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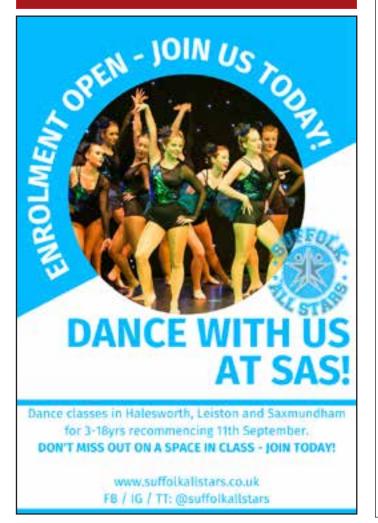


### September Events

Saturday 20th Ace Karaoke

Sunday 21st Ace Karaoke

Find us on Facebook





Fri 5th, Mon 8th & Tues 9th Sept at 7.15pm Wed 10th Sept at 3.00pm Thurs 11th Sept at 7.15pm

#### THE LIFE OF CHUCK 15

Sat 6th Sept at 7.30pm. LIVE ON STAGE

### SONG SUNG BLUE NEIL DIAMOND TRIBUTE

Fri 12th & Sat 13th Sept at 4.00pm & 7.15pm
Sun 14th Sept at 3.00pm & 6.00pm
Mon 15th - Thurs 18th Sept at 3.00pm & 7.15pm
Fri 19th Sept at 4.00pm & 7.15pm
Sat 20th Sept at 7.15pm
Sun 21st Sept at 6.00pm
Mon 22nd Sept at 3.00pm & 7.15pm
Tues 23rd Sept at 3.00pm & 7.15pm
Tues 23rd Sept at 3.00pm
Wed 24th & Thurs 25th Sept at 3.00pm & 7.15pm
Fri 26th Sept at 4.00pm
Sat 27th Sept at 7.15pm
Sun 28th Sept at 3.00pm
Mon 29th Sept at 7.15pm
Tues 30th Sept at 3.00pm
Wed 1st Oct at 3.00pm

#### DOWNTON ABBEY PG THE GRAND FINALE

Sun 21st Sept at 3.00pm Tues 23rd Sept at 7.00pm

### LOVE NEVER DIES THE MUSICAL 12A

Fri 26th Sept at 7.15pm Sat 27th Sept at 4.00pm Mon 29th Sept at 3.00pm Tues 30th Sept & Thurs 2nd Oct at 7.15pm

THE ROSES 15

Sun 28th Sept at 6.00pm

### THE PHANTOM OF THE OPERA (1925) 100th ANNIVERSARY 12A

Wed 1st Oct at 7.30pm. LIVE ON STAGE

### RYAN GOODING THE MODERN MEDIUM

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### A NOTE FROM OUR EDITOR



Several local organisations have recently benefitted from the Sizewell C Community Fund – ABC Radio, Alde Valley Suffolk Family History Group, Leiston Book Festival, Leiston-cum-Sizewell Town Council, The Long Shop Museum and Suffolk Football Association. All will benefit our community and maybe go some way to easing the pain of waiting at traffic lights?

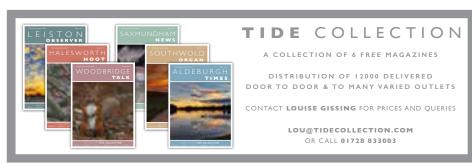
Please get in touch if you have anything to share with our readers or if you have an event coming up why not consider increasing your footfall by placing an advert in the Tide Collection? We know from the feedback we receive that people really engage with our publications and seek them out. I would love to hear

from you, email me at: lou@tidecollection.com

#### QUOTE OF THE MONTH

Perfect happiness is a beautiful sunset, the giggle of a grandchild, the first snowfall. It's the little things that make happy moments, not the grand events. Joy comes in sips, not gulps.

#### **Sharon Draper**



### INSIDE YOUR MAGAZINE...

LEISTON GOOD NEIGHBOUR SCHEME

- Join the allotmenteers!

### SIZEWELL C COMMUNITY FUND 7 AWARDS

- ABC Radio, the Long Shop Museum & more received awards

#### LEISTON FOOTBALL CLUB

- The Blues sign Kyle Callan McFadden

ALDE VALLEY SUFFOLK 12 & 13 FAMILY HISTORY GROUP

- Open Day 27th September,

#### PISCES SWIMMING CLUB

17

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### LEISTON-CUM-SIZEWELL TOWN COUNCIL

#### **Council Staff Update**

We are pleased to share some good news - Caroline Rinder has returned to the Town Council team as our Responsible Financial Officer and Assets Officer. Many of you will already know Caroline, and we are delighted to have her back with us.

#### **Community Centre**

Did you know our Community Centre is available for hire? It is a great space for birthday parties, family gatherings, charity events, or business use – and all at very reasonable rates. If you are looking for a local venue, why not give us a call?

#### **Neighbourhood Planning**

A big thank you to everyone who has taken part in our Neighbourhood Plan surveys on Sizewell Beach, the Town Centre, and our Open Spaces.

The responses have been helpful and full of ideas for Council to consider. Responses can be viewed on our website.

Over the summer, many of us have enjoyed the summer sunshine in our Parks - Victory Road, and King Georges Avenue Recreation Grounds - and at Hayling's Pond. If you haven't yet shared your thoughts, please do let us know how we can make them even better for everyone.

#### Help us to help You - HGVs

Council continues to receive reports of HGVs moving through the town centre. If you see HGVs travelling through the Town Centre, please report this directly to Suffolk County Council so they can take the right action.

https://www.suffolk.gov.uk/roads-and-transport/lorry-management/report-a-heavy-goods-vehicle-incident.

By reporting it helps us to build the evidence we need at our regular Highways Meetings. To report any other matters please visit our website where we have a dedicated page: https://leistontowncouncil.gov.uk/report-it/

#### **Diary Dates**

Just a reminder: Full Council meets on the second Tuesday of every month at the Community Centre from 6.45pm. Agendas are posted on the noticeboard outside the Council Offices and published online at:

www.leistontowncouncil.gov.uk For further information, please contact the Council Offices:

Tel: 01728 830388

Email: office@leistontowncouncil.gov.uk

We look forward to hearing from you.

### LEISTON GOOD NEIGHBOUR SCHEME

In addition to the usual Good Neighbour activities such as collecting medication and visiting people, we also run the Community Allotment which is provided by Leiston Town Council. This is a double plot and therefore takes a lot of work to maintain. This August, our 'allotmenteers' were very grateful to have a team of employees from Sizewell C do a day of volunteering with us. They worked very hard and painted the sheds and did a massive amount of weeding and strimming. What a lovely group they were, and everyone enjoyed meeting them.

The purpose of the community allotment is to provide a place for people to grow their own and to enjoy the benefits of being outdoors and socialising with others.

We welcome those just starting out as well as experienced growers.

If you would like help or company while you grow, a group meet between 10am and 12 midday on Wednesdays from March to October (if weather permits). It's free to get involved and we have tools and some seeds to get you going.

You can take on anything from a small, raised bed that is suitable for salad plants or a couple of squash plants to a larger plot for something like potatoes or runner beans. Autumn is the time to start getting a plot ready as seed planting usually starts around February. To find out more, do call us on 07724 777465 or email leistongoodneighbour@gmail.com.



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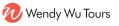
















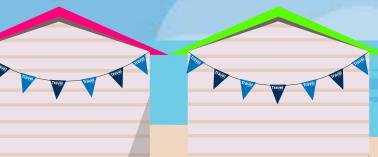




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### SIZEWELL C COMMUNITY FUND AWARDS

An East Suffolk radio station has been awarded £30,000 from the Sizewell C Community Fund to increase its hours of transmission and broadcast live from community events. Alde and Blyth Community Radio, better known as ABC Radio, said it could now buy specialist equipment and licences to reach more local listeners. The internet-based station, which broadcasts from Saxmundham, was among six diverse projects to have been awarded grants in the latest round of funding.

Wayne Burns, Director of Programming at ABC Radio, said: "Having the equipment to do outside broadcasts is really important to all the directors and presenters. We can now invest in equipment which will not only enhance what we already do but also help to make us future proof.

"We want to get out there, engage with our listeners and spread the word. It's a real boost and something quite special, and all thanks to the Sizewell C Community Fund."



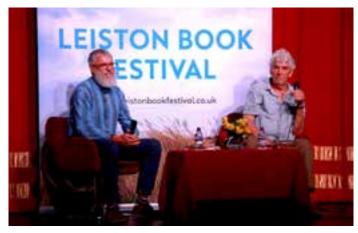
Managed by Suffolk Community Foundation, the Sizewell C Community Fund – worth £23m in total – awards grants to projects in the East Suffolk Council area which promote the economic, social or environmental wellbeing of the communities closest to and most impacted by the construction of Sizewell C, and which enhance people's quality of life.

The latest recipients of the fund, sharing a total of £490,000, are:

**ABC Radio**, which serves the Leiston and Saxmundham areas, has been awarded £30,000 over three years. The community radio station will use the money to buy extra equipment and licences so that it can cover more outside broadcasts and increase its hours of transmission from four days a week to seven by 2028.

Alde Valley Suffolk Family History Group, which has been given £9,562 over three years to develop a new, user-friendly website with added functionality which volunteers will use during outreach sessions.

**Leiston Book Festiva**l, which has been awarded £54,137 to run the festival for the next three years, as well as outreach activities such as workshops, talks and school visits.



**Leiston-cum-Sizewell Town Council**, which has been given £10,000 to create a new, accessible path to Haylings Pond so that more people can enjoy the area. It comes after Leiston Youth and Community Angling Society were awarded Sizewell C Community Funding last year to buy angling equipment and carry out an environmental survey.

The Long Shop Museum in Leiston, which has been given £331,625 over three years to repair and improve the building, create new exhibits and hold community activity sessions and restoration workshops.

**Suffolk Football Association**, which has been awarded £53,832 towards the cost of replacing the 3G pitch and upgrading the floodlights at Barnards Meadow Football Centre in Lowestoft. The pavilion will also be refurbished to create a venue that can be used as a community health and wellbeing hub.



The latest awards take the total distributed since the fund was launched a year ago to nearly £2.5m. Hannah Bloom, Chief Executive of Suffolk Community Foundation, said: "We are delighted that this funding will support so many diverse and exciting initiatives. They will make a positive difference to the quality of life and wellbeing of people living in the areas most impacted by the construction. We would encourage other charities and community projects who think they may be eligible for funding and would like to find out more to get in touch with our dedicated team for help and advice with their application."

For more information about the Sizewell C Community Fund, visit :www.suffolkcf.org.uk or call 01473 602 602. The fund is open year-round.

The current round closes to applications on 28 September.



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### LEISTON FOOTBALL CLUB

#### Busy days as new sponsors come forward

The new football season is up and running at Leiston.

The U23s got back into action back in July! While the first team opened their season at home to Halesowen Town on August 9. The U18s were also back in action in the middle of August.

It's a busy time at Leiston Football Club, with not just the football getting underway, but new sponsors coming on board and some exciting announcements being made which we let everyone know about shortly.

The new league for the first team looks another tough one, with the likes of Kettering Town, Worcester City, Halesowen, Needham Market, Harborough and many others offering a real test for the Blues.

If you have never witnessed Step 3 football, then come along. It's a very demanding, high standard. And with covered seating, free parking, hot and cold food, a bar and printed matchday programme, it's a fun afternoon out.

Follow Leiston on their socials to find out when matches are being played.

#### Leiston swoop for Irish international

The Blues have captured the signing of Kyle Callan-McFadden. The 30-year-old Irish defender has joined the club from King's Lynn.

A former Republic of Ireland international at U17, U19 and U21 level, Callan-McFadden, has also made a couple of appearances for Norwich City and more than 100 for Sligo Rovers in the League of Ireland Premier Division.

He brings a wealth of experience to the Blues and is already looking forward to the challenge.

"I'm delighted to be joining Leiston," he said. "I live reasonably close to the area and know a few of the players in the squad. It's a club I have been keeping an eye on for a few years now. "After speaking to the manager and his team over the last week or so, it's something I'm excited to be part of, and hopefully I can help the young lads develop, along with bringing success to the Football Club."



New Blue: KYLE Callan-McFadden powers to win a header in the Blues opening 2-2 draw with Halesowen. Photo: Ben Cunningham

Blues boss Chris Wigger admitted to being delighted with his new signing.

"Kyle is a player I've admired for some time," Wigger said. "He was Lynn's supporters' player of the year last year and will be a terrific addition to the squad with regards to the experience he brings, playing National League and playing abroad, and the fact he comes into a side with young players coming into the squad this year. Kyle is a footballing centre-back whose distribution and calm presence on the ball will be fantastic for us."

#### Always welcome to join the Blues

Founded in 1880 Leiston Football Club is one of the oldest and most established non-league clubs in the UK. If you would like to be involved at Leiston Football Club, from becoming a match day volunteer through to bespoke sponsorship packages for the 25/26 season, that include Matchday, ball and individual player sponsorship, contact Andy Crisp on 07769 904555 or email acrisp5@aol.com and see how you as an individual or your business can enjoy being part of the Leiston FC experience. For information on the club, news and teams, head over to www.leistonfc.co.uk. Or follow Leiston on X, Facebook, WhatsApp and Instagram @leistonfc





Flying the flag: Leiston's Jack Manly walks out alongside members of Leiston U11s at the opening game of the season at Victory Road which was watched by almost 300 fans. Photo: Ben Cunningham

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### THE SAXONS 5 MILE RACE

#### A celebration of running

The Saxons are celebrating their twentieth anniversary as a running and fitness club based at Carlton Park in Saxmundham.

A highlight of the club's running calendar is the hosting of the annual 5 Mile Race, which takes place this year on Sunday 5th October. On offer is a multi-terrain course on footpaths, fields and roads, open to all runners aged 15 and over and this year is part of the Suffolk Grand Prix fixtures 2025. A popular junior fun run is also held before the main race.

This year's Race Director is Sarah Vick. Sarah has been a member of Saxmundham Running & Fitness Club since it began in 2005 and is also the Club's Treasurer. Thanks to the Club's input and with hard work and training, Sarah has achieved success in races across the globe. Competing at Championship level and representing Great Britain, she has run 19 marathons with an impressive personal best time of 3hrs 40 mins 1 second.

"Members owe a lot to Gordon Merfield, the founder of the Club and Lifetime President. Without Gordon the Saxons wouldn't be in existence. Gordon got a number of us, who joined initially to try different things. He'd always done triathlons so there were people doing triathlons, adventure races, duathlons, cross country; it wasn't just road running."

Sarah progressed to running three or four marathons a year and following the Felixstowe half marathon qualified for a place in the 2007 New York Marathon. That same year a Club place enabled Sarah to take part in the Great North Run. Sarah said: "That was a great experience as it was at the height of Paula Radcliffe's success. Myself and other club runners were in the pen behind and saw her warm up. That was my half marathon personal best, a time of 1 hour 33 mins 55 seconds. If I could get anywhere near that now I'd be ecstatic!"

Other of Sarah's running highlights include the 2008 British Masters Marathon Championships in Anglesey when world champion hurdler Colin Jackson presented Sarah with a gold medal. In 2009, at the European Half Marathon Championships in Aarhus, Denmark, Sarah won a bronze medal and Gordon lent her his Great Britain top to stand on the podium.

Today Sarah continues to represent the Club at events across the county. In twenty years the Club has grown from approximately 30 to over 80 members.

"I'm proud to have been a part of The Saxons for twenty years. Our race this year is an opportunity to take part in a friendly local race with a great atmosphere and we're proud to be part of the Grand Prix Series this year. We are also extremely grateful to our sponsors for their support."

The annual Saxons Five Mile Race takes place at 11 am on Sunday 5th October at Carlton Park, IP17 1AT. The junior fun run starts at 10.15 am and costs £3 to enter, and the main race for ages 15 and over starts at 11 am. Registration costs £17 or £15 for affiliated club runners.

Each runner receives a commemorative medal and goody bag, plus cakes and refreshments are available to purchase.

The Saxons would like to thank all the 2025 race sponsors including My Mortgage Planner, Marshall and Lilley Opticians, Fairweather Law, Flick & Son, The Poachers Pocket, Priority Ltd, Fuller Fencing Ltd, Stay in Suffolk, Christies Care, Wag & Bone, Emmerdale Farm Shop, Coes department store and Angel Podiatry.

Marshall and Lilley Opticians said: "We have been in Leiston now for 35 years and enjoy looking after the eyesight and health of the locals and providing an exciting range of stylish eyewear. We always like to support local groups where we can, and running is a great way to improve general health. We wish The Saxons every success with the race."

The Poachers Pocket based in Carlton said: "We are delighted to once again be sponsoring this fantastic local event. As a local pub we feel it's important to give back to the community who support us so loyally, and a race that literally goes past our doorstep is the perfect opportunity. We wish all participants the best of luck and hope to see a few of your faces after the finish line!"

To enter the race visit www.thesaxons.org.uk/saxons-5-mile-race





# ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

Interested in family or local history? Want to track down that elusive ancestor or date your old family photos?

Following on from last October's highly successful event, the Alde Valley Suffolk Family History Group will be hosting another **Open Day on Saturday 27th September**, this time at the Long Shop Museum in Leiston. At least a dozen other groups and individuals will be taking part, with displays including wartime memories, farming in the 19th century, and aviation heritage, to name but a few. Among other attractions, to celebrate 200 years (to the day!) of Train Travel, there will be a special display of stations and trains on the East Suffolk Railway line.

Adding to the attractions, this year's event will also include a couple of talks; the first full of tips on using Ancestry to best effect; the second designed to help you understand how Ancestry DNA testing can help with Family History research. There will also be free advice and assistance with personal family history research, using computers and Internet.

Have you got any old family photos that you can't put a date to? Bring them along and let our expert Janet Huckle advise you – her help with dating photographs is always in demand.

Forever popular, Peter Drew has kindly agreed that his historic local postcards will be on display, and we also plan to have books by local authors for sale - after all, the Open Day is not only about promoting family history but also serves to highlight the rich heritage of the beautiful part of the world in which we live and the talented people who help bring it to life.

Light refreshments available. Free Parking at the Waterloo Centre, IP16 4HE. Visitors to the event will also gain free entry to the museum on the day.

### Monday 15th September: 'Transported to Tasmania' - Kelly Cornwell.

Kelly Cornwell's talk to the Alde Valley Suffolk Family History Group is to help us discover more about female convict ancestors; demonstrated via a case study of a young girl convicted and transported, and her adventures in Tasmania. Kelly is a professional Genealogist, Family History Tutor and Speaker. She has a special interest in Transported Convicts and has experience of researching family histories across the UK, Ireland, the USA and Australia. Kelly started her business, 'Who am I? Family Tree Research' in 2016.

This hybrid talk takes place at the Fromus Centre, Street Farm Road, Saxmundham, IP17 1AL (behind the library), and, for members only, on Zoom. Kelly will be speaking to us on Zoom. The talk starts at 2.30pm. In-person attendees can just turn up, no need to book - at £1 for members, £3 for visitors, including tea/coffee/biscuits.

Only members can take part in our meetings on Zoom, but it only costs £8 for a year's membership – see https://avsfhg.org.uk/membership/ and Zooming is free.

12

Iron in the Blood – a true history of Suffolk's notorious 'Garrett Gang' – Fraser Hale. A packed room at the Fromus Centre was treated to an informative, absorbing and highly entertaining talk about the famous Garrett family, by Fraser Hale, Director at The Long Shop Museum, Leiston. Many of the attendees were probably already familiar with the headline achievements of Elizabeth Garrett Anderson (as the first qualified Medical Practitoner in England and one-time Lady Mayor of Aldeburgh); her sister Millicent Fawcett (née Garrett), a prominent member of the Suffragist movement; and the earlier pioneering achievements of the brothers Richard and Newson Garrett (the entrepreneurial founder of Snape Maltings). However, Fraser's far-ranging talk also touched upon many other fascinating facts about the Garrett family and the evolution of the famous Long Shop itself. These included:

- The early passage of Harmon Garrett to Massachusetts circa 1639, where he established himself as a gunsmith in Charleston, leaving his wife and children behind in Wickham Market until his return to Suffolk in 1652, just 4 years before his death.
- The involvement of Garrett and Son's Leiston works with the Great Exhibition of 1851, where the business came away with more orders for their growing range of products than the owners believed they could fulfil in a timely fashion. The Garrett stand at the Crystal Palace was also one of the largest at the exhibition. Remarkably, the then owner, Richard Garrett (1807-1866) also paid for all of his employees to attend over a number of days, transporting them by ship from Slaughden Quay to Horseferry in London.
- A meeting at the Great Exhibition between Richard Garrett and Samuel Colt (inventor of the famous Colt revolvers) sowed the seeds in the former's mind for more efficient production of threshing machines, leading to the birth of the Long Shop, Leiston as the first production line in Britain and the World, predating American Henry Ford's version by half a century.
- At its peak during World War One, the Leiston Works employed around 2,000 people, with women representing the majority of the labour force. At this time, production was largely focused on the manufacture of munitions, producing some 7,000 12-pounder shell cases a week.
- In order to secure her qualifications as a doctor and, in light
  of the 'Establishment's attitude towards women, Elizabeth
  Garrett Anderson was obliged to learn French to the
  required technical standard, before studying medicine in
  France.
- Louisa Garrett Anderson, the lesser-known daughter of Elizabeth, followed her mother into the medical profession and, following the outbreak of World War One, formed the Women's Hospital Corps (WHC) with Dr. Flora Murray. Knowing that the British Authorities would decline any offer of help to tend to the needs of re-patriated soldiers, the WHC approached the French Red Cross and were permitted to convert Claridges Hotel in Paris into a hospital. Subsequently, they were given access to a 120-year-old workhouse in Islington, London, which became the famous Endell Street Hospital.

One of the questions asked of Fraser following his outstanding presentation concerned records of ancestors who may have worked at Leiston Works. Fraser explained that the Long Shop archives include a number of apprenticeship indentures; however, beyond that there was much reliance upon mainstream genealogical datasets, extant third party research and local knowledge. It was also suggested that Alde Valley Suffolk Family History Group was on hand to help with specific enquiries.

#### **Chris Broom**

Further programme: all at 2.30pm at the Fromus Centre, Saxmundham:

**Monday 20th Oct:** 'Great Ashfield House, Suffolk' - Dave Steward (Not on Zoom)

**Monday 17th Nov:** 'My two husbands, and the effect of war on young men' - Manette Baillie (not on Zoom). Please note this is a change from the originally published speaker

Mon 15 Dec: 'Non-conformist Ancestors' - Liz Yule (hybrid)





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# SOLAR FARMS: THE GOOD, THE BAD AND THE DIVERSITY

As District Councillors, we are often involved in planning applications for solar farms in our communities. These can be controversial, and it is understandable when communities resist yet more energy development in our countryside.

The government plans to triple solar generation by 2030. Suffolk, as a largely flat agricultural county, can expect to see a good proportion of this generation. Large solar farms (over 50 MW) are decided by national government. Smaller applications go to the District Council for approval. These need to satisfy statutory consultees, and to meet planning 'tests' against national planning policy. There may be good reasons to refuse a mega-solar farm if it is placing an undue burden on a host community. The views of communities are always taken into account, but ultimately any application can only be refused on the recommendation of a statutory consultee, or failure of the planning tests. A particular preference of this Council is more small-scale Community Energy solar schemes which are planned and owned by the community, bringing electricity and any excess profits directly to residents in the host parish.



#### Ground-mounted solar panels on a farm in East Suffolk

#### Do solar farms threaten food security?

There are some misconceptions about solar farms, which are important to address, given the urgent need to decarbonise our energy system and play our part in the global battle against a warming planet. One persistent allegation against solar arrays on farmland is that they threaten food security. Yet recent reports by DEFRA present climate change, in the form of increasing extreme weather events, flooding and drought, as the greatest threat to food security. DEFRA also cites soil degradation as a result of intensive farming, biodiversity loss, water insecurity (a real issue here in Suffolk), and ecological breakdown, particularly the loss of insects. They do not cite solar farms as a threat. Solar farms are one of the cheapest and quickest renewable technologies to implement and so play an important part in the phase out of carbon emissions that lead to climate change. More than this, they present significant opportunity for nature recovery and improved soil health, as solar panels mounted on former intensively farmed land allow the soil to regenerate, free from pesticides, tilling and soil compaction. This enables a greater diversity of species to thrive and ultimately improves the land for food production at the end of the solar lease.

In some cases, food production can even continue. So, in fact, solar generation can support food security. With additional planting and management, which should always be prioritised in any solar scheme, it can also increase the abundance of insects and other plants and animals.



Rooftop solar panels on a farm building

### Why don't we put all solar panels on brownfield sites and rooftops, instead of farmland?

In an ideal world, we would, but it's not so simple. Any solar farm is only viable once it has land rights and a connection to the electricity grid. However, following decades of inaction to prepare our national grid for the transition to renewable energy, there remains limited capacity for new connections, and developers are led by those sites which can absorb new generation. Solar developers are also in competition with housebuilders for brownfield sites, so that these become commercially unviable due to the limited lifespan of solar farms, against the costs of converting the sites. We should be placing more solar generation on rooftops, and recent government announcements on a Rooftop Revolution are welcome, as is the long overdue Future Homes Standard, putting solar panels on new homes by default. But rooftop solar can only be part of the equation. Solar farms are designed to produce high volumes of electricity that feed into the power grid to supply millions of people, to electrify our cars, heat our buildings and power industry. Rooftop solar panels are primarily intended for self-consumption in homes, businesses and community settings.

#### We are here to work with you.

As we work within a national planning system, communities may find it a challenge to stop a solar farm in their community. But your councillors will always support you to engage with developers, preferably before plans are submitted for approval. Together we can help shape solar projects to minimise impacts on the community, maximise the gain for nature, and get the most payback from community benefit schemes.



Councillor Katie Graham Katie.Graham@eastsuffolk.govuk.

Promoted by Julian Cusack on behalf of the East Suffolk Green Party, both at Paget House, Back Road, Saxmundham, IP17 3NYP

### LEISTON & DISTRICT PHILATELIC SOCIETY

With the approach of autumn the Society will recommence regular monthly meetings at the United Church Hall, Leiston High Street.

The first meeting on 24th September will be a members social and bourse evening, when members can exchange and sell surplus stamps from their collections. At the next evening meeting on the 22nd. October, Colin Evans will give a presentation on 'The London 1980 Stamp Exhibition'.

The annual auction of stamps, collections and philatelic ephemera will take place on 26th November and this year's event is expected to be a bumper one!

There will be over 300 lots for sale, including some rare items but also many more inexpensive items and collections - something for everyone! So why not come along and have a look?

Doors open for viewing at 6.30pm and the auction will commence at 7.30pm. Visitors are welcome as well as members of the Society, other clubs and individual collectors.

The 10th December will be an afternoon meeting (2 - 4pm), for the annual Christmas Social and Quiz, with multiple choice questions based on a wide range of philatelic subjects.

Great fun, so why not come along and join in? All welcome!

The New Year will continue with afternoon meetings on 28th January and 25th February, when members will be submitting their entries for the annual competition.

A display of up to 10 sheets and, as always, there will be fierce competition to win the coveted Richard Cloke Trophy! The 25th March and 22nd April will see further displays from visiting experts displaying 'Birds on Stamps' and '1971 Strike Mail'. These will be evening meetings commencing at 7.30pm.

To finish the season, the AGM of the Society will take place on 27th May and the final meeting on 24th June will welcome Mike Carter with a presentation on 'Paiforce'. All welcome -- meetings start at 7.30pm.

All the above meetings are open to both members and visitors, so if you have any interests in philately (stamp collecting) or are just curious as to what it's all about, please just turn up at the meeting!

Further information about the Society can be obtained by by emailing: alanmartin42@btinternet.com or andy. soutar@btinternet.com. Membership of the Society is just £5 per annum! Tremendous value for access to a wealth of expertise!

### BENTWATERS COLD WAR MUSEUM SPECIAL OP'S DAY

A day out at an American air base at the Bentwaters Cold War Museum Special Ops Day - 21st September 2025

When Bentwaters and Woodbridge air bases were alive with the sight and sound of combat jets and the skies of Suffolk buzzing with all sorts of aircraft it was exciting times. The local towns and villages were full of American accents and cars and local communities mixed with our friends from the USA.

If you remember those days, then come to the Special Ops Open Day at Bentwaters Cold War Museum for our annual special Open Day.

There will be extra exhibits and displays to enjoy that capture the atmosphere of the base Open Days that were held when the Americans were here between 1951 and 1993. The theme of the open day is very much Cold War and includes the Special Operations Squadron that operated from Woodbridge from 1970 to 1992 with Jolly Green Giant helicopters and Hercules refuelling aircraft.

The museum will be open as usual with burger vans, re-enactors, British Army display, local cadet units, GenX radio, American classic cars and military vehicles; and of course, the United States Air Force representatives attending from Mildenhall, who currently serve in the 67th Special Operations Squadron who fly the C-130 Hercules that once served at Woodbridge until 1992.

It's a great day out for all ages with kids free and our normal admission price of £7.50 for adults and concessions £6. There's free parking and the gates open at 10. Go to https://bcwm.org.uk/ for details of directions and event facilities.

#### Simon Gladas



SAXMUNDHAM **NEWS** 

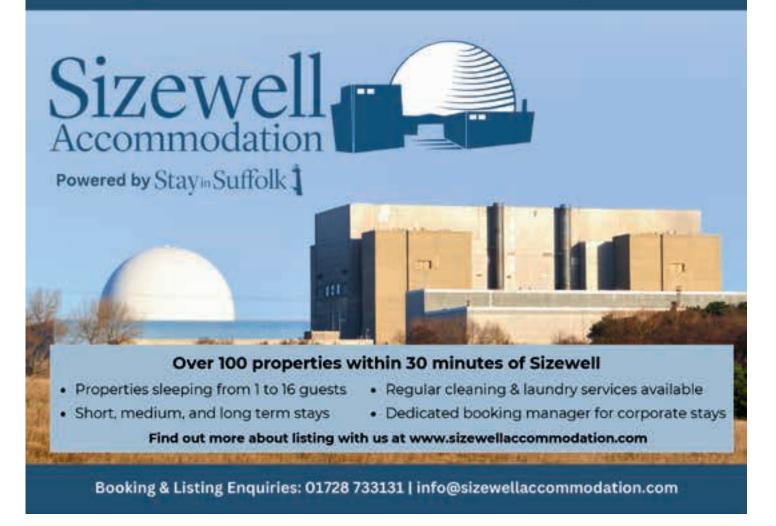
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### PISCES SWIMMING CLUB

The Pisces Swimming Club was set up in 1992 specifically to benefit people with any type of disability where being in water helps with mobility, or an invisible disability such as mental health issues, it has been proved that water calms the mind.

Our aim is to provide a friendly and safe environment where our members, together with their families and carers, can swim in comfort and privacy.

We have all the equipment to assist people with physical disabilities.

The Club pays a weekly fee to the Leisure Centre for the hire of the pool, which is exclusive to our members during our session. Currently we meet on Saturday afternoons 2.30pm to 3.30pm so some along and join us.

We charge £2 a session and £1 for carers. **Tel:** 07403384561 **Email:** pisces.swimclub@yahoo.com or pisces.swimming@yahoo.com



### HELP2UKRAINE

This autumn Southwold's Erika Clegg DL is walking the 60-mile Sandlings Way over three days to raise £16,000 for Help2Ukraine - enough to send two fully equipped ambulances to the frontline. On day three Erika will be joined by other women to share a symbolic walk of solidarity with the women of Ukraine. The ambulances, which are sourced by Help2Ukraine through a trusted medical network, will be driven to the Ukraine border from which they are transferred in country to the front line, ready to deploy. They will each be stocked with around £250,000 of medical equipment and will begin saving lives immediately.

Erika's walk takes place over three consecutive days, each one with a different theme and a different walking companion.

- Day One: Peace (Friday 3rd
   October): A solo walk with her dog,
   Biggles, from Ipswich to Rendlesham
   Forest. A quiet day of reflection.
- Day Two: Hope (Saturday 4th October): A full day with her son, Will, from Rendlesham to Sizewell.
- Day Three: Solidarity (Sunday 5th October): A 20-mile women's walk from Sizewell to Southwold, in step with the women of Ukraine, who are carrying the weight of war, family and survival.

"This is a promise to the women of Ukraine," says Erika.

"We will not look away, and we will do what we can to help.

They are doing impossibly tough jobs: running hospitals, farming land, protecting their families and rebuilding communities. This walk is for them."

If you'd like to support the campaign there are a few ways available:

- Donating to the campaign: https:// www.gofundme.com/f/help2ukrainesuffolk-ambulances-for-ukraine
- Sponsoring aspects of the walk
- Sharing the campaign with people you know

Erika adds: "An ambulance costs £8,000 to buy and deploy. That small sum becomes £250,000 worth of medical aid. The impact is immediate and enormous. I hope that this walk can reach its target of £16,000 to cover the cost of two ambulances and take half a million pounds' worth of supplies to the people who need it most."

Between 2024 and 2025 Help2Ukraine has raised in excess of £70,000 to date. They now seek to raise funds to take at least four more ambulances in 2026. Funds raised will be used to pay exclusively for ex-NHS ambulances, for their preparation for the journey to Ukraine, for their fitting out, MOTs, tools, insurance and breakdown insurance, and the cost of rooms, fuel and air tickets and for drivers' return.

Sustenance, drink and other costs will be paid for personally by those involved so that the funds people so kindly give go entirely into the task of raising the funds and getting the ambulances and medical supplies to Ukraine.

When peace finally comes to Ukraine, the requirement for these vehicles and medical supplies will long remain to manage the wounded and crippled.

The clear up and rebuilding operation will be years in the making. The wounded will long need extra transport and supplies.



## PROJECT UPDATE

### SEPTEMBER 2025

You may have read, Sizewell C has announced the new shareholders of the project, with the government the largest shareholder, alongside EDF, Centrica, La Caisse and Amber Infrastructure. Further details on the final investment decision can be found on our website sizewellc.com.

We also announced the location and designs of the College on the Coast. This post-16 education facility will be located on the eastern edge of Leiston on King George's Avenue, opposite the Sizewell C Ancillary Construction Area. The college will include an apprentice hub and have space for 150 students, 20 full-time staff and drop-in space for 50 apprentices.

We also launched the East Suffolk Trust (EaST), a new grant-giving charity, set up to enhance biodiversity and restore landscapes in east Suffolk and the wider county. This includes at least £78 million over the next 70 years, with the aim to make East Suffolk the most ecologically diverse and resilient area in England.

Everyone in the area will have noticed a significant uptick in road improvements along the A12. We know this disruption can be annoying, but the various speed limits have been introduced for the safety of workers and road users. We continue to review speed limits and will adjust if appropriate.

We have installed average speed cameras along the B1122 and B1125 to enhance road safety in the new 30mph speed limit. On the B1122 the average speed cameras are in operation between Yoxford and Leiston, and the B1125 speed cameras are between the B1122 junction and Westleton. The speed limits are now enforceable with legal penalties which are enforced by Suffolk Constabulary. To further enhance this, from 11 August, permanent 30mph signs along B1122 will begin to be installed.

A further 30mph speed limit has been implemented along the A12 for the duration of the works around the Friday Street site, Northern Park and Ride site (Darsham) and Yoxford. This is to ensure the safety of the public and our workforce during construction. Further traffic calming measures have also been installed including lane management cones and lining. As work progresses, further traffic management and some smaller road closures will be required, which we will publish once timelines are confirmed.

We will start the upgrade work to the layby on the northern carriageway of the A12 near to the B1078 in mid-August. This work will help us to manage our Abnormal Indivisible Loads which are escorted by the police. There will be a lane closure along the dual carriageway section of the A12 during this time.

### **FORUM** SCHEDULE

All forum timings 18:30 - 20:30 (Arrival from 18:00)

| Southern                    | Wednesday                    | Stratford St Andrew  |
|-----------------------------|------------------------------|----------------------|
| Transport Forum             | 3 September 2025             | Riverside Centre     |
| Main Development            | Wednesday                    | Leiston Town         |
| Site Forum                  | 8 October 2025               | Athletic Association |
| Northern<br>Transport Forum | Wednesday<br>5 November 2025 | Darsham Village Hall |

For more information and for all 2025 forum dates visit sizewellc.com/community/forums





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Melton's famous resident, Brian, shares his stories, views and observations on everyday life with his very own column, exclusive to The Tide Collection magazines.

The nights are pullin in nowe which mean the summer is coming to an end, but we hed sum luvly nights in the past few weeks int we? It will soon be time to get me autumn blankets out and put the summer duvey away.

I give the garden shed a coat of fresh stain, with a drop of that old one coat stuff, which needed three coats in the end as it wuz so watery. It was so running, I ended up with as much on me as the shed did.

I hed a nice time at the Aldeburgh Carnival, but blast that wuz busy and I got right fed up wiv people bumping into me cuz they were looking at their phones instead of watching where they were gorn. After waiting for nearly an hour for a tail of cod and chips and some scraps, I sat up on the beach ready to tuck in and along come a groot ol seagull who wanted my bit of fish. The ruddy thing got hold of my bread roll and I ended up sitting in the shelter and that seagull sat on the sea wall watching me the hole time.

They tell me there's a lot more warsp nests about this year. Me mate Ticket, he hed one in his old outhouse and only found owt wen he went in there to get his mower owt. He dint get stung but hed to get some bloke come out to get rid of it and he still int hed the bill.

I'm orf to Henham Steam Rally in September and I int bin there for a good few years. I like looking round all the old traction engines, horses and fairground organs. Like I say, I int bin there for years and the last time I went I took mother with me and all she did was moan about the smell of the smoke that was warftin our way.

I love the smell of steam and the sound the engines make. I've always wanted to hev a go on a proper steam train, so I might hev to do that one day.

Before I go, I just wanted to say that I'm gorn over to record a thing called a podcast soon, which you'll be able to hear

on community radio or something or other. I int got a clue what a podcast is, but thas something to do with the interweb and I'll let you know more when I know wen as gorn owt so you can hev a listen.

You can hear Brian from Melton chatting with Mark Murphy every Saturday morning at 9.20am on Alde and Blyth Community Radio and listen out for the new Brian from Melton podcast, also coming soon to: www.abcradio.co.uk.





If you've been meaning to get around to updating your glasses or sunglasses this is the perfect time to add a new style to your collection and save £25 on transition lenses.

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### THE COMMUNITY LAND TRUST

Would you like to be involved with a Community project and earn some money at the same time?

The Community Land Trust are looking for a reliable person to work a few hours each month by helping to maintain Church Square.

If this sounds like something that you would like to be involved in, please email your contact details to leistonclt@outlook.com and we can arrange to have a chat.





### LEISTON TOWN BOWLS CLUB

Season 2025 is quickly going and our results are steady, although in the Bob Wright League we continue to hold up the rest of the table. I offended some of our players in the Bob Wright league by referring to them as "less accomplished" when they are long serving dedicated accomplished players, with results slipping through our fingers in many matches.

Results in all other leagues continue to progress but with League tables only available up to end of June, the club is still 4th in all other leagues - Saxmundham, Woodbridge & Fynn but although we are 4th in Woodbridge this doesn't give a true picture as we are only 4 points behind the leaders, with a game in hand.

We remain contenders in two cup competitions and results against challenging clubs such as Laxfield and Dennington are turning out to be close finishes, our newer players turning their skills into match winning games. I look forward to seeing the tables at end of the season.

There was tense competition throughout the Area B finals played on our green throughout the weekend of July 12th/13th, which saw success for Area B winners:

Senior Mixed Pairs - John Whiting / June Alderton, Mixed pairs - Marcus / Mandy Payne, Veteran singles - Alan Hutchinson and all capped by our own Richard Battle, Area B Secretary singles Champion. Well done to all. Richard went on to win the Suffolk title at Kessingland the following weekend and is off to Skegness for national finals, we wish him well.

It proved a profitable weekend, increasing the club finances by nearly £900 - much needed funds to help maintain our facilities. Well done to the ladies support team.

The season's games, tournaments and area finals all owe much of their success to the excellent condition of the playing surface. All credit to Mick for its top quality, it's thanks to his hard work and dedication, along with his loyal team of volunteers who prepare it. Well done and thank you.

This season's next big day is Thursday September 4th, our Open Pairs Tournament. Refreshments and homemade cakes available as usual. Fellow players, spectators all welcome, if the sun continues it will be a great day all round. See you on the green.

#### Ditcher

### LEISTON ALLOTMENT HOLDERS & GARDENERS ASSOCIATION

September - It's the first month of autumn, which can still provide spells of warm weather, although the nights are noticeably cooler. This month also can bring - in most areas - periods of wet and windy conditions. Prepare against gales by making sure precautions are in place by tying in or staking tall plants or shrubs. Be prepared to move plants under cover if frost is forecast.

Fruit: Complete summer pruning of apples and pears. Harvest blackberries and late loganberries. Cut away all old growth and tie in new growth.

Dahlias: Feed once every two weeks with a liquid fertiliser to help plants to produce good blooms and build up strong tubers.

Roses: Remove faded blooms, continue spraying if mildew and greenfly are a problem.

Hedges: Clip new growth for the last time this season. Plant evergreen hedges from mid-September to mid-October.

Lawns: Spike and scarify to help open up the surface of lawn. Apply an autumn fertiliser. Water in after 48 hours if there has been no rain.

Christmas bulbs: Prepare pots and bowls for bulbs to flower at Christmas until Easter. Use bulb fibre in containers that have no drainage holes - the fibre will provide root growth and retain moisture. The containers can safely stand on furniture without damaging it or the pots or furniture. If you still prefer to use your favourite pot with holes in the bottom, stand this in a saucer to avoid seepage on furniture.

**Tomatoes:** Feed tomatoes with Epsom Salts to prevent and cure yellow leaves.

#### **Roderick Linsell**

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### DATES FOR YOUR DIARY

**SEP 6 Snape Maltings Farmers' Market.** Held the first Saturday of each month. An array of fresh local fare including cheese, chocolates, gin, juices, fruit and delicious artisan bakes. Enjoy a walk in the stunning nature and take a moment to relax at MALT or River View Café & Bar with coffee and cake. Shops open from 10am, with delicious produce in the Food Hall and Earsham St. Deli. Free Entry.

SEP 9 SWT Alde Valley Wildlife Group Talk by Steve Everett (RSPB) - 'The Deer Rut'. 7.30pm in the United Reform Church, Leiston. £4 entry Includes light refreshments and raffle ticket.

**SEP 12 Women's Wildlife Walk.** An exclusive guided walk for women, led by women to explore the varied habitats at RSPB Minsmere and spot some of the seasonal wildlife. 10am – 1pm at RSPB Minsmere nature reserve, Westleton. IP17 3BY. Email: minsmere@rspb.org.uk, phone: 01728 648281. Website: www.rspb.org.uk/minsmere

SEP 13 Saxmundham Saturday Market and Craft Fair. 9am – 3pm at Fromus Square and the Market Hall.

SEP 13 Family Crafts at RSPB Minsmere. Head to the Discovery Centre where there will be a range of seasonal nature themed crafts Please note you may have to wait at busy times. The craft activities are free but normal entrance fees apply to the rest of the reserve. RSPB Minsmere, Sheepwash Lane, IP17 3BY. Visit: rspb.org.uk

**SEP 13 & 14** Art Exhibition at Great Glemham Church. 16 local artists will be exhibiting their artwork in the lovely setting of All Saints Church Great Glemham. Do come along to see and maybe purchase some original art, paintings, drawings, metal work, woodwork, glass jewellery, ceramics, stained glass and more. Free Entry. Refreshments.

SEP 20 Birds for Beginners at RSPB Minsmere. New to birdwatching? Minsmere's friendly guides will provide tips on choosing and using binoculars, which field guide or App to use and how to improve your birdwatching. You'll visit a couple of hides to put what you've learned into practice. All ticket prices include reserve entry fees and a hot drink in the cafe after the walk. 10am – 12.30pm at RSPB Minsmere, Sheepwash Lane. IP17 3BY. Email: minsmere@rspb.org.uk, phone: 01728648281

OCT 11 Optics 'Music for the Soul' at Sibton Church. A Night with Optics - Mowtown, Funk, Soul: upbeat rhythm, repetitive grooves to keep you dancing and emotional intensity with gospel-influenced vocals. Light show, Bar. Food by Cheryl's Suffolk Catering. Tickets: Cash only please - Adults £15, U18s (must be accompanied by an adult) £5. Tickets on sale at the door, or from Weavers Tearoom Peasenhall, Peasenhall General Stores and on Eventbrite. There is ample free parking on the church's car park at IP17 2LX. Organised by The Friends of St Peter's Sibton (reg.charity Nr.1063822) For more information visit and contact via Website: https://www.sibtonstpeter.com. 19.00 - 22.00 at Sibton Church (IP17 2NB)

### KNODISHALL LIFE DRAWING GROUP

The Life Drawing Group at Knodishall is looking to recruit new members. if you are interested please contact by email: tonyr. suffolkartist@gmail.com

We are a group of artists who meet once a fortnight on a Monday morning from 10.00 - 13.00 in the Knodishall Village Hall. The group is of mixed ability and whilst there is no teaching we do learn from each other. Practice is the key word, for the more you practise the better you learn to draw. Life drawing is a controlled environment and is a vital part of an artist's way of learning to see, more and more the world around you. The models we use are all experienced and rotated over the year.

We work in blocks of five sessions and the cost for this is currently £55, which makes each session £11. For those who are unable to commit to a regular attendance we offer a 'drop-in' membership for £12. There are no refunds for missed sessions. Each artist will need to bring their own drawing materials. We do however provide tea, coffee and biscuit refreshments halfway through a session. I believe that if you are seriously interested in joining our drawing group you will find the experience both interesting and stimulating and as a result your art will greatly improve.

**Tony Richards** 

This issue was designed, printed & published by Leiston Press.

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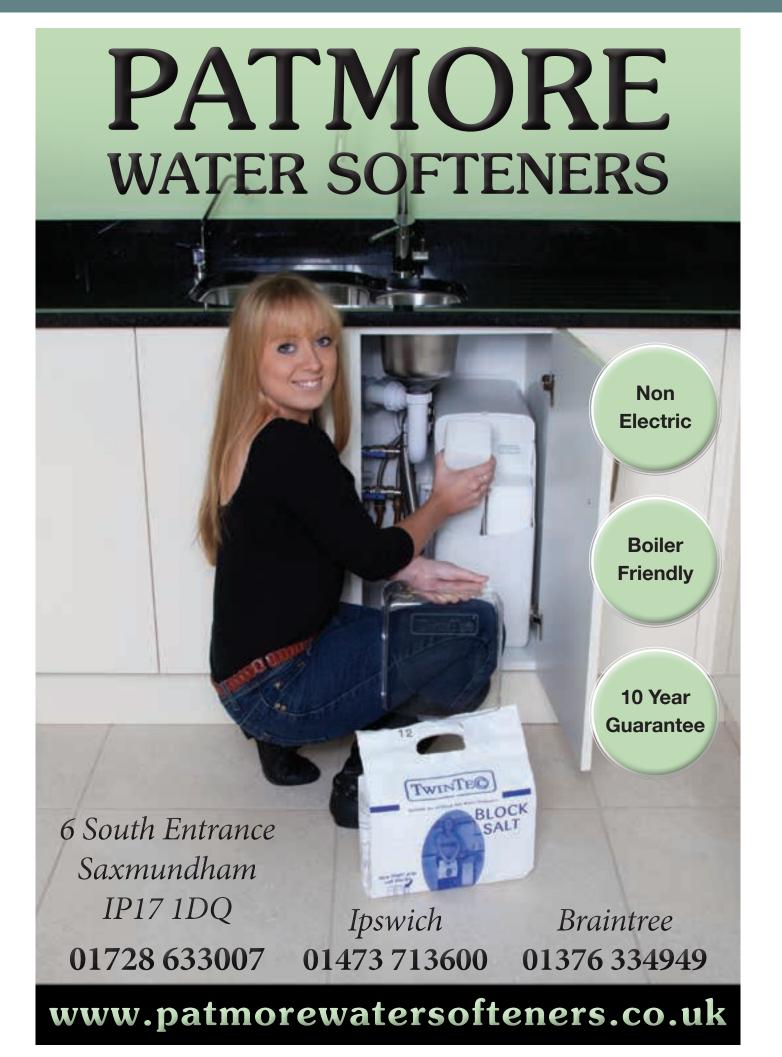
We distribute the magazines door to door and to many varied outlets.

Wednesday 1st October, copy deadline is 14th September - but the earlier the better to ensure inclusion.

Contacts/advertisers/Editorial:

Louise Gissing at Leiston Press, Unit 1b Masterlord Industrial Estate, Station Road, Leiston, IP16 4JD lou@tidecollection.com Tel 01728 833003

Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.





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