and place the track in its final alignment.

The Marine Bulk Import Facility (an offshore loading platform) at Sizewell beach has reached the shoreline and is now progressing across the sea, with work due to be complete in early 2027.

The final sheet pile on the 783m Temporary Sea Defence wall has been installed, ending this phase of work. This helps to protect the site and allows the next phase to go on. The steel installation on our campus steel structure is complete, and the next stage includes the foundations for the first 8 accommodation blocks. Cladding for the amenity building begins Q3-26. The concrete batching plant is progressing well - the first of 4 is due to be operational in September.

East Suffolk Council has granted planning permission for College on the Coast. The new two-storey facility will be built on King George's Avenue and will accommodate 150 students, 20 full-time staff and a dedicated drop-in hub for 50 apprentices. Delivered with Suffolk New College, it will offer technical and vocational courses in engineering, digital skills, business and logistics.

Archaeological work began in August, with main construction to start as archaeology progresses. Teaching and training are scheduled to begin in 2027, before expanding further in following years.

Our thoughts are with communities affected by the Dunwich Heath wildfires. We continue to support the emergency services that have worked incredibly hard at the scene.



All our works and planned road works can be accessed on our Works Tracker. Please sign up to receive bespoke alerts via email or SMS. Thank you for your patience during these works.

To find out more about the progress of the works, the next round of community forums are:

Southern Transport Forum

Wednesday 2 September 18:00,
at the Stratford St Andrew Riverside Centre

Main Development Site Forum

Wednesday 7 October 18:00,
Leiston Town Athletic Association

Sizewell C

For more information and for more forum dates visit sizewellc.com/community/forums

*Calls to 0800 numbers are free from UK landlines. Call costs from mobile and international numbers may vary.

STEVE MEW MEMORIAL CRIBBAGE TOURNAMENT

We are delighted to report that the annual Steve Mew Memorial Cribbage tournament held at Saxmundham Club on 23rd July raised £600 for St Elizabeth's Hospice - the charity chosen by the late Steve Mew's family.

We are hugely grateful to Janie, bar manager at the Club, for giving up her day off, raising money beforehand and setting things up for us; to the Saxmundham Cribbage Team for providing the fabulous hamper items for the raffle and magnificent refreshments.

Also, a big thank you to all the participants who came and supported the cause.

A great night all round.

Lorraine Lloyd



SAXMUNDHAM W.I.

On Thursday 16th July President Jo welcomed members and speaker Marcus Hayward. Ladies were sitting comfortably in a circle (on chairs) to receive some advice and help to improve 'Wellbeing and breathing' from Marcus.

Marcus's gentle voice helped us to relax as he spoke and then gave us exercises to practise deep breathing. We were encouraged to reduce stress by slowing down and doing slow movements. Marcus demonstrated very beneficial deep breathing, through the nose and out through the mouth and using hands to feel the lift of his ribs.

Marcus has many years of experience travelling to explore several types of healing arts, using techniques to improve relaxation, reduce stress and bring peace to oneself.

Marcus teaches classes in many locations in the area. Information can be found at yogahub.co.uk - Norie Yoga.

On **Thursday 17th September** we are welcoming Steve Everett to do a presentation about the Deer rut at Minsmere. We meet at 2.30pm in the U.R.C. Chapel Road, Saxmundham. Visitors £5.

'MAD ABOUT BOOKS' SHOW LAUNCHES ON ABC RADIO

East Suffolk radio station Alde Blythe Community Radio has launched a new weekly book show 'Mad About Books'. The show is aired on Wednesdays at 6pm and repeated on Sunday mornings.

The show is hosted by regular presenter Brad Young, with local authors Robert Ashton and Simon Eyre.

Non-fiction author Robert Ashton, whose latest book *Down to Earth* was published in July by Wilton Square Books takes a different author onto the beach each week, where they talk about books, writing and their favourite music.



L to R: Simon Eyre, Robert Ashton, Brad Young at the desk

Novelist Simon Eyre, author of the popular Daniel Sawyer thriller series, will share his tips on successful self-publishing, focusing on a different aspect of the writing journey each week.

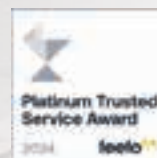
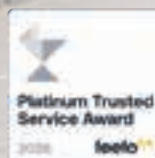
Over the coming weeks the team will also interview booksellers, festival organisers and anyone who like them, is mad about books.

To find out more about 'Mad About Books' visit www.ABCradio.co.uk where you can listen to the show live or download to listen to later.



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FROM JENNY RIDDELL-CARPENTER, MP

**Woodbridge and Martlesham**

I'm delighted to share that I have been appointed as the Parliamentary Under Secretary of State for Nature and Rural Affairs at the Department for Environment, Food and Rural Affairs (DEFRA).

This is a role that feels incredibly personal to me, because both nature and rural communities have been at the heart of my work since I was elected as your MP.

Suffolk Coastal is one of the most beautiful parts of the country, with a landscape shaped by our coastline, estuaries, rivers, heathlands, farmland and ancient woodlands. We are incredibly fortunate to live in an area that is home to such a rich variety of wildlife, from rare species and important habitats to internationally significant landscapes.

I have often said that Suffolk is the wildlife and nature capital of the UK, and I truly believe that. Our natural environment is not just something to admire - it is part of what makes our community and local area so special. It is a critical national natural infrastructure for biodiversity and wildlife, and it is also vital to our local economy and society - attracting tourism, improving our own wellbeing and giving our towns and villages their distinctive character.

From the back benches I have worked to ensure that nature and environmental issues were properly recognised in decision-making, and that the experiences of local communities were heard. From raising concerns about the impact of development on our environment, to highlighting the importance of nature recovery and working with local organisations, these issues have been a central part of my work as your MP.

I have also spent a great deal of time listening to rural communities across Suffolk Coastal. Rural areas have huge strengths, but they also face particular challenges - from access to services and transport, to pressures on farming, water, housing and infrastructure. Too often, rural communities feel that decisions are made without properly understanding the realities of living and working in the countryside.

Taking on this ministerial role gives me an opportunity to bring those local experiences into national decision-making. Andy Burnham talks about having a "Makerfield test" when making decisions in Government. For me, it will be the "Suffolk Coastal test" - making sure the experiences of rural communities like ours are reflected in the decisions we take, while delivering better outcomes for nature nationally and internationally.

I know many people locally care deeply about nature and rural issues, and I want that knowledge and passion to continue shaping my work. Whether it is protecting our rivers and coastline, supporting rural communities, or ensuring nature recovery is delivered in a way that works for people as well as the environment, I will continue to make sure Suffolk Coastal's voice is heard.

I'm incredibly proud to take on this new challenge, and I look forward to getting started in the role.

As always, if there is anything my team or I can help with, please don't hesitate to get in touch.

Contact:

jenny.riddellcarpenter.mp@parliament.uk

01394 330260

www.jennyforsuffolkcoastal.org

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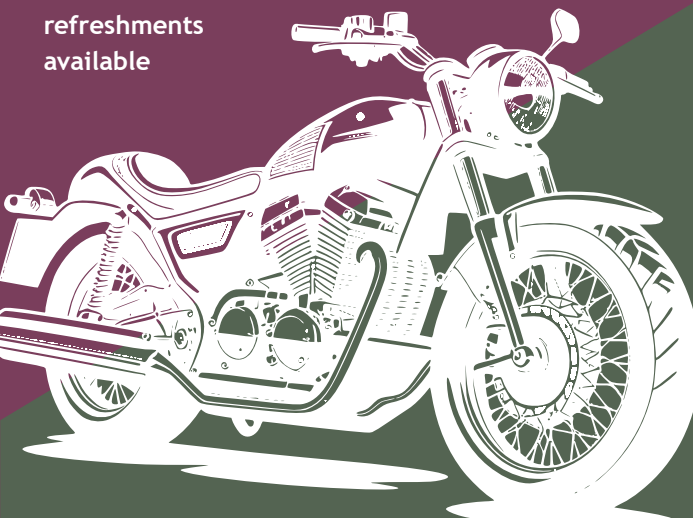
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FROM THE WOLLASTON CONSORT

The Wollaston Consort (Julie Harmer - flute, and Peter Clayton harpsichord) have become well-known for their baroque music concerts at Sibton Church. They will be returning to Sibton on **19th September** at 3.30pm.

Much loved and admired by audiences, their music is perfect for the acoustics at Sibton. The repertoire includes music for flute and harpsichord and often includes music for Sibton's historic organ. Composers represented this year are Bach, Bavet, and Quantz.

Teas follow the performance and as always, tea is included in the cost of a ticket. Tickets: Adult £15, U8s £10.



FEEL GOOD SUFFOLK

Can you step up this summer? New volunteer leaders needed for wellbeing walks across Suffolk.

Feel Good Suffolk is looking for volunteers to lead more walks across the county that help people with their wellbeing and physical health.

Feel Good Suffolk runs around 90 regular walks in Suffolk in partnership with The Ramblers. Over 1,000 people take part in walks every month from Haverhill to Lowestoft, with locations including the coast, countryside and town parks.

The wellbeing walks are a fantastic way of becoming more active, improving your wellbeing and meeting new people, all whilst exploring the Suffolk countryside.

There's a walk to suit everyone. Walks have different levels of ease and accessibility, from gentle strolls to more brisk routes and take from between 45 to 90 minutes. Most walks run during the week with some taking place every week and some, every one or two months.



Each walk is led by friendly, experienced volunteer walk leaders in a welcoming and supportive environment. Feel Good Suffolk is looking for more of these leaders to support existing walks or to help set up new walks across the county.

Walk Leaders would be encouraged to plan and set up new walks in their area. Their role is to ensure walks are safe, inclusive and enjoyable and to be welcoming and friendly, creating a positive experience for everyone taking part.

Sonny Baldry, Wellbeing Walks Coordinator with Feel Good Suffolk, said:

"We'd love to hear from anyone keen to help us set up new walks which people across Suffolk can enjoy. We're looking for friendly, reliable and confident volunteers who enjoy being outdoors and want to help others improve their health and wellbeing. Leading a walk is really rewarding and you can help to make a real difference to other people in your community."

Anyone interested in volunteering can email sonny.baldry@ipswich.gov.uk

Phil is a volunteer for a walk in Shotley. He says: *"I volunteer to keep my fitness and mobility going. You get a chance to meet new people and make new friends. There is a lot of socialising as we go along."*

Gerald is a walk leader for a regular walk in Woolpit, he says: *"I volunteer because I enjoy walking and I wouldn't do this if it wasn't important. Socialising is definitely part of wellbeing and these are wellbeing walks which encourage that."*

You can find out more about the walks near you at feelgoodsuffolk.co.uk/wellbeing-walks

James Powell



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IP17 GOOD NEIGHBOUR SCHEME

It has been another busy few months for everyone at IP17 Good Neighbour Scheme, and we'd like to start by saying a huge thank you to the people and businesses who continue to support our work.

Our sincere thanks go to the Railway Tavern and its generous customers, who organised a fantastic paella and barbecue evening in aid of our Social Supermarket. The event raised valuable funds, and we're incredibly grateful that the pub continues to support us with a collection pot on the bar. Every donation helps us provide practical support to local people who need it most.

One of the highlights of the summer has been our Bucket & Spade train trip to Lowestoft. Thanks to the generosity of Greater Anglia, local benefactors and our wonderful volunteers, local families were able to enjoy a traditional day at the seaside, complete with discounted travel, buckets and spades for the children, colouring books for the journey and a packed picnic on the beach.

The response was overwhelming, with places filling almost immediately.

Every Donation Counts

As always, we rely on the kindness of our community to keep our activities and food support running. If you're able to help, we'd be enormously grateful. You can make a cash donation via the link on our website (www.ip17gns.com), or leave food donations at Saxmundham Pharmacy, Suffolk Building Society or the Gannon Rooms. Every contribution, however large or small, makes a genuine difference to local people.

What's on

Social Supermarket & Café: Tuesdays, 9.30am–11.00am, Gannon Rooms

Wednesday Games Club: Wednesdays, 12.00pm–3.00pm, Gannon Rooms

Gather and Grow: Thursdays, 9.15am–10.45am, Saxmundham Market Hall

Friday Boogie: Fridays, 11.30am–12.30pm, Saxmundham Market Hall

Men's Breakfast: First Sunday of each month, 9.30am–11.00am, Gannon Rooms

Whether you're looking for practical support, hoping to meet new people or simply fancy getting involved in your local community, there's always a warm welcome waiting at IP17 Good Neighbour Scheme. Visit our website for opening hours and contact details.





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Common Ground Theatre Company have been delighting East Anglian audiences for many years now with their hugely popular mix of classic stories and hilarious, surreal comedies and spoofs - "madcap comedy gold", as The Stage puts it. With their unique brand of music theatre, they've been described by Libby Purves as "One of the best things on the road in East Anglia right now...A proper treat."

This autumn, they're taking to the road again, with **THE PHANTOM OF FRIAR STREET**. Part ghostly tale, part murder mystery, part love story, this show has it all! We'll be performed in theatres, community centres and village halls across Suffolk, Essex & Norfolk, visiting Diss, Southwold, Framlingham, Woodbridge and many more. Then for Xmas/New Year, after the huge success of last year's **SHERLOCK HOLMES SMELLS EVIL!**, they return in full bonkers mode with their traditional festive comedy caper, which this year will be **FATHER BROWN & THE CARNIVAL OF FEAR!**

A haul of Roman artifacts, The Hiddenham Hoard, has been stolen whilst in transit to the British Museum. Father Brown's investigates but is distracted by the arrival of Mozzarelli's Carnival. How will he find the thief before the precious Hoard is spirited away?

A classic Yuletide mystery with all the Common Ground trimmings - sparkling wit, ingenious staging, hilarious songs, and surreal flights of festive fancy.

Featuring live original songs performed by the talented band of actor-musicians, who also play a host of increasingly bizarre characters.

With a liberal helping of one-liners, puns and sight-gags, it's the perfect panto alternative - from **December 8th to January 24th**. Visit their website www.commongroundtc.co.uk or call 07807 341364 for full details and booking for both shows.



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KNOWING YOUR NEIGHBOURS



Bright and Hubbards Close in Saxmundham celebrated 20 years of annual street BBQs and gatherings this year. Fifteen households

and almost forty neighbours, both young and old celebrated being neighbourly. This custom began on the completion of the Brook Farm estate in 2005 - generations of families still living, working and a few now retired, meeting at least annually.

Knowing your neighbours is the key to living safely and securely, combatting loneliness and having a feeling of belonging, with mutual respect - values that have been eroded over time, throughout the UK. The opportunity to engage with new neighbours and catch up with those you haven't bumped into for a while is refreshing and purposeful on many levels. An opportunity for a beer (or two) burgers/ hot dogs, bingo and in the past - quizzes, Christmas carols, a European cup final, spike ball, bouncy castle - just some of the activities we've shared, together with general conversations about Saxmundham, the weather, the state of the roads and in particular this year, the impact of Sizewell C, the World Cup and bin collection failures!

Thank you to Nikki and Paul Wright for hosting in recent years, but especially to our neighbours for making both Bright and Hubbards Close an enviable and rewarding place to live.

Keith Cartwright-Jones



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Credit: Images By Anna

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A FOUNDATION COURSE IN DOWSING

Can people really find underground water with a twig or a bit of bent wire? YES, indeed they can! The people who can do this are dowsers or water diviners. It is a natural ability that humans and animals have. Most people can do it with a bit of guidance from an experienced dowser.

Would you like to have a try?

Here is your chance! This practical course gets you started on water divining and other kinds of dowsing with rods, the pendulum and other tools. You will learn how to dowse for water, earth energies and the human energy field. You will even have a go at map dowsing. We will cover protection, ethics and the art of framing effective dowsing questions. Those with some experience will also benefit.



Equipment will be available.

Bring a packed lunch, notebook and pen and suitable clothing for outdoors. Free tea, coffee and biscuits. Free parking. Disabled access.

Tutor Sue Pine is an experienced dowser and BSD member

Where and When? 17 October 10 am - 5pm
Blythburgh Village Hall, London Road
Blythburgh, Suffolk, IP19 9LQ

£90 (BSD members £80)



This is a British Society of Dowsers' approved and certificated course

**Bookings: Email: info@britishdowsers.org
or phone the BSD office on 01684 576969**

SKC CHURCH

A Benefice comprising of St John's Church, Saxmundham, St Mary & St Peter's Church, Kelsale & St Peter's Church Carlton.

Last month, I talked about our visit to Nuremberg and the parallels that exist between the Nazi era and the increasingly rancorous political discourse we witness in the UK today. But this month, I would like to highlight a different aspect of our trip.

On January 2nd, 1945, hundreds of RAF bombers targeted Nuremberg and, in just that one night, 91% of houses within the city walls were either destroyed or badly damaged. Of course, the UK had, earlier in the war, been on the receiving end of similar onslaughts. On November 14th, 1940, 515 Luftwaffe bombers had visited Coventry, damaging or destroying over 50% of the City at a cost of 554 dead. Famously, the Cathedral became a shattered shell too.

What links these two events apart from the utter destruction of civilian homes?

Well, the day after the Coventry raid, Church leaders there resolved not to seek revenge but to find a way to achieve reconciliation with the enemy who had destroyed their homes and livelihoods.

In memory of the fateful day when the Saviour of the World was killed on a cross, a local Vicar and the Dean of the Cathedral made a cross out of nails from the fallen roof timbers, like the one shown.



Two years after the war ended, Dean Howard sent a Cross of Nails to the church in Kiel, Germany and then over a short period to many dozens of other churches in Germany. One of them was given to the main church in Nuremberg, St Sebaldus, and it is there today as a reminder of man's inhumanity to man and the need to strive for peace.

In 1976, the recipients of these Crosses of Nails throughout the World joined together to form the Community of the Cross of Nails, an international Christian charity striving for peace and reconciliation throughout our fractured world. You don't need reminding just how much we still need this reconciliation today.

As regards the UK and Germany in the 1940s, it is probably fair to say that only the Church could take that initiative, such was the searing sense of grief and loss at the toll taken by the war on both sides.

But without reconciliation, conflict continues and often escalates. So, I'm glad that Church leaders on both sides came together to seek to heal wounds, just as Jesus would have wanted. If you see me wandering around town, there is a good chance that I'll be wearing my Cross of Nails. If you seek peace, come and join us in our mission to transform our broken world.

Rev. Nic Stuchfield (nic@skc.church)

SKC Services in September include:

6th September: Informal Service at St John's, 9:30am; Holy Communion at Kelsale, 11am

8th September: Quiet Communion at St John's, 10:30am

13th September: Intergenerational Service at Kelsale, 9:30a; Holy Communion at St John's, 11am

20th September: Informal Service at St John's, 9:30am; Holy Communion at Kelsale, 11am; 1662 Holy Communion at Carlton, 3pm

27th September: Informal Service at St John's, 9:30am; Holy Communion at St John's, 11am; Brick Church at St John's, 4pm

Do come and join us. If you would like more information go to our website at www.skc.church.

ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

Local and Family History Heritage Open Day - 12 September 2026

Following on from last September's event at the Leiston Long Shop, the Alde Valley Suffolk Family History Group will be holding another Family and Local History Open Day, but this time back at the Fromus Centre in Saxmundham, on Saturday 12th September 2026, when at least a dozen other groups will be taking part. Among the exhibitors, new this year we are delighted to welcome Parham Airfield Museum and Dunwich Museum.

There will be free advice and assistance with personal family history research, using computers, Internet and DNA. Just turn up with your family tree queries.

Janet Huckle's help with dating photographs will again be in demand. Bring your old family photographs for her expert opinion.

Forever popular, Peter Drew has kindly agreed that his historic local postcards will also be on display.

This year our Open Day will be part of the Heritage Open Days Events organised by the National Trust with the support of FindMyPast – and one of the exhibitors, the Benhall and Sternfield History Group, has been shortlisted for FindMyPast's 'Everyday History Hero' competition – the only shortlisted group from Suffolk!

Free entry. 11am - 4pm. Good, free car parking

FRAMLINGHAM AND SAXMUNDHAM CATS PROTECTION



The summer has been all about kittens in our foster pens. At the time of writing, we have 30 kittens in our care, all needing

socialisation, feeding, litter training and vet visits before they can be rehomed. Every kitten adopted from Fram and Sax Cats Protection is health checked, treated for fleas and worms, vaccinated, microchipped and neutered (or goes home with a neutering voucher if under 16 weeks) plus four weeks' free insurance via PetPlan. While the love and attention are freely given, veterinary treatment, neutering and microchipping are not. Our adoption fee of £95 for kittens under six months goes some way to cover the cost and helps us continue our vital work.

Buying kittens from online ads or social media can be risky and may fuel indiscriminate breeding. Private ads rarely mention the mother's health, how often she has been bred, or whether she has been vaccinated and regularly checked by a vet. Always be wary if you cannot see the mother. Ask for proof of vet treatments. If a kitten is said to be vaccinated, you must be given the vaccination card.

A responsible seller will also ask questions about you and your home.

Most importantly, ensure your kitten is neutered to prevent yet more unwanted litters. If you or someone you know is looking for a kitten, please adopt rather than shop.

Still time to book your places for our Quiz Night on **Friday, 25 September 2026, 7pm for 7.15** at the Fromus Centre in Saxmundham.

Free parking on site. Teams of up to six people are welcome, and tickets are £5 per person. To book your places or find out more, email: fundraising@framandsax.cats.org.uk

Cats Looking for Homes: these beauties are one year old Georgia and her 12 week old daughter Dakota. Georgia is long, sleek and striking, with a graceful, almost aristocratic look. She's very friendly and chatty, loves her food, and enjoys joining in games. Dakota is a bold, cheerful little girl who is always happy to roll over for tummy tickles and adores fuss and attention. We are looking for a home where Georgia and Dakota can stay together.

They will need a safe garden to explore in an area away from busy roads. You can see them and all our cats and kittens here: <https://www.cats.org.uk/framlingham-saxmundham#adopt-all>

Website: www.cats.org.uk/framandsax, email: enquiries@framandsax.cats.org.uk, or telephone 01728 723499 for more information about adopting cats in our care;

how to become a member of the branch; event dates; neutering; cat-care leaflets; how to become a volunteer fundraiser or fosterer, make a donation and other ways you can support us. Also find us on Facebook and Instagram.



Georgia



Dakota

This issue was designed, printed & published by Leiston Press.

Saxmundham News is your free local paper, 2000 copies are printed every month. We distribute the magazines door to door and to many varied outlets.

The next issue will be published on Thursday 1st October, deadline 14th September - but the earlier the better to ensure inclusion

Contacts/Advertisers/Editorial: Louise Gissing at Leiston Press, Unit 1b Masterlord Industrial Estate, Station Road, Leiston, IP16 4JD lou@tidecollection.com Tel 01728 833003

Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.

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