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JUNE 2026

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A NOTE FROM OUR EDITOR



What an epic feat by two young men who live near Framlingham and who cycled across South Africa in memory of a dear brother, Ali, whilst raising funds for St Elizabeth Hospice, who cared for him. Details of their amazing adventure are on page 5. Well done Cam Wheeler and Robin Hutchinson, you have done him proud.


Please drop me a line to boost your business by advertising with us, in any or all of our six titles, or if you have any news or events you would like to share with our readers.

Email: lou@tidecollection.com

Quote of the month

Remember that children, marriages, and flower gardens reflect the kind of care they get.

H. Jackson Brown, Jr.



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It Comes In Waves


A new comedy drama play by James McDermott
Touring East Anglia 19th June - 11th July



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HALESWORTH ALE DAY

Halesworth Ale Day will take place on **Saturday 13 June 2026**, from 12noon - 6pm, bringing a full programme of events celebrating brewing, history and hospitality across the town.

Following last year's inaugural Halesworth Ale Day, the event returns promising to put the 'ale' back into Halesworth! The day will include a launch of a new Halesworth ale specially brewed by the local Tindall Brewery, along with other collaborations including handmade Ale Day Mugs from a local potter and Ale Bread made using the spent grains from the brewing process. The event will also offer brewery talks, beer-making demonstrations, ale trail, guided heritage walks, a 'Malt Experience' exhibition at The Cut Arts Centre and a brewing exhibition at Halesworth Museum.

New this year will be a 'Dwile Flonking' contest in the park - not seen in the town since 1970! Organising the event is Kelly Parker, Marketing and Events Officer at Halesworth Town Council. She says: "Halesworth has a great tradition of malting and a vibrant hospitality scene. The Halesworth Ale Day is a great opportunity to showcase the very best of our town. Visitors can take part in the festivities, while also visiting award-winning delis and cafés, and browse the town's independent shops."

"The event also shines a light on our local ales at venues including The Tap Room, The White Hart, The Angel and The Swan."

The event offers free family entertainment, which includes live theatre, giant bubble displays, stilt walkers, craft activities, face painting, drumming workshops and garden games. Visitors can also enjoy live music performances from brass, blues, folk and roots bands.

Halesworth's Market Square will be turned into a drinks market, offering produce from local breweries, vineyards, cider makers and distilleries alongside food vendors.

Visitors can also enjoy scenic walks to explore the Blyth Road Navigation to learn how traditional wherry boats once transported malt along the river Blyth for beer production.

Halesworth Ale Day 2026 is funded and supported by the SZC Tourism Event Grant through East Suffolk Council and Halesworth Town Council.

'Dwile Flonking' Photo: Alan Hall



@halesworth
aleday

Halesworth Ale
Drinks Market
History Walks
Beer Festival
Street Food
Beer Talks
Ale Tastings
Free Face
Painting
Live Music
Ice Cream
Games
Ale Trail

HALESWORTH ALE DAY 2026

A celebration of brewing, history, & hospitality

Dwile Flonking
Family Theatre
Drumming
Workshops
Morris
Dancing
Model
Railway
Arts & Crafts

SATURDAY 13TH JUNE

HALESWORTH TOWN COUNCIL
Halesworth

19-21 JUNE 2026

BEERS & BEATS

WEEKENDER - at The Randolph

Four local, independently owned...

SELECTION OF 10 INDEPENDENT BREWS

19th - Live music from 6pm - Richard Hill

20th - BBQ/Hog Roast served 12-3:30pm
Live music from 12:30pm with The Bakery,
followed by Class of Britpop from 4:30pm

21st - BBQ/Hog Roast served 12-3:30pm
Live music from 12:30pm with The Austin
Beats!

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FREE ENTRY

CYCLE RIDE RAISES £9,400 FOR ST ELIZABETH HOSPICE

Two friends have raised over £9,400 for St Elizabeth Hospice by completing a 10,000km cycle ride through Africa.

Cam Wheeler and Robin Hutchinson completed this fantastic fundraising challenge in memory of Cam's brother, Ali, who was supported by the independent Suffolk charity in 2013, before his death aged 24 after being diagnosed with a rare form of sarcoma.

Cam and Robin's challenge saw them begin on 12 December, starting from Addis Ababa in Ethiopia, before making their way to Cape Town in South Africa, as part of a journey which culminated with them finishing in April.

Cam, who lives near Framlingham, said: "Our challenge was incredible, a proper adventure that'll stay with us forever.

Every country felt completely different - the landscapes, cultures, people, food, even the weather - so it felt like a constant stream of new experiences.

"Doing this challenge in memory of Ali made it all the more special. I found myself thinking about him a lot on the bike, especially on the harder days, and it felt like he was there with me in some way."

If you would like to make a donation here is the link to Cam and Rob's Just Giving page:

<https://www.justgiving.com/page/fourwheelsouth>

Making friends along the way



Cam & Robin



Visiting Victoria Falls en route



Ali & Cam



ART IN THE BARN

A Celebration of East Anglian Artists at Old Hall, Southwold

This June, Old Hall's Big Barn will burst into life as more than 50 East Anglian artists transform it into a vibrant, undercover gallery overlooking the Blyth Estuary. It's a one day celebration of the region's creativity - colourful, eclectic, and full of the character that makes our corner of the world so special.

Visitors can explore an inspiring mix of disciplines: watercolour, printmaking, sculpture, textile art, collage - alongside many more imaginative forms. And this isn't just a chance to browse: every piece on display is original art for sale, with work available for all tastes and budgets. Whether you're looking to add something meaningful to your home, buy a gift or simply fall in love with a piece that speaks to you, this is the place to find it.

Even better, the artists themselves will be there throughout the day, ready to chat, share their process, and bring their work to life. It's a rare opportunity to meet the makers behind the art and connect with the creative community that thrives here in East Anglia.

With a stunning rural setting, a welcoming onsite café, live music, easy parking, and free entry, it's the perfect day out... relaxed, inspiring, and rooted in local talent.



OLD HALL CAFE & WALKS, SOUTHWOLD

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A celebration of East Anglian artists



Sunday 14th June 2026
10am - 3pm

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- Free entry
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27th July to 8th August

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18th to 29th August

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A JOYFUL AFTERNOON OF MUSIC

Framlingham Church was filled with warmth, music, and community spirit on Sunday 26 April, when a special fundraising concert brought together local performers and an appreciative audience for an afternoon of beautiful piano music.

The event, organised in support of future Framlingham Concerts Community Interest Company programming, proved to be a resounding success - both artistically and financially.

The audience enjoyed a varied programme performed by **Alison Bestow, Claire Vane, Penelope Murley, Jane Evans, and Penny Cook**, each bringing their own musical voice and style to the afternoon. From reflective pieces to sparkling showpieces, the programme showcased the breadth of talent within the local amateur piano community. The atmosphere in the church was warm and attentive, with listeners clearly moved by the quality and sincerity of the performances.

Generosity matched musicianship: the retiring collection raised **£489.34**, with additional donations promised by supporters who were unable to attend. The total is expected to be in excess of **£500**, a significant contribution towards sustaining future concerts in Framlingham. The funds will help ensure that high quality, accessible classical music continues to thrive in the town.

Audience members were quick to share their appreciation, sending messages praising both the playing and the welcoming, uplifting spirit of the afternoon. For performers and listeners alike, it was a reminder of how music can bring people together and strengthen community ties.

With its blend of artistry, friendship, and shared purpose, the 26 April concert was a success in every sense - a testament to the dedication of the performers and the enthusiasm of the Framlingham community.



MUSIC FOR A SUMMER'S EVENING

As this article is being written Suffolk Singers, the renowned 'a capella' choir, is preparing for the Spring Tour with concerts in Wymondham Abbey and Binham Priory over the late May bank holiday.

By the time you read this we will have returned to home territory in Suffolk preparing 'Music for a Summer's Evening'

- a concert at 19:30 on **27th June** in the Church of St Michael, Framlingham. The programme will be an eclectic mix of sacred and secular works which celebrate the enduring power of the human voice, from the luminous polyphony of the Renaissance to the rich, expressive music of modern composers, especially chosen by Claire Weston our very talented Music Director.

The venue of St Michael's, Framlingham is much loved by Suffolk Singers, it has very fine acoustics and is an imposing grade 1 listed building. The chancel arch dates from the 12th century, but the majority of the church was built in the Perpendicular style between 1350 and 1550. Although it won't be central to our unaccompanied singing, the church houses a world-famous Tamar organ, one of only three in England to survive the English Civil War. Originally built and installed in Pembroke College, Cambridge, the organ was moved to St Michael's in 1708 along with its case. It was eventually restored in 1970 by Bishop and Son of Ipswich. If you haven't visited this historic and beautiful Church, there is no better time than when it is filled with the delightful sound the choir's singing produces.

'Music for a Summer's Evening' tickets: £15; £5 for under 16s - available from the Suffolk Singers Ticket Line. Tel: 07843 840876 or visit: [HTTPS://wegottickets.com/F/20136](https://wegottickets.com/F/20136) For more information about Suffolk Singers please visit the website www.suffolksingers.co.uk



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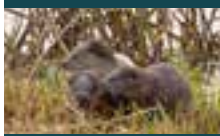
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GREENER FRAM



sowing wildflower seeds on verges in Framlingham

Our **Splash of Colour project** has got off to a good start this year. Our team has been busy increasing the size of each planting strip and have sown wildflower seeds. You can see them on grass verges around Framlingham. Last year germination was severely hampered by drought, but so far there has been sufficient rain.

We are looking forward to some lovely colourful verges, and especially a hum of insects. After all, this is what it's all about!

Bugs Matter surveys reveal that the number of flying insects have fallen by a staggering 78% since 2004. These losses have a huge impact on biodiversity and also threaten food production through reduced crop pollination. The abundance of flying insects are sampled by citizen scientists who record the number of splats found on charts attached to their car number plates - simple but effective!

Scan the QR code to see their work:



If you see rather untidy areas of public grass this month, just think of the benefit to insects. It's a county wide **'No Mow May' project**.

Greener Fram has also supported a tree planting group in Castle Brooks - only six fruit trees so far, but this is the beginning of a small copse of fruit and native trees on a little used part of the green. Successful flowering and green shoots on all trees.

Greener Fram AGM will be on **Saturday 13th June 2-4pm** at the Unitarian Meeting House, Bridge Street, Framlingham. There will be updates on our projects, and members will be voting on the strategy for next year, policies and finances.

It's an open meeting - all are welcome.

Thanks for grant funding - to Vince, our District Councillor for Framlingham, which has enabled us to buy some much needed equipment for events and projects - a gazebo, tables, thermal imaging camera, display boards, hi-viz jackets and wildflower seeds etc.

Thanks also to Fram Town Council for funds to book Castle Community Rooms for our Climate Day film screening event *'The Peoples Emergency Briefing'* - more on that next month...



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Our School Responsibility for Sustainability

We are proud to share that our school has achieved the 'Our Schools, Our World' Bronze Sustainability Award, recognising our commitment to caring for the planet and helping our children understand how even small actions can make a big difference. As one of the first wave of schools to sign up to this initiative, we have slowly been building up our commitment to this over the last two years.

As part of this journey, sustainability has become a shared responsibility across our school community. At our school we have a commitment that says: *"We believe that even small actions can make a big difference. Pupils, staff, and families all play an important role in reducing our impact on the Earth."*

A key part of our work has been our weekly Enrichment Afternoons, on a Friday, which focus on six key areas of sustainability: Water, Energy, Biodiversity, Food, Waste and Transport. Through hands on and thought-provoking activities, discussions, games and quizzes, children are learning how their choices affect the environment both locally and globally.

What We Are Doing in School?

Water and Biodiversity: Children are learning how precious water is and how to use it wisely. In school, we turn taps off properly; talk about water conservation in lessons and assemblies and care for green spaces and habitats. Children are also encouraged to help at home by taking shorter showers and turning taps off while brushing teeth.

Energy: We are actively reducing our energy use by switching off lights, boards, and devices when not in use; making better use of natural light and ventilation; we have replaced lighting with energy efficient LED lights; promoting energy saving habits across the school with our eco council.

Biodiversity: Biodiversity means 'all living things – plants, animals, insects, and people'. To support this, pupils have planted trees in Robin Wood (our outdoor learning space on our huge school field); planted hedges as a screen from College Road, along the front of the school boundary; created and cared for habitats and green spaces; learned about local wildlife, healthy ecosystems and habitats.

Recycling and Reducing Waste: We are helping children understand the importance of reducing waste by recycling and reducing materials in classrooms and at home; avoiding one-use plastics and ordering classroom supplies from environmentally recognised sustainable companies and reusing/recycling resources during enrichment afternoons, as well as learning how reducing waste protects the environment.

Transport: We encourage sustainable travel choices, recognising that how we travel affects both the environment and our health. Our Junior Road Safety Officers have led assemblies and encouraged pupils to walk, use their scooters or cycle to school. Our Year 5/6 children have the opportunity to take part in safer cycling training around Framlingham with the SCC Bikeability scheme. We have taken part in 'Walk to School' events and challenges.

What We Are Doing in the Community?

The 'Slow Down for the Ducks' posters you may have seen around Framlingham were created by our pupils working in collaboration with Framlingham Town Council.

Our Year 5/6 School Council attended Framlingham Business Association meetings last year to share their thoughts on climate change. They addressed the business owners and offered suggestions on sustainable practices, coming together to deliver a fantastic collaborative speech. We later learned that their message truly inspired some attendees. A few business owners approached us afterward, sharing how the children's presentation motivated them to reduce plastic usage in their companies and explore more sustainable solutions. We were delighted that David Greenacre from Greener Fram joined our Eco Council to hear our school's concerns about current issues in and around the local community and the school.

Framlingham Library kindly hosted two weekends last year where we were proud to display posters to promote Climate Justice, giving every pupil the opportunity to have their artwork on display. The Year 6 poster (below) was also displayed at the Houses of Parliament 'Climate Justice' exhibition.



Achieving the OSOW Bronze Award is just the beginning. We are incredibly proud of the enthusiasm and responsibility shown by our children, staff, and families, and we look forward to building on this success as we continue our sustainability journey together. By working as a community, we are helping our children grow into thoughtful, responsible citizens who care for our schools, our world, and our future.

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King Arthur Reimagined

Sizewell Creative presents:

KING ARTHUR REIMAGINED: Voicing the land

A vibrant mythic celebration, this unique event unites classical and folk, past and future, community and professional. All with Purcell's vibrant music at its heart, in a theatrical production featuring Norwich Baroque, conducted by Tim Brown, movement provided by Vanhulle Dance Theatre, and with special performances of Gecko Theatre's acclaimed outdoor show, From Here On.

Wednesday 8 July, 2pm & 7pm
Snape Maltings Concert Hall



DETECTORISTS TOUR OF FRAMLINGHAM

Follow in the footsteps of Andy and Lance on this charming Detectorists walking tour through the picturesque town that brought Danebury to life. This experience blends iconic filming locations with behind-the-scenes insights, local history and the unique atmosphere that made the series so beloved.

This tour explores the real-life backdrop used throughout the show. You'll discover how the production team transformed this historic town into Danebury, why Mackenzie Crook chose this location, and how the setting became such a vital part of the storytelling.

Along the way, you'll visit key locations featured across all three series and the Christmas special, hear fascinating stories about the cast and production, and uncover the real history behind the buildings and streets seen on screen.

Visit the exterior of the pub seen as the Two Brewers where Andy and Lance unwind after a day of detecting and the DMDC gather. Explore the castle and surrounding area that appears throughout the series and learn about its real-life significance, including its royal connections and links to modern pop culture. Discover many more filming spots, including Maggie's shop, the site of the open mic night and hear about the show's music, including the creation of its iconic theme song. See Framlingham College's exteriors, used for Andy's interview scenes and other key moments from the series.

End the tour at the home used for Terry and Sheila, where many memorable moments and meetings take place.

Whether you're a dedicated fan or simply love exploring scenic English towns with rich history, this tour offers a relaxed, engaging, and highly immersive experience.

Tickets: Adults (16+) £25; Children (5 – 15) £20; Infants (0 – 4 years) FREE



CITIZENS ADVICE EAST

Consumer problems and Trading Standards

In a perfect world, buying goods and/or services goes smoothly and as expected. We know what we want, and when we want it, and have a rough idea of what we are prepared to spend. We find a reliable supplier or contractor, agree terms and price, the goods/services are delivered to our satisfaction and we pay for them. Job done.

Unfortunately, things don't always go to plan. If there's a problem with a purchase, you might be entitled to a refund, repair or replacement – assuming the issue can't be resolved by preliminary discussion with the supplier or contractor. You'll have legal rights if an item you bought (new or second-hand) is broken or damaged ("*not of satisfactory quality*"), unusable ("*not fit for purpose*"), not what was advertised or doesn't match the seller's description. Goods/services may have been supplied with a warranty or guarantee – if that is the case, check to see if it is still valid and if the alleged fault is covered by it.

If you need help, contact Citizens Advice East Suffolk (0808 278 7866 or email caescoastal@caes.org.uk), or our specialist consumer advice helpline on 0808 223 1133. You should give as much information as you can (don't worry if you don't have it all – just tell the adviser what you know): brief details of your problem, e.g. when you paid for the goods or services; how much you paid; how you paid for it; whether you did so in a shop or online; the seller or trader's name and address; what you've done so far to try to resolve the issue.

If you have been sold something that is unsafe or dangerous (e.g. electronic appliances with faulty wiring or food past its use-by date); is not as described (e.g. you bought a package holiday but something advertised wasn't included); is not what you wanted to buy (e.g. pressure was put on you), or is fake, it may be appropriate for the issue to be referred to Trading Standards.

Trading Standards services are provided by local authorities.

You will need to contact the Citizens Advice consumer service first (local or specialist – contact details above) which will pass the matter on to the local Trading Standards office. They will use your information to decide if they will investigate and will only contact you if they need further details.

Trading Standards may also investigate a business if you have been scammed; if the business tried to stop you using your legal rights; they weren't clear about price or extra costs; they sold products to people who looked underage without asking for ID), or they undertook work that wasn't carried out properly. For further information about Trading Standards, see <https://www.citizensadvice.org.uk/consumer/get-more-help/report-to-trading-standards/>

Contact us:

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(lines open 10 - 2 Mon-Fri).

CARE HOME OPEN MONTH

Aldringham Court to Go World Cup Crazy for Care Home Open Week!

Staff and residents at Aldringham Court are getting ready to throw open their doors to the local community as part of Care Home Open Week, taking place from **15th to 21st June 2026**.

Care Home Open Week is a national event that sees thousands of care teams across the country welcoming visitors in, giving people the chance to meet residents and staff, look around the home and find out more about life in care.

This year's theme, 'Care is Coming Home' and has a World Cup feel, with homes across the country being encouraged to get into the football spirit. At Aldringham Court residents have already been sharing their favourite football memories and are looking forward to choosing which countries they'll be supporting during the week.

The home has planned a range of themed activities to bring everyone together. Plenty of opportunity for residents, families and visitors to join in the fun.

Events taking place during the week include:

Thursday 18 June: Coffee Morning 11am - 12pm; Memories with a Cuppa 11am - 3pm

Friday 19 June: Garden Party 1.30pm – 4.30pm

Local people, community groups and families are all invited to pop in during the week, enjoy the activities and see first-hand what daily life at the home is like. Irina Catanescu - Regional Manager at Aldringham Court said:

"Care Home Open Week is always a lovely chance for us to welcome people into our home and show what life here is really like. The football theme has already got everyone talking, and it's been great to see residents sharing memories and getting involved in the plans."

As well as celebrating with themed events, the week is about strengthening links with the local community and helping people feel more confident about stepping inside a care home. Anyone interested in attending an event at Aldringham Court during Care Home Open Week is encouraged to contact the home 01728 832191 for more details.



www.healthcarehomes.co.uk

Aldringham Court
Aldeburgh Road, Aldringham,
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We currently have both permanent and respite vacancies. Call us today to book a viewing and meet our amazing team.

Call 01728 832191 or visit healthcarehomes.co.uk

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Award 2026

TOP 20

CARE HOME GROUP

carehome.co.uk



Care Home Open Week
Monday 15th June - Saturday 20th June
Join us for a week full of events and activities. Come and meet our team and discover what we have to offer.

GOLFERS BATTLE IT OUT IN THE RYDER 'PUP'

Golfers from Suffolk and Essex are going head-to-head in a very special Ryder 'Pup' in June to see who really is top dog. While the Ryder Cup sees Europe take on the United States, this version is hosted by the RSPCA with money going to the charity in both counties. The event, on **12 June** will give golfers the chance to play on one of the best courses in the region – the Gainsborough course at the Stoke by Nayland Resort – set in 500 acres of Dedham Vale Area of Outstanding Natural Beauty. The day-long fundraiser will see two-person teams from both counties go head-to-head, in a pairs match-play format. As well playing the 18-hole Gainsborough course, pairs will face other on-course challenges including nearest the pin and longest drive.

RSPCA fundraiser, Lorna Goodwin, said: *"Not only will this be a fantastic day out, players will be helping to fund vital vet care, safe shelter and rehabilitation for local animals in need across Suffolk and Essex."*

As well as an exceptional golfing opportunity, there will be a sausage bap and hot drinks on arrival, with a two-course barbecue lunch on a balcony overlooking the grounds. The day will also see a charity raffle and fundraising auction, before a final prize giving ceremony.

Lorna continued: *"What an opportunity to discover which county really has got what it takes when it comes to golf. Fingers crossed no one ends up in the 'ruff'"*

The prestigious Stoke by Nayland course has hosted multiple European Seniors, European Challenge and PGA Europro Tour events. Tickets are £200 per pair, with opportunities to sponsor a hole at the event. Registration on the day opens at 8.30am, with the putting green open from 9.30am ahead of the tee-off an hour later.

To book a ticket, sponsor a hole or supply a raffle prize, contact lorna.goodwin@rspca-suffolkcentral.org.uk or call 07842 93593.

For more details on this event visit: <https://rspca-suffolkcentral.org.uk/news-events> or scan the QR code:



Black Lab Charlie, Lurcher Bentley and Chihuahua cross Chip, all waiting for new homes at the Martlesham Animal Centre

A CHARITY INDIAN LUNCH

June 14th, 1pm at Sibton Church. IP17 2BN

While the world looks towards other crises, people in rural south Asia continue to find staying alive just as challenging; living somehow in inadequate housing, without public services or even a patch of land or a well for clean drinking water to support them.

On June 14th the Friends of St Peter's Church, Sibton are hosting a three course Indian Lunch in Sibton Church organised by the Suffolk based charity Al Tazid Foundation (Reg. Char. Nr. 1164525).

The food is cooked by professional chefs of Royal Jorna Indian Restaurant in Ipswich.

All funds raised go directly to help the poor in rural NE Bangladesh who struggle to live at subsistence level.

Come and hear how the charity works in communities personally known to trustees of the Foundation.

Tickets (£25 - cash only please) will be available on the day. In order to help estimate catering needs, please email sibtonchurchfriends@gmail.com by 12th June with the number of people in your party intending to come.



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FILM @ FRAM

Nouvelle Vague (2025) 12A - 10th June 2026

Director: Richard Linklater
 With Guillaume Marbeck, Zoey Deutch
 Runtime: 106 mins
 Language: French, English, Italian

Richard Linklater's love letter to the revolutionary magic of the French New Wave, reimagining the making of Jean-Luc Godard's *Breathless*, which cemented Godard's status as a pioneer of global cinema. Capturing the youthful dynamism and creative chaos at the heart of one of the world's most beloved and influential movies, *Nouvelle Vague* transports us to the streets of 1959 Paris for an ode to the transformative power of cinema. In black and white.

"Linklater's intention for his first black-and-white and first foreign language film was to create a movie that might have been crafted by one of Godard's contemporaries and stuck in a closet for a few decades. He pulls it off so perfectly that you can positively smell the Parisienne smoke." Austin Chronicle

Hamnet (2025) 12A – 8th July 2026

Director: Chloé Zhao
 With Jessie Buckley, Paul Mescal
 Runtime: 125 mins

Based on the novel by Maggie O'Farrell, who co-wrote the screenplay. William Shakespeare (Paul Mescal), a young Latin tutor, falls in love with the free-spirited Agnes (Jessie Buckley) and marries her despite his parents' disapproval. In due course they have three children, but William heads to London to pursue his career as a dramatist, leaving his family in Stratford. During his absence young Hamnet (Jacobi Jupe) falls sick with the plague and dies before his father arrives home. Later Agnes journeys to London to watch her husband's latest play, *Hamlet*. Based on the novel. Jessie Buckley's performance won her the Best Actress Oscar and BAFTA award, and the film had 7 other Oscar nominations.

"Buckley's performance is ferocious and astounding." New York Times

Rental Family (2025) 12A - 12th August 2026



Director: Hikari
 With Brendan Fraser
 Runtime: 109 minutes
 Language: English, sub-titled Japanese

Set in modern-day Tokyo *Rental Family* follows an American actor (Brendan Fraser) who struggles to find purpose until he lands an unusual gig: working for a Japanese "rental family" agency, playing stand-in roles for strangers. As he immerses himself in his clients' worlds, he begins to form genuine bonds that blur the lines between performance and reality. Confronting the moral complexities of his work, he rediscovers purpose, belonging, and the quiet beauty of human connection.

"Utterly charming." New York Times

There is no need to book, unless you want to pay by card. Visitors and guests are welcome and entrance is £4 for members and £6 for guests/visitors. our bank details, just let us know. Or you can book online:
<https://www.ticketsource.co.uk/filmfram>.
 Facebook: <https://www.facebook.com/filmatfram/>
 Instagram: <https://www.instagram.com/filmatfram>
 Website: <https://mycommunitycinema.org.uk/cinemas/filmfram/>

BAWDSEY RADAR MUSEUM

Activities continue at the block this month. The Museum is open every Thursday, Sunday and Bank Holidays.

Amateur radio station GB2BRS will be operational on certain days over the summer, including **18th June**.

Come and say hello to the world!

The second series of our podcasts 'Echoes of Bawdsey – The Story of Radar' will also be rolling out over the summer. Available on our website and most audio streaming sources.

Further details of all our activities:
 Visit: www.bawdseyradar.org.uk

Email: info@bawdseyradar.org.uk or Tel: 07821 162879.





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Friday	8.30am - 2pm
Saturday	Closed

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**THURSDAY
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DATES FOR YOUR DIARY

JUN 11 Little Hoo-ligans - Sutton Hoo's outdoor toddler group. Enjoy a variety of outdoor activities including trails, crafts, games and songs at this monthly group for 2 to 4-year-olds and their parents/guardians. No need to book, just turn up on the day. Email: suttonhoo@nationaltrust.org.uk, phone: 01394 389700. 10.30am – 12noon at National Trust Sutton Hoo. IP12 3DJ

JUN 11 Minsmere Safari. Our guides will treat you like a VIP as they take you on an exclusive tour in our 4x4 vehicles, introducing you to some of Minsmere's special wildlife, habitats and hidden history. Excellent photographic opportunities. Four people maximum per vehicle. Email: minsmerer@rspb.org.uk, phone: 01728 648281. Website: events.rspb.org.uk/minsmerer

JUN 13 The Lettering Arts Trust Pop-up Shop and Letter carving talk. 10am - 5pm at Aldeburgh Church Hall, Victoria Rd, Aldeburgh IP15 5DY. 11.30am Tour of letter carving in the church yard and talk; 12noon – 1pm. Drinks. Free event

16 JUN Fantastic Flowers at RSPB Minsmere. Join RSPB's flower expert, Steve, to discover some of the fantastic flowers found at Minsmere. The May walk will focus on the flowers of Minsmere's drier habitats, including grasslands and heath. In June we'll look at the marvellous marshland flowers. Email: minsmerer@rspb.org.uk, phone: 01728 648281. 10am – 12noon at Minsmere IP17 3BY

JUN 24 Fram Concerts: Rose Gosney (Violin). BBC Young Musician quarter finalist 2024 and former leader of the National Youth Orchestra with Duncan Honeybourne (piano). 1.30pm at Framlingham Church. Tickets £10 by email: framconcerts@outlook.com, on the door or online @ www.ticketsource.co.uk/framlingham-concerts

JUN 25 Saxmundham History Society meeting. 'The Old Shops of Saxmundham' with Richard Wills Crisp & Rob Potter. We meet on the fourth Thursday of the month at 2.30pm in the URC, Chapel Road, Saxmundham. IP17 1BJ. Visitors £3. Annual membership £18. Enquiries to Jenny 01728 604608

JUN 25 Little Strollers Walking Group at Sutton Hoo. Take your little ones for a gentle stroll around the landscape at Sutton Hoo along the pram and pushchair friendly pathways led by one of their volunteers. No need to pre-book, please just turn up on the day. The walk is aimed at new parents and guardians of children under the age of one. Please note that our footpaths may be rough under foot and slightly muddy in wet weather. Free entry. Email: suttonhoo@nationaltrust.org.uk, phone: 01394389700. 10.30am – 12noon at National Trust Sutton Hoo. IP12 3DJ

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THE CITY OF DUNWICH BELLS LIE ON THE SEA BED - ARE THEY RINGING STILL?

JUN 13 & 14 Westleton Garden Trail. 14 varied and interesting gardens and the new Village Allotments. Large and small, old favourites and new ones too. Refreshments available at the Village Hall and a plant stall. All proceeds to local charities. Entry by programme from the Village Hall at £5 each on the day, accompanied children under 16 free. Programme covers both days and gives the opportunity to split your visit over the weekend. 12noon – 5pm at Village Hall, Westleton, IP17 3AD

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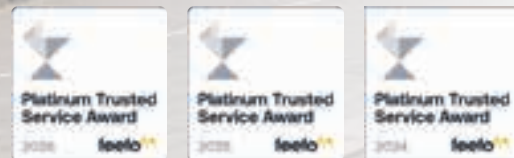
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ALDEBURGH YACHT CLUB

It has been a busy time at Aldeburgh Yacht Club since the sailing season started in March. The moorings on the river have been filling up, as has the dinghy park.

The club is an RYA training centre which is run by our new full-time instructor Seb Garfield. Seb, who is from Woodbridge, has a busy schedule of courses running across the year, having already delivered instructor and power boat training in his first few weeks.

In June, we will be welcoming 13 of the local primary schools with up to 250 children joining in during our programme. This will be delivered by Seb with the backing of the Aldeburgh Schools Sailing Trust and numerous volunteer members whose long-standing support has brought over 2,000 children for sailing and water sports on the Alde in recent years. We will also host older students from South London alongside our partners, the BigKid Foundation.

Junior sailing started on Sundays in April. In July we will move to a daily programme, followed in August by our Junior and Youth Regatta and then our main Regatta. We are celebrating the achievements of Matilda Nicholls, one of our members who has been one of the British Sailing Team since 2019 and is now well into her Olympic campaign for Los Angeles 2028 and Brisbane 2032.



On the water, we have been racing on Saturdays and Wednesdays and have held open meetings and our annual two-day Spring Regatta.

We are expecting visitors throughout June including cruisers from the Royal Yacht Squadron and to join our Dragon class. Our Loch Long sailors are heading to Cornwall and Scotland over the coming weeks.

We are, of course, far more than a sailing club. Recent social events include an evening hosted by local entertainer Iestyn Edwardes, talks, dinners and a quiz. We have lots planned for 2026, so please visit our website to see what's to come. www.aldeburghyc.org.uk.

We pride ourselves on being a friendly and welcoming place. Anyone interested in joining or finding out more should get in touch via office@aldeburghyc.org.uk.



Aldeburgh Yacht Club is a great place to learn and develop new skills.

AYC is a Royal Yachting Association (RYA) recognised training centre running courses for every level from beginner to expert, including power and safety boating and first aid.

Our Summer sailing courses run through July and August, Monday to Friday. Whether you're new to sailing or if you already enjoy sailing and want to do more, book onto one of our RYA sailing courses.

Spaces are still available on some of our courses, please visit our website www.aldeburghyc.org.uk/book_courses_at_ayc to view the full programme. Book your course through the online booking forms.

Private sailing tuition is available for all throughout the season in dinghies and this is a great way to improve on water confidence, or work on specific skills – whatever level you are.

To find out more about training opportunities at AYC, please email training@aldeburghyc.org.uk.



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LISA'S FARMHOUSE KITCHEN

Lisa's Farmhouse Kitchen is a quietly wonderful food experience - a place where real cooking is taught with warmth and integrity. In the small village of Ashfield-cum-Thorpe, Lisa Luxmoore has created a space where people rediscover the pleasure of making food thoughtfully and joyfully.

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Equally satisfying are her Indian cookery workshops where she guides people through the fundamentals of developing complex

flavours using simple spices and techniques in recipes that have been passed down to her - it's soulful everyday cooking that anyone can master.

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Framlingham Focus is your free local paper, 2000 copies are printed every month.

We distribute the magazines door to door and to many varied outlets. The next issue will be published on Wednesday 1st July, copy deadline is 14th June - but the earlier the better to ensure inclusion. Contacts/Advertisers/Editorial: Louise Gissing at Leiston Press, Unit 1b Masterlord Industrial Estate, Station Road, Leiston, IP16 4JD

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Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.

PROJECT UPDATE

JUNE 2026

The works on Sizewell C are progressing very well and on track. We have launched a new hybrid website comprising the Sizewell C Works Tracker and causeway one that can be accessed from the Works Tracker.



This new feature will give the community further information on traffic management and road works across the East Suffolk network which help people plan journeys and further improve accessibility. The site will include an automated table of works related to Sizewell C which is updated in real time: szcworkstracker.co.uk/causeway-one-network



Information on the business support service and tourism fund which are managed by East Suffolk Council can be found at: eastsuffolkmeansbusiness.co.uk/business-support/resources/sizewell-c-tourism-events-grant

Construction works around the Friday Street roundabout and Yoxford roundabout continue with the removal of the redundant parts of the A12 and building of the footways. Once these are complete later this summer, the landscaping work will begin with initial planting of new hedgerows, trees and grass in the autumn.

At Yoxford, the similar work will require a weekend closure 8pm on Friday 19 June – 5am Monday 22 June.

In early June, we will start the next phase of the A12 improvement works. This time in Marlesford, in which a new pedestrian crossing will be built along with road junction improvements. These works will involve night time road closures and day time traffic management. The Sizewell C Works Tracker will be updated throughout the works.

The Park and Rides are open with Sizewell C workers parking their cars and catching a bus to get to the Leiston sites. The road adjustments have been completed around the Wickham Market site, and the roundabout at the Park and Ride in Darsham continues to progress with the required traffic management removed, easing the traffic flow.

Finally, the Two Village Bypass at Stratford St. Andrew and Farnham is now in the full construction phase. Most of the works are carried out away from the existing road network, which will reduce disruption on the road network. The new works compound that will be accessed from the A12 is now operating and the speed limits along the A12 have now returned to normal (30mph through the villages of Farnham and St Andrew, 50mph on the A12 towards or coming from Ipswich).

Thank you for patience during these works. To find out more about the progress of the works the next round of community forums are listed below.

FORUM

SCHEDULE

Forum timings

18:00 - 20:00
(Arrival from 17:45)

Southern Transport Forum Wednesday 3 June Stratford St. Andrew Riverside Centre

Main Development Site Forum Wednesday 8 July Leiston Town Athletic Association (LTAA)

For more information and for more forum dates visit sizewellc.com/community/forums

*Calls to 0800 numbers are free from UK landlines. Call costs from mobile and international numbers may vary.



Sizewell C

What's On at
Leiston
 Film Theatre

Fri 5th June at 7.15pm
 Sun 7th June at 6.00pm

MICHAEL 12A

Sat 6th June at 12.00pm
 Sun 7th June at 3.00pm

THE SHEEP DETECTIVES PG

Sat 6th June at 7.30pm. **LIVE ON STAGE**

**SHADES OF SIMON
 A TRIBUTE TO PAUL SIMON**

Mon 8th & Tues 9th June at 7.15pm
 Wed 10th June at 3.00pm & 7.15pm
 Thurs 11th June at 1.00pm

THE CHRISTOPHERS 15

Fri 12th & Sat 13th June at 7.15pm
 Sun 14th June at 6.00pm
 Mon 15th June at 7.15pm
 Tues 16th June at 3.00pm
 Wed 17th & Thurs 18th June at 7.15pm

TUNER 15

Sat 13th & Sun 14th June at 12.00pm
ALL SEATS £5.00

CHARLIE THE WONDER DOG PG

Mon 15th June at 2.00pm
 Tues 16th June at 7.15pm
 Wed 17th June at 2.00pm
 Thurs 18th June at 3.00pm

MY MOTHER'S WEDDING 15

Fri 19th - Thurs 25th June

**PROGRAMME TO BE CONFIRMED
 PLEASE CHECK WEBSITE FOR DETAILS**

Fri 26th & Sat 27th June at 7.15pm
 Sun 28th June at 6.00pm
 Mon 29th, Tues 30th June & Wed 1st July at 7.15pm

DISCLOSURE DAY 12A

Sat 4th July at 7.30pm. **LIVE ON STAGE**

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