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A NOTE FROM OUR EDITOR



Leiston has a new councillor – Joanna Atherton and a new Live Well Hub Manager, Briony Peall. The hub provides a welcoming environment where people can connect with others, access support and enjoy activities. Maintaining our mental health and wellbeing is so important and the council clearly recognises this. With the festive season approaching, the added pressures can be a challenging time for some. We must take care of our minds, just as we do our physical wellbeing.

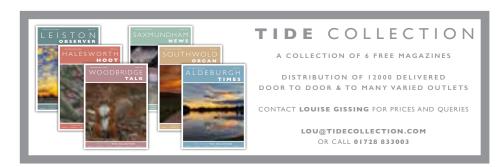
Please get in touch if you have anything to share with our readers or if you have a festive event coming up why not consider increasing your footfall by placing an advert in the Tide

Collection? I would love to hear from you, email me at: lou@tidecollection.com

Quote of the month

No one saves us but ourselves. No one can and no one may. We ourselves must walk the path.

Buddha



INSIDE YOUR MAGAZINE...

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FRIDAY STREET FARM

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OUR ANNUAL

Food & Drink Event

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SAT 15TH NOVEMBER 10AM - 4PM









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SHOP 8:30AM-5:30PM, KITCHEN 8:30AM-4PM 01728 602783 WWW.FRIDAYSTREETFARM.CO.UK

LEISTON-CUM-SIZEWELL TOWN COUNCIL

By Election Result

Leiston-cum-Sizewell Town Council is pleased to announce the result of the recent byelection held on 2nd October 2025. The successful candidate was Joanna Jane Atherton who has been duly elected to serve as councillor for Leiston-cum-Sizewell Town Council. The Council would like to thank both candidates for standing and offering residents a choice, and we thank all those who voted for taking part in the democratic process.

Leiston-cum-Sizewell Town Council Welcomes New Manager, Bryony Peall

We are delighted to announce the appointment of Bryony Peall as our new Live Well Hub Manager. Bryony brings years of experience in community engagement, health and wellbeing and a care background. Bryony will play a key role in supporting the Hub's aspiration to provide a welcoming space where residents can connect, access services, and enjoy activities that support healthier and happier living. In her new role, Bryony will be responsible for overseeing the day-to-day running of the Live Well Hub, expanding, enhancing and developing new programmes, and strengthening partnerships with local organisations to ensure the Hub continues to meet the needs of the community.

"I'm really excited to be joining the Live Well Hub team," said Bryony. "The Hub is such an important resource for the community, and I look forward to building on its success and helping even more people access the support and opportunities it offers."

The Mayor of Leiston-cum-Sizewell Town Council, Cllr Lesley Hill said: "We are thrilled to welcome Bryony on board. Her energy, passion, and experience will be invaluable in shaping the future of the Hub and ensuring it remains at the heart of our community."

The Live Well Hub underpins positive mental health and wellbeing, by bringing together people to reduce social isolation, improving social connectivity and integration as well as providing support 'for when life gets complicated'.

For more information about the Live Well Hub, contact Bryony Peall on livewellmanager@leistontowncouncil.gov.uk or telephone 07955 437070.

Diary Dates

A reminder that Full Council meets on the second Tuesday of every month at the Community Centre from 6.45pm.

An Extraordinary Council Meeting is planned for November 18th to meet with Network Rail.

Agendas are posted on the noticeboard outside the Council Offices and published online at:

www.leistontowncouncil.gov.uk
For further information, please contact the Council Offices:
Tel: 01728 830388
Email: office@leistontowncouncil.gov.uk

We look forward to hearing from you.

LEISTON & SIZEWELL WARTIME MEMORIES PROJECT

A display will be held at the United Church, Leiston on Saturday November 29th from 12.30 - 4.30 pm.

The contributions will be on show, with more about RAF Leiston/Theberton Airfield, local Suffolk Land Girls, rationing and war poetry, with some original poems. Entry is free, and refreshments available (a small donation). Please come along and see what's been happening.

There is still time until the end of the year to send in your stories and memories from your family history. Or perhaps you would like to contribute a poem or piece of creative writing about the war. Please email: a_skelcher@hotmail.com or pick up a leaflet (or leave me a message) at Leiston Library in the Old Post Office Square.

Anyone with a link to Leiston and Sizewell is welcome to contribute memories and family histories from WWI and WW II. Perhaps you work here, or you've moved here recently, or your family lived here in the past.



Two Land Army girls sawing timber for pit props, Suffolk via Wikimedia Commons)







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ALDEBURGH MUSIC CLUB presents HANDEL'S MESSIAH

Snape Maltings Concert Hall. Saturday 29th November 2025 at 7.00pm

Aldeburgh Music Club – founded by Benjamin Britten in 1952 - return to Britten's Snape Maltings Concert Hall on November 29th with one of the greatest choral works of all time – Handel's MESSIAH.

First performed in 1742, Messiah has since become one of the best loved of all choral works, especially in its retelling of the Christmas story, a perfect start to the festive season. Amongst the many famous choruses are 'For unto us a child is born, Glory to God', and of course the Hallelujah chorus, in which the audience traditionally stand and are invited to join in.

Aldeburgh Music Club Choir will be accompanied by the Suffolk Baroque Players, led by Kathryn Parry, and be joined by a brilliant quartet of locally-based professional soloists – Elenor Bowers-Jolley (soprano), Diana Moore (mezzo soprano), Jonathan Hanley (tenor) and Rob Gildon (baritone). The performance will be conducted by the Club's Director of Music, Tom Appleton.

The performance starts at 7.00pm, and tickets, priced at £35, £25, £20 and £15, are available from the Snape Maltings Box Office or online at www.brittenpearsarts.org. People under the age of 18 can get in at half price. For further information regarding the Club or this concert, please contact David Edwards dwe450@gmail.com

The Engineers Arms
Leiston 01728 635883



November Events

Saturday 22nd Ace Karaoke

Sunday 23rd Ace Karaoke



Find us on Facebook

NATIONAL AWARD FOR GREENSNAPE

Derek and Lesley Walduck have been named 2025 winners of the 'David Wood National Landscape Award' in recognition for their inspirational work leading the GreenSnape Community Group.

The annual award is presented to an individual, organisation or community group that has made an outstanding contribution to the Suffolk & Essex Coast & Heaths National Landscape.

*Green*Snape Community Group was founded in 2017 to protect and enhance the environment in and around Snape for the benefit of people and wildlife.

Inspired by Derek and Lesley, the group membership has grown to 115 people of all ages in a village of 650 residents, while raising thousands in donations and grants for transformative projects carried out by volunteers.

The range of achievements by GreenSnape, led by Derek and Lesley, include landscape scale projects to restore and enhance Snape Common, Priory Wood, the village green and verges, while also organising conservation work parties, events, talks and visits each year.

Nick Collinson, Chair of the Suffolk & Essex Coast & Heaths National Landscape Partnership said:

"Under the inspiring leadership of Derek and Lesley Walduck, GreenSnape stands as a powerful example of what passionate, dedicated volunteers can achieve when united by a common goal.

"Their work has brought a community together and will leave a lasting legacy on the landscape, wildlife, and village life for years to come."

Derek and Lesley Walduck said:

"We're very honoured to receive such a prestigious award and also very grateful to National Landscape for their support over the years, especially with a number of generous grants. We're very proud of our GreenSnape committee and volunteers for all their hard work and commitment.



"We have a great community in Snape with many supportive groups that we enjoy working with, in particular, Snape Parish Council, the Churchyard team and Snape School.

"It's important at a time when our area is so much under threat from energy infrastructure that we all do what we can to help our beleaguered environment at a local level."

The award is named after David Wood, who served as Chairman of the Suffolk & Essex Coast & Heaths National Landscape for more than 20 years and was instrumental in securing the historic extension of the National Landscape to include the Stour Estuary in Essex in 2020.

The Suffolk & Essex Coast & Heaths National Landscape stretches from Kessingland in North Suffolk, down to the Stour Estuary in North Essex, covering an area of 170 square miles. The area is nationally designated because of its outstanding natural beauty and importance for wildlife. You can find out more about David Wood National Landscape Award at coastandheaths-NL.org.uk/awards.

DRIVING INSTRUCTORS NEEDED!

There's a shortage of driving instructors. If you've tried to book lessons recently for family or friends, the replies you get are: 'Fully booked,' and: 'No spaces for six months,' and: 'I'm not taking on any new pupils.'

Why not **train to be an Approved Driving Instructor** - ADI - and provide this vital, much-needed service for new drivers. The average price of driving lessons is **£40 per hour** and you can work as many or as few hours as you like. It's a **flexible, future-proof profession** and, as a self-employed driving instructor, your hours can be tailored to suit you - around family commitments, for example.

The minimum age is 21 and there's no upper age limit. You must have no more than 5 points on your driving licence. Following a DBS background check, **the qualifying exam consists of three separate tests**: Theory, Driving and Instructional Ability. On average, it can take about six months to qualify but there are many factors that can affect the timescale, particularly test availability.

Train one-to-one with **Suffolk-based** Instructor Training & Publications [ITP], a **DVSA ORDIT [Official Register of Driving Instructor Trainers] Approved Training Establishment** with 40 years' experience in the driver training industry.

Please visit the website **www.instructor-training.co.uk** and click on 'ADI Training +' and then 'Your Route to Becoming an ADI' for all the details and costings.

ITP | www.instructor-training.co.uk | Tel/Txt: 07725 121 121

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MAGIC OF CHRISTMAS

Prancing reindeer, rocking Santas, a moving nativity scene, toe-tapping music and dynamic dancing are set to delight audiences at Snape Maltings Concert Hall from December 5th in a new show, Magic of Christmas. The award-winning Co-op Juniors Theatre Company returns to the world-famous venue with a brand new festive spectacular of music and dance for the whole family, with affordable prices and a discount for children. Directors Harriet and Ellena Bacon are taking the company of almost 100 performers and the audience on a magical musical journey.

"We're tapping into the spirit of Christmas," they said. "There are lots of surprises in store, many magical moments and stunning staging. We're so excited to share it with audiences, as we connect with families to celebrate Christmas with our young performers."

The huge stage set has animated projection and thousands of twinkling lights, together with hundreds of specially created costumes. As the largest youth musical theatre production in the UK, it's become a must-see for audiences across East Anglia, with seats from just £15.

Selecting the right mix of musical styles is a challenge for the creative team. Musical director Nicholas Sheehan works with composer and arranger Emily Bennett, five choreographers and artistic director Oliver Brett to bring together a breath-taking selection of musical delights.

Producing the hundreds of costumes needed for so many performers requires an experienced team, led by Jeannie Ingram and Cilla Tricker. They have costumed literally thousands of performers for Christmas and summer musical shows over more than two decades.

Says Jeannie Ingram, "The look and feel of the costumes has to reflect the mood of the music and the choreography, so we start in September as soon as the cast begin rehearsals."

Tickets for Magic of Christmas are £28, £21 & £15. Discounts for seniors, children under 16 and groups. Book 01728 687110 or online at brittenpearsarts.org. Select the What's On tab and search for Magic of Christmas.





LEISTON FOOTBALL CLUB

Blues announce new first-team shirt sponsors.

Leiston Football Club are thrilled to announce new first-team shirt sponsors. Flick & Son, who have offices in Aldeburgh, Beccles, Leiston, Saxmundham and Southwold, are the club's new first-team shirt sponsors, their branding adorning both the team's home (blue) and away (pink) kits, in what is a multiseason deal that both parties are hugely proud of.

"I'm absolutely delighted," said Paul Gray, CEO of Flick & Son. "I've been involved in the club now for four years and it's been fantastic to see it continue to grow. The volunteers, the people who give their time are all wonderful and it's an absolute honour to be the sponsors of the first-team shirt.

"It brings a smile to my face to see our brand on the shirt. Flick & Son is a brand I'm very proud of, a company that is very professional and sits itself nicely alongside a football club, in Leiston FC, that has the same ethos."

Blues chairman Andy Crisp said: "We are naturally thrilled to have Flick & Son adorn our first-team shirts. Paul and his team are hugely successful and run a very professional independent estate agency. They're a local, first-class business and for a football club like us, the perfect fit.

"We look forward to working many more years with them and thank them for their support."



New stadium name for the Blues home ground.

Leiston Football Club are thrilled to announce the re-naming of their stadium. In a multi-season deal, the Blues' Victory Road ground is to be renamed 'The Flannery Stadium' as the club joins forces in a new naming rights partnership with UK plant hire company, Flannery.

"It's a fantastic partnership for us and Flannery," Blues chairman Andy Crisp said. "Flannery are a top UK business in their sector, have a passion for being involved in the local community and are already exploring exciting opportunities for them and us, going forward."

I would like to thank Patrick and everyone at Flannery for their support. These are exciting times for the football club, and Flannery."

Flannery are not only leaders in the UK plant hire sector but are also recognised nationally for their commitment to skills and training. Flannery holds a national DfE contract with the government to deliver the highest-quality Plant Operator training across the country, upskilling 700 plant operators per year, strengthening opportunities for people in the region to build rewarding careers in construction.

Flannery's Patrick O'Leary said: "It's a great opportunity for us to be involved at Leiston FC, their accomplishments already, and what their plans are. It's an exciting partnership being in and around Leiston and being involved in the community. The stadium itself is impressive, the pitch, the set-up is so professional. Everything about the club is right and we are excited to be part of it."



The Leiston Experience - how to get involved.

With the season now up and running at The Flannery Stadium, there are always opportunities to volunteer and get involved at Leiston Football Club. Step 3 is just three Steps below the actual Football League 2, and the professional game. That's the standard of football at the Club. It's a high level of nonleague football, some of the best in the country. Visitors to Leiston include the likes of Worcester City, Harborough Town, Kettering Town, Stamford, Stourbridge and local derbies against AFC Sudbury, Bury Town and Needham Market. Founded in 1880 Leiston Football Club is one of the oldest and most established non-league clubs in the UK. If you would like to be involved at Leiston Football Club, from becoming a match day volunteer through to bespoke sponsorship packages for the 25/26 season, that include Matchday, ball and individual player sponsorship, contact Andy Crisp on 07769 904555 or e-mail acrisp5@aol.com and see how you as an individual or your business can enjoy being part of the Leiston FC experience. More companies and individuals are getting on board, and we are truly grateful for their support and sponsorship.

For information on the club, news and teams, head over to www.leistonfc.co.uk or follow Leiston on X, Facebook, WhatsApp and Instagram @leistonfc









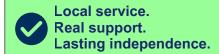






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THE BAND OF THE ROYAL BRITISH LEGION, LEISTON

The Band, proudly licensed under the banner of The Royal British Legion, is thrilled to announce the success of their public collections held this summer in Aldeburgh and Southwold.

Aldeburgh Sea Front18th May: £517.74 Southwold Sea Front 22nd June: £232.35 Aldeburgh Carnival Church Service: £260.72 Southwold Sea Front 7th September: £107.61

Total raised: £1,118.42

The band would like to extend its heartfelt thanks to everyone who contributed to the collection. As part of their commitment to supporting The Royal British Legion, 10% of all collections will be donated to the Royal British Legion Poppy Appeal. (£111.84). The remainder of the funds raised will directly support the band's continued efforts to nurture and develop new and existing players. These funds help cover the costs of instruments, music, uniforms, and essential expenses such as the rental fee for our band room and instrument upkeep. The Band is dedicated to fostering local talent and providing musical opportunities for all. Our main band practices are held on Mondays and Thursdays from 8.00 to 9.30pm, with a dedicated Training Band practice on Thursday evenings from 7.00 to 7.45pm.

Whether you're an experienced brass player, drummer, an explayer or someone new to music we welcome you to join us! Please visit our website or contact Nikki Glennon-Bird, Band Secretary, at secretary@leistonband.org.

Nikki Glennon-Bird

Band Secretary

Email: secretary@leistonband.org Website: www.leistonband.org

The Band Room, 17 Victory Road, Leiston, IP16 4DQ





Join us at Old Hall Southwold this November and kickstart your festive season with a visit to our fantastic two-day Christmas Makers Market on Saturday 15th and Sunday 16th November!

With over 55 makers in attendance our FREE TO ENTER market is the perfect place to start (and finish!) your Christmas shopping.

You'll find an incredible selection of stalls under the cover of our Big Barn featuring designers and makers across a huge variety of mediums: jewellery, ceramics, homeware, textiles, woodwork, fine art, cakes, cosmetics, greetings cards, fashion, glassware, candles and so much more!

We've recruited some brilliant local musicians to help you bop whilst you shop, and weather permitting, we'll have a very special visit from the beautiful mini donks from the Miniature Donkeys for Wellbeing charity.

In Kids Corner we'll be offering festive facepainting, and Wendy the Elf will be helping the wee ones write and post their letters to the big man.

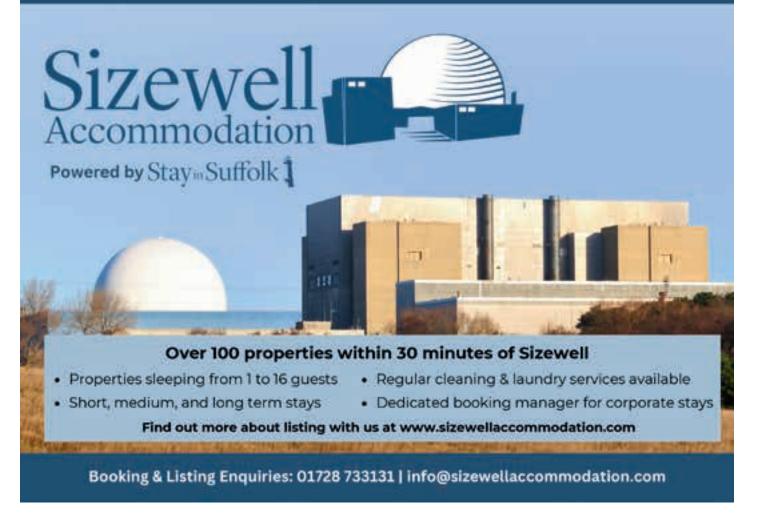
The team from Churros and Chorizo will be bringing along their street food trailer serving a delicious Spanish inspired menu of burgers and churros, and our lovely cafe will be open as usual serving breakfasts, lunches, and great coffee.

With oodles of free onsite parking, the best of our region's designers and makers in attendance, AND free entry, come and show your support for local, small businesses and make Old Hall your first stop for Christmas shopping this year!



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LEISURE FACILITIES - THE FUTURE Green Party

By Councillor Sarah Whitelock

Changes at Leisure Centres

You will be seeing some significant changes at your local leisure centre soon - Green led East Suffolk Council has ambitious plans to upgrade and decarbonise three of the district's leisure centres and has secured £4.8m to do the necessary work.

To help residents improve their health and to achieve our goal of becoming carbon neutral by 2030, we are adding £2m to a hard-won government grant of £2.8m for the necessary improvements.

Leisure centres are currently the single largest contributor to the Council's greenhouse gas emissions, accounting for around 42% of the total, so tackling emissions from the buildings is crucial to meeting overall carbon reduction targets. We also want to secure the financial future of leisure centres by reducing their running costs. Put simply, swimming pools are eye wateringly expensive to heat, so good insulation and reduced energy bills are needed to make them financially sustainable. At a time when leisure centres all over the country are being closed due to high maintenance and operating costs, this investment is essential for the planet and residents.

Everyone benefits from physical activity



Upgrades to Leiston, Waterlane in Lowestoft and Deben in Woodbridge will focus on replacing outdated gas boilers with cutting-edge air source heat pump systems for heating and CO2 heat pumps for hot water, significantly cutting energy use and emissions. The Council is also planning solar panel installations at all three sites to help offset increased electricity use from electric-only systems and is exploring a potential project for solar panel car ports at Leiston to further reduce energy bills.

Deben Leisure Centre will benefit from a new roof (the current roof was installed in the 1980s) and ageing equipment due for renewal will also be replaced across all sites.

Work is currently in the planning stage and will begin over the next two years. While there will be some inconvenience, the long-term benefits to the community are huge.

Encouraging Participation

Fewer than two-thirds of adults and less than half of children and young people meet the Chief Medical Officer's guidelines for physical activity (Sport England 2022). Tempting residents into leisure centres with modern facilities and very low cost, or free, opportunities, such as Feel Good Suffolk, The Big Sister Project and swimming lessons, are vital in encouraging the first positive steps towards investing in one's own health and wellbeing. It's not just about mental and physical health, it's also about community cohesion and personal development.

Meeting the Demand for new Leisure Options

The power of leisure activities is huge but planning proposals for new facilities can be contentious. For example, the previous Conservative administration promised a big increase in artificial grass surface ('3G') pitches which are popular with teams who can use them 24/7, but opposition to them can be significant.

If clubs follow planning legislation when applying, we are legally required to approve 3G pitches. However, if local clubs want to receive Council managed grants (mainly the Community Infrastructure Levy) they now have to meet stringent demands on business planning, projected use and capturing micro plastics.

Offering enthusiastic team members a local venue and preventing long and repeated car journeys has to come into the planning equation, as does the value of increasing opportunities for young people to play team sports.

Swimming lessons are vital for children



Access to the outdoors has become so restricted to young people that these new facilities are becoming vitally important in finding rewarding and healthy ways for them to spend their spare time.

A Personal Perspective

Soon after becoming a councillor for East Suffolk I attended a national course for newbies. On the first day the course facilitator (and a council leader) apologised for not being as cheerful as she should be. She fought back the tears as she explained that the previous evening her cabinet had reluctantly decided to close the only remaining public swimming pool in her borough. She described the anger and disappointment of residents because previous administrations had not invested sufficiently in leisure facilities. As a long-term advocate of regular activity to maintain physical and mental health, I vowed not to let that happen in East Suffolk. The plans we are making now will secure the future for our leisure centres for a decade.



Sarah Whitelock, Cabinet Member for Communities, Culture, Leisure and Tourism

If you have any questions or comment on this article, please contact Sarah via info@ eastsuffolk.greenparty.org.uk

Promoted by East Suffolk Green Party, Unit 1, The Silo, Pirnhow Street, Bungay, Suffolk. NR35 2RU

PROJECT UPDATE

NOVEMBER 2025

Welcome to the latest round up of construction activity at Sizewell C.

Sizewell C is now working in multiple areas across East Suffolk whilst we build infrastructure such as park and ride facilities and rail extensions to transport our workers and freight. We are very sorry for the impact this work is having on local journeys. Our teams are working hard to get the new infrastructure built as quickly and safely as possible but we acknowledge that some work, such as the major works to build a new road to by pass two villages on the A12, will take up to two years before it is finished.

As our work ramps up we have introduced a weekly summary of road diversions and closures that can be found on the **Sizewell C Works Tracker** - Track SZC Projects & Get Alerts for New Activities. The update will be added to the Sizewell C social media feeds, our SMS and email alerts.

The traffic lights on the A12 at Marlesford will be lifted and moved off the carriageway by the time of publication. We are reviewing the cones along the A12 and will reduce the number required as much as possible, the lay-by works are due to be completed in early December, however we are making good

progress and hope to complete the work earlier than projected. As we progress the roundabouts at Friday Street and Yoxford, careful traffic management will still be required.

We are working hard to reduce HGV and Sizewell C related traffic, we are reducing the number of office-based workers coming into Leiston as we relocate staff to the Orwell Logistics Park site where 300 desks are available. The office at Orwell will also become the default base for external meetings. We are also opening the Northern Park and Ride in phases with the first partial opening from early November, with a bus service running from the Park and Ride to site. Bus services are also now running from Saxmundham train station as we continue to promote the use of train and public transport.

As part of our commitment to bring 60 per cent of our materials by sea and rail, we are prioritising the construction of the new rail line that will take our materials to our temporary construction area, with the aim to have trains running in the first half of 2026. The works will involve building level crossings across Buckleswood Road and the B1122 (Abbey Road) in Leiston, we have built a temporary diversion road to ensure that traffic disruption is minimised.

FORUM SCHEDULE

Forum timings 2025 | 18:30 - 20:30 (Arrival from 18:00) 2026 | 18:00 - 20:00 (Arrival from 17:45) Northern Transport Forum

Southern Transport Forum

Main Development Site Forum

Community Forum

Wednesday 5 November 2025

Wednesday 3 December 2025

Wednesday 14 January 2026 Thursday

19 March 2026

025 Riverside Centre

Leiston Town Athletic Association

Darsham Village Hall

Stratford St Andrew

Woodbridge Rugby Club

For more information and for more forum dates visit sizewellc.com/community/forums



Hello Leiston

community radio

We are your local community radio station, broadcasting online to bring you a varied mix of music programmes, stories and information about what's on in our area.

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Exem MELTON

Melton's famous resident, Brian, shares his stories, views and observations on everyday life with his very own column, exclusive to The Tide Collection magazines.

The mornins are hooly dark now and I dunt know about you, but I hate gettin up on these dark days and hevin to put the lights on. Last year, I bort meself one of them led head torches - the one with an elastic strap round yer hed and if I hev to get up in the night for a wee, I use that instead of putting the lights on, as the lights are so bright, that wake me up and can't get back to sleep.

I got a new washin machine last month. It's a good quality one and me mate Ticket plumbed it in for me, as he used to be a plumber before he got the sack. Anyway, I call it the nagger, because when that finish spinnin, that start beepin and if you dunt get the washing owt straight away, that carry on naggin until you do!

The gal Rosemary next door ram as many clothes into hers as she can and I'm surprised that int brook yet. I always say that you should leave plenty of room for the washing powder to do its job and agrivate the fibers. And where hev all my socks gorn? I know I put them in the machine together, but I now hev a stack of odd socks!

The gal Rosemary and me are gorn to see the Christmas show at Snape this year and I hope I'll come owt feeling

festive, because I got right cheesed off when I see all the Christmas bits and pieces owt in the shops in September! We know when Christmas is. It's the same day every year. They int moved it, so why do they need to start getting the kiddies excited so early? When I was a little ol boy, the Christmas adverts dint come on the telly until December.

I want to finish this month with a wud abowt letterboxes. Not the posh ones that go on the wall, but the ones that are part of the door. A month or so ago, I hed to put a new letterbox in my door and I hed a duzzy job getting it in. When the Avon lady posted her book through the door, the flap was so sharp, she cut he fingers - not bad,

but enough for her to cuss a few wuds. She knocked on the door and I giv her a couple of waterproof plasters and she say that mine int the only sharp one abowt, so if you live in Melton, can you kindly check your letterbox? Thank you.

Do you have a question for Brian, or do you have a dilemma you need some advice with? Email your question

or problem to: lou@tidecollection.com

Cosy up this Christmas

Our Winter Garden is back for the festive season. From 15th December until 5th January, we invite you to bundle up and enjoy winter warmers and seasonal plates with friends and family under canvas.

> Fancy hiring the Winter Garden for your Christmas party or event? Get in touch via our website.

To view menus and make a reservation, visit our website.

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ALDEBURGH YACHT CLUB CHRISTMAS GIFT FAIR

Saturday 22nd November at Aldeburgh Yacht Club, Slaughden Road, Aldeburgh IP15 5NA, 10am – 3pm - Free entry

Get ready for forthcoming festivities and into celebratory mode at the Aldeburgh Yacht Club's Christmas Gift Fair. Discover nearly 30 individual retailers offering ideas for unusual gifts and goodies, with something for everyone to delight family and friends.

Find little luxuries and treats for stocking fillers. Indulge in glamorous party fashion. Enjoy mouth-watering treats from local producers. Add twinkle and style with decorative accessories. Whether yours is a traditional or contemporary Christmas, you will find inspiration all under one roof. You can add the feel-good factor by shopping at the AYC Christmas Fair because a proportion of the proceeds will be going to support two charities: Aldeburgh Yacht Club Schools Sailing Trust and BigKid.

About Aldeburgh Yacht Club Schools Sailing Club

The AYC Schools Sailing Trust has been established to get young people from schools and youth groups in the Suffolk community on the water to benefit from the life skills that sailing and water-based sports can encourage – creativity, confidence, teamwork, communication, determination, and independence.

About Bigkid

BIGKID Foundation is a multi-award-winning youth and community charity established in 2008; their mission is to end social exclusion and youth violence.

They work with over 1,500 young people annually and are experts in youth engagement.

They equip young people to take control of their lives, find, develop and act on their own potential through community engagement, mentoring and leadership programmes, including the chance to access places and experiences they wouldn't otherwise have.









ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

'My two husbands, and the effect of war on young men' - Manette Baillie

Manette Baillie, now aged 103, was only 17 when Britain declared war on 3rd September 1939. She will tell us about her two husbands, Tom Derek Bowden, and Adam Reid Baillie and the effect of war on these young men.

The talk takes place on Monday 17th November at 2.30pm, in person at the Fromus Centre, Street Farm Road, Saxmundham, IP17 1AL. No need to book - but do get there early, we anticipate a large turnout! £3 including tea/coffee/biscuits. Good, free carparking. The speaker will be present in person, and the talk will NOT be on Zoom.

Further Programme: All at 2.30pm at the Fromus Centre, Saxmundham: Mon 15 Dec: 'Tracing Your Non-Conformist Ancestors' – Liz Yule Mon 19 Jan: 'Where there's a Will' – Ian

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Waller

Mon 16 Feb: 'Army Records' – Graham

Brady.





SAXMUNDHAM **NEWS**

SOUTHWOLD ORGAN

WOODBRIDGE TALK



Fri 7th & Sat 8th Nov at 7.15pm Sun 9th Nov at 6.00pm Mon 10th, Tues 11th & Wed 12th Nov at 7.15pm Thurs 13th Nov at 3.00pm Sun 16th & Wed 19th Nov at 7.15pm

SPRINGSTEEN: DELIVER **ME FROM NOWEHERE 15**

Thurs 13th Nov at 7.15pm Sun 16th Nov at 3.00pm

JOHN CLEESE PACKS IT IN 12A

Fri 14th Nov at 1.00pm Sat 15th Nov at 7.15pm Sun 16th Nov at 5.00pm Mon 17th & Tues 18th Nov at 7.15pm Wed 19th Nov at 3.00pm Thurs 20th Nov at 7.15pm

THE CHORAL 12A

Fri 21st Nov at 7.15pm Sat 22nd Nov at 4.00pm & 7.15pm Sun 23rd Nov at 3.00pm & 6.00pm Mon 25th - Thurs 27th Nov at 2.00pm & 7.15pm Fri 28th Nov at 7.15pm Sat 29th Nov at 12.00pm Sun 30th Nov at 3.00pm & 6.00pm Mon 31st Nov - Thurs 4th Dec at 2.00pm & 7.15pm

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FOLK AT THE THEATRE MERRY HELL

Sun 7th Dec at 7.30pm. LIVE ON STAGE

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Common Ground Theatre Company present their annual dose of Xmas Bonkers-ness! This classic comedy mystery is peppered with Common Ground's trademark sparkling wit, ingenious staging and hilarious songs. Suitable for ages 8+. Holmes has booked Watson a two week stay at a health spa, high in the Sproughton Mountains, near Ipswich. But something is amiss at Queasy Pines Sanatorium. Having no contact with the outside world except phone, post, telegram and carrier pigeon, Watson must investigate the mysterious goings-on and the strange one-legged director, Professor Eintrouser. Touring East Anglia from 10th December '25 to 18th Jan '26 - Seckford Theatre, Woodbridge (12 - 13 Dec), Hadleigh Old School (15 - 17 Dec), John Peel Centre, Stowmarket (18 - 21 Dec), Laxfield Village Hall (23 Dec), St Marys Hall, Walton (27 - 29 Dec), Aldeburgh Jubilee Hall (1 - 3 Jan), Headgate Theatre, Colchester (5 - 7 Jan), Diss Corn Hall (8 Jan), Gallery Studio Theatre, Ipswich (9 - 17 Jan). To book, visit: www.commcommongrounstc.co.uk

The Railway Inn

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LEISTON TOWN BOWLS CLUB

The 2025 season certainly finished on a high with internal club finals day. As could be expected the bowling was first class, but the day was made great as it was dominated by the legend Grenville Wright who won the Two wood singles, the four wood singles and the two wood veterans' singles, it was his day and he deserved it. Other honours went to Angela Chandler for Ladies singles, the Pairs trophy to Tom Keen & Les Bishop and the Town trophy was won by Ron Baldry and the President's Shield, Brian Denny.

It was a great finish to an excellent season. New members have been quick to learn, adding a new competitive element to the club and inspiring others to want to join/rejoin.

With the success on the green comes the need to update the facilities including a new tarmac path round the green and Health & Safety features to be introduced into the club pavilion.

The cedar wood structure needs to be addressed and the changing rooms. It all costs money so feelers are out for grants, Sizewell C monies and council sports club fund grants to top up the funds raised throughout the year, in even events we hosted for county, Area B, and league games & finals days.

Team members, their partners, friends and volunteers supported Ann to provide cakes, rolls, drinks and refreshments with a welcome smile. These events have helped increase our coffers by over £2,500. All due to Ann, Angela, Josephine, Linda 1, Linda 2, Charlie, Maureen, Laura and Kerry. A big thank you to you all!

Preparations are afoot to have a full presentation night, to recognise the successful season we have had. The committee will be looking for more offers of help to run the club.

Ditcher



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DATES FOR YOUR DIARY

NOV 11 SWT Alde Valley Wildlife Group Talk - 'Mammals of Essex and Suffolk' by Darren Tansley. £4 entry (cash, please) includes light refreshments and raffle ticket. 7.30 in the United Reform Church, Leiston.

NOV 14 Woodbrdge Museum Talk: 'Capture & Escape in WW2' by Jane Bradburn. In the summer of 1941 local men who had joined the 67th (Suffolk) Medium Regiment R.A.T.A. left England. The entire regiment was captured at Tobruk and Jane's talk provides a picture of how these local men survived their experiences of war. 2.30pm at Woodbridge Museum. All welcome.

NOV 19 Aldeburgh and District Local History Society (ADLHS) Lecture: 'Orford's Atlantic Wall Breakers' by John Ogden. The little-known story of how 12 square miles of local countryside, including Orford and Snape, were used as a top-secret testing ground for the specialised tanks that proved crucial to the success of the D-Day landings. 6pm at the Old Generator Station, Kings Field.

NOV 29 Knodishall Cancer Research UK Support Group Annual Christmas Fayre. Come and visit Father Christmas, shop for presents. Homemade Christmas cakes, C.R.U.K Christmas cards calendars, diaries, mugs, bags, a Grand Draw, Craft stalls, Booze Barrow, Tombola, new items and lots more. Refreshments served all day. 11am - 3pm at Knodishall Village Hall. If you would like to donate any items tel: 01728 831748.







WINTER HAZARDS FOR PETS

As winter approaches and the nights draw in our pets need just that little bit of extra care and attention. Snow and ice can cause sore paws so be sure to remove any balls of snow that may collect between the pads after walking and dry off and warm any pets that have been out and about in cold weather. Icy pavements treated with salt present another hazard for pets so it is important to rinse this off after walking. Failure to do so could mean skin irritations and stomach upsets.

Try to keep your dog on a lead in deep snow – there may be unseen dangers lurking underneath and the danger of falling through ice on lakes and ponds. Dark nights can mean it is more difficult for motorists to spot your pet. Reflective tags and collars and hi-vis coats can help to be seen more easily.

At this time of year motorists are busy topping their cars up with anti-freeze but this can be deadly for pets so do not allow your pet to drink out of puddles. Pets are drawn to anti-freeze due to its sweet taste, particularly cats. If ingested it can cause kidney damage and death. The symptoms of anti-freeze poisoning are vomiting, lethargy, excessive thirst and urination, staggering or uncoordination, rapid breathing and seizures. If you suspect your pet may have ingested anti-freeze call us immediately as it will require emergency treatment very quickly.

The cold can exacerbate any existing age-related conditions and arthritic and elderly pets may struggle a bit more.

Your vet will be able to advise on treatments that may help with this. Remember to continue flea treatment throughout the winter months too. As the heating is switched on the fleas hatch out into your home. Rabbits cope with the cold quite well but will need extra hay and bedding. Their accommodation should be moved to a sheltered spot or into a shed or fume-free garage. Their hutch needs to be kept dry and free from draughts with wet bedding removed daily. It can be covered with a blanket or carpet and insulated with cardboard. Also, check water twice a day in case it freezes. Check your rabbits carefully to ensure that no faeces are stuck to their fur.



Leiston Veterinary Clinic

Marina Goodchild BVSc MRCVS
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LEISTON ALLOTMENT HOLDERS & GARDENERS ASSOCIATION - NOVEMBER

Clearing up should be your number one task, followed by collecting your leaves for composting.

Vegetables: Plant broad beans, if possible, away from any autumn winds. Start to lift parsnips if a frost has occurred. Clear any ground of remaining crops. Put into store before any frost is forecast. Fruit: Prune cane fruits after fruiting has finished. Take hardwood cuttings from the fruit bushes. Prune blackberries.

Lift rhubarb crowns for forcing.

Flowers: Lift and store dahlias if there has been a frost. Store gladioli corms. Plant tulips for next year. Tidy up borders and mulch flower beds. Leave sunflower heads in place for the birds to feed on. Prepare bed for next year's sweet peas, double dig and apply three handfuls of bone meal per square yard.

Greenhouse: Repair or replace any cracked or damaged glass.

Check that doors and vents open and close correctly. Remove any old tomato and cucumber plants and dispose of them on your compost heap. Pick a dry day and completely empty the greenhouse of pots and trays plus any other 'junk' items not needed. Bring fuchsias, begonias, geraniums inside, plus any other plants that need protecting. Keep fleece handy to cover if severe weather is forecast.

Roderick Linsell

This issue was designed, printed & published by Leiston Press.

Leiston Observer is your free local paper, 2000 copies are printed every month.

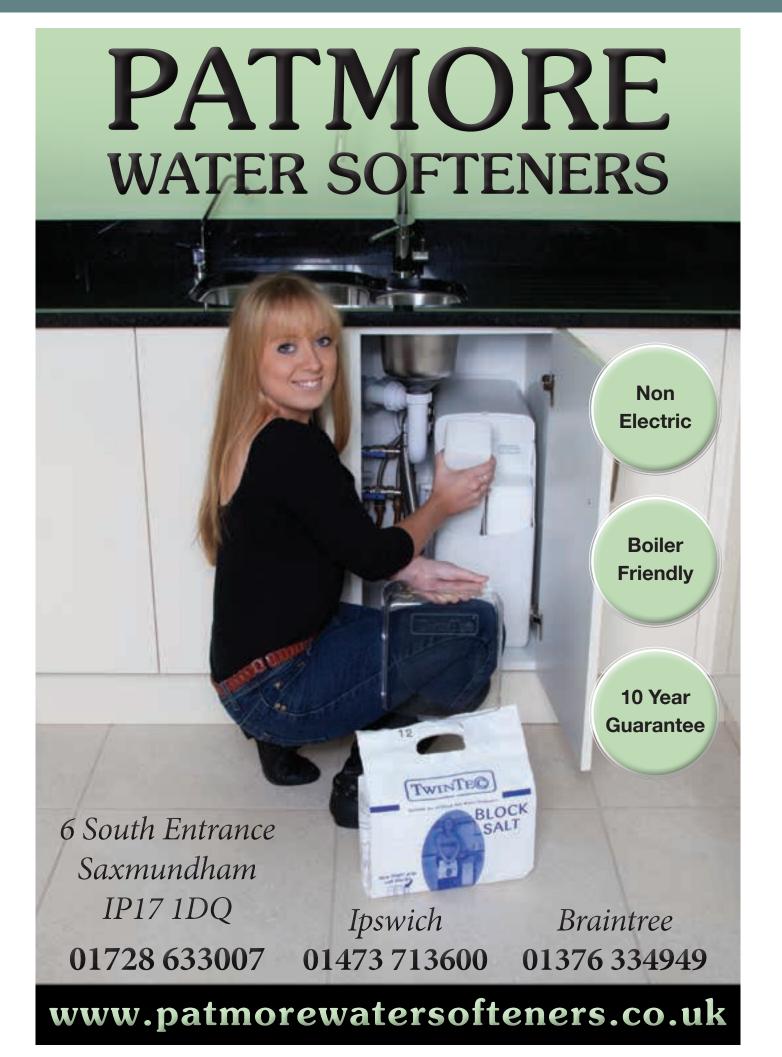
We distribute the magazines door to door and to many varied outlets.

Monday 1st December, copy deadline is 14th November - but the earlier the better to ensure inclusion.

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Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.





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