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AUGUST 2025

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A NOTE FROM OUR EDITOR



Woodbridge Festival of Art and Music 2025 brings British soul music, funk, punk legends and jazz, rock and art events to Woodbridge this month, including the 'Super Fly' project which explores the part US air force bases played in the development of UK music from the late 1950s to the 1990s. An interesting and entertaining weekend I'm sure, enjoy!

Please get in touch if you have anything to share with our readers or if you have an event coming up why not consider increasing your footfall by placing an advert in the Tide Collection? We know from the feedback we receive that people really engage with our publications and seek them out. I would love to hear from you, email me at: lou@tidecollection.com

QUOTE OF THE MONTH

A light wind swept over the corn, and all nature laughed in the sunshine.

Anne Bronte

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WOODBRIDGE MARKS 450 YEARS OF THE SHIRE HALL

This September, the historic heart of Woodbridge will come alive with the sights and sounds of the 16th century as the town marks a remarkable milestone: 450 years of the Shire Hall on Market Hill. On Saturday 13th September 2025, from 12pm to 5pm, Woodbridge Town Council will host an Elizabethan-themed celebration, bringing the town's past vividly to life with a day of free entertainment, food, music, and community spirit.

Falling within National Heritage Week, this celebration offers a perfect opportunity to reflect on the rich history of the Shire Hall, which has stood at the centre of civic life since the reign of Elizabeth I. Visitors can step inside this historic building and experience its rarely seen first-floor courtroom, alongside an immersive art session hosted by Woodbridge Festival of Art and Music, where participants will help create collaborative artworks inspired by the town's past.

The festivities begin early, when Woodbridge Festival presents a Friday night of music and art on Market Hill, with projections inspired by the 450-year celebrations. A drop-in screen-printing workshop will be open to all ages, offering the first 50 attendees

a chance to create a limited-edition commemorative tote bag.

Saturday's main event brings the 16th century to life with living history displays throughout town. Costumed actors will recreate Tudor street scenes and storytelling, while interactive performances from jesters provide fun for the whole family. A traditional early dance workshop will give visitors a chance to try some graceful Elizabethan moves, accompanied by live music from local group Pearl in the Egg.

There'll be plenty of free giveaways throughout the day as a thank-you to the community. Street entertainment will include jesters performing and leading interactive workshops, giving families the chance to experience the festive spirit of a 16th-century fair. Food lovers are in for a treat, too: the Town Council has subsidised a hog roast and traditional pie and mash, ensuring everyone can afford a reduced-price hearty taste of history. The Galley Creamery will be serving a specially commissioned heritage ice cream flavour, while The

Kings Head pub will be providing drinks on the day.

The combination of historical immersion, creative engagement, community energy, and good old-fashioned fun promises to make this a day to remember.

With free entry and activities for all ages, the 450th anniversary of the Shire Hall is not only a tribute to Woodbridge's past — it's a joyful expression of its enduring sense of place and pride. Whether you're a lifelong resident or a curious visitor, you're warmly invited to join in this unique celebration of local heritage.

For more details, visit the Woodbridge Town Council website or follow them on social media.



Woodbridge TOWN COUNCIL

450 YEARS OF THE SHIRE HALL

SATURDAY 13 SEPTEMBER 2025

12 NOON – 17:00 PM | MARKET HILL WOODBRIDGE

Join us to celebrate this remarkable milestone with living history displays, interactive performances, traditional music and dance workshops, immersive art sessions, giveaways and subsidised traditional Hog Roast and Pie and Mash.

Lots of fun and entertainment for the whole family.

FREE ENTRY



WOODBIDGE MUSEUM

This photograph is of a fire engine parked in front of the fire station in The Thoroughfare. The registration number indicates the engine dates after 1932, but we haven't been able to date the photograph more accurately.

The fire station was on what is now the open land next to Specsavers. We have another photograph of the same engine with a wedding party on it.

We do have details on that picture of some of the firemen, including George Thorpe and Percy Darvell, who are listed in the 1939 census as part-time Woodbridge Firemen.

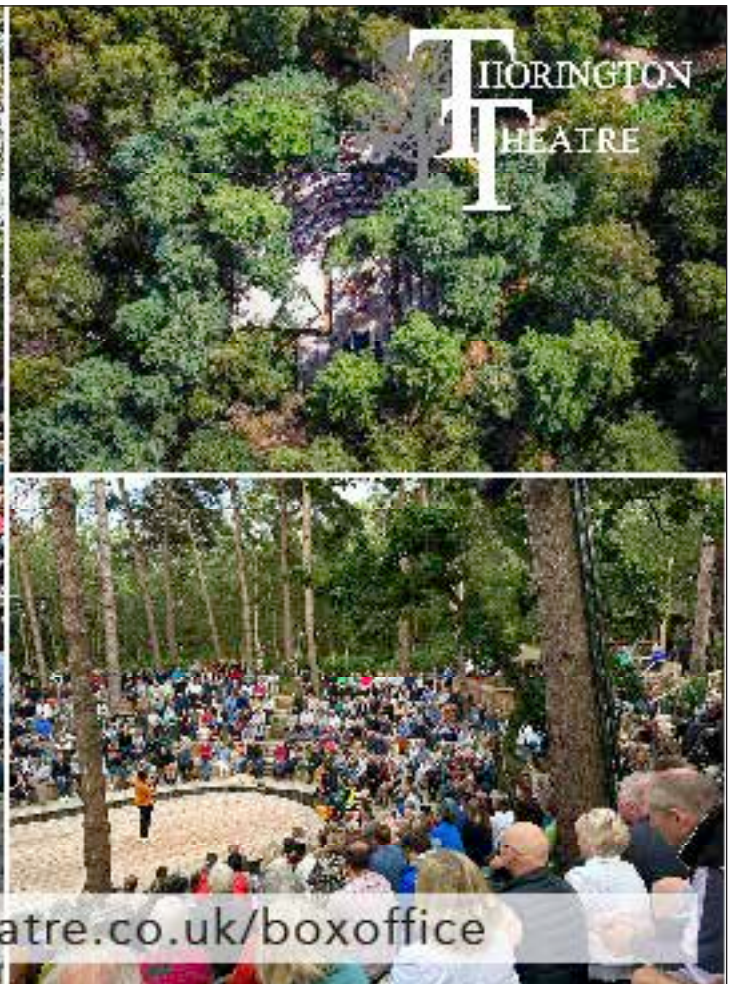
Accordingly, we are assuming this photo dates from the 1940s. We know the land was subsequently used by St John's Ambulance & The Red Cross, who collaborated in running an ambulance service.

We would love to know more about the fire and voluntary services in the Woodbridge and Melton area, so if any of you have any information particularly about when the fire station moved from The Thoroughfare we would love to hear from you. Please email: enquiries@woodbridgemuseum.com

The Friends of Woodbridge Museum monthly talks recommence on 12th September at 2.30pm in the Community Hall. Gary Egerton's light-hearted talk is entitled 'Looking after VIPs and Protection'.

Before his retirement, Gary worked in Special Branch and his role included protection for the Royal Family, politicians and visiting heads of state. Sounds interesting. As always guests are most welcome.

Woodbridge Museum is open every day during the summer from 10.30am to 4.30pm and is free, although we welcome donations. We have a shop selling an extensive range of books, cards and gifts, many with a local theme. Do come and have a look. We would welcome more volunteer stewards so if you can offer any time, please contact: Stewards@woodbridgemuseum.com



www.thoringtontheatre.co.uk/boxoffice

FROM YOUR NEW MAYOR

At the end of May, I had the honour of being elected Mayor by my fellow Councillors. Below are some headlines of the issues that 'hit' me as I stepped into the role. More is available on the Woodbridge Town website.

Day one: The National Lottery Heritage Fund rejected our bid for an initial grant towards the **Shire Hall Regeneration Project**. Fortunately, the door was left open for a re-submission which has been put in hand.

A week later: I led a small delegation from Woodbridge to the market town of **Doullens** in Northern France to sign a friendship agreement that commits both towns to developing a full twinning arrangement by the end of 2026.

At the same time: Suffolk County Council published their response to the consultation on the second phase of **Active Travel Woodbridge**. The work is now being finalised and we are engaged on this.

18 June: My first Council meeting as chair. A heavy agenda but three items of note including two national priorities that will severely impact the residents of Woodbridge:

We co-opted a new Councillor, Simon Sadler. We had three strong applicants. Very encouraging. We reviewed the work that Councillor Sanders is leading on the **NSIPs** (Nationally Significant Infrastructure Projects).



Did you know that within the next 20 years, 35% of the UK's electricity will be generated in, or transiting through, East Suffolk?

We established a working group on **Local Government Reorganisation**. Within the next four to five years, the provision of local services will be changed beyond recognition.

21 June: On a lighter note, have you seen the two hares and 18 leverets that have appeared around the historic centres of Woodbridge? If not **Hop-to-it**. Our Youth Council, facilitated particularly by Councillors Sutton and Pegg, are behind the project in Woodbridge.

I am looking forward to my year as Mayor. If you have an issue in town where you believe action is needed, do please get in touch.

Or even better come to one of our town council meetings and take up an available 3-minute speaking slot to put your issue to the Council. We prefer to hear about issues that come with some initial ideas for resolving them and a time commitment from you to assist the council in resolving them. With joint action we can get things done.

Nigel Phipps

Email: CouncillorPhipps@woodbridge-suffolk.gov.uk



WOODBRIDGE BRANCH OF THE ROYAL BRITISH LEGION

Woodbridge Branch of the Royal British Legion would like to invite everyone from serving personnel, veterans and any members of the public to join us on the 16th August at 11:45hrs to remember 80 years since VJ day.

Why not put on your medals and show how proud we are of those who served and sacrificed for us?

We will be holding 2 Acts of Remembrance at 11:00hrs at the playing fields in Melton, to include the lighting of the Flame of Remembrance and at 12:00hrs at Elmhurst Park Woodbridge.

Dates for the diary

16th August: V.J. Day at Market hill, Woodbridge.

25th October: Poppy Appeal Launch.

7th November: School children's Remembrance, 11:00hrs at Market Hill.

8th November: War Graves Remembrance, 11:00hrs at New Cemetery.

9th November: Remembrance Sunday, 11:00hrs at Market Hill.

11th November: Remembrance at Rock Barracks Sutton Heath.

WOODBIDGE FESTIVAL OF ART AND MUSIC 2025

Friday 29, Saturday 30, Sunday 31 August - Town Wide Festival, Woodbridge, Suffolk

Geno Washington brings British Soul Music Home To Woodbridge alongside funk, punk legends and jazz, rock and art events, at the much loved annual ground breaking festival.

Soul legend Geno Washington is bringing British Soul music home as part of Woodbridge Festival's Super Fly theme, in Elmhurst Park and venues around town, on the last weekend of August.

The soul pioneer, celebrated in Dexy's Midnight Runners 1980s' hit 'Geno', will headline the 14th annual town event in Elmhurst Park on Saturday 30 August.

American-born singer Geno fronted British soul outfit the Ram Jam Band and started singing while he was based at US Air Force (USAF) bases in Woodbridge and Bentwaters in the early sixties. He became the biggest selling UK soul artist of the 1960s. This performance sees him bring his upbeat brand of Brit soul back to Woodbridge for the first time in 60 years - 1965 to 2025.

Geno appears as part of the 'Super Fly' project at this year's Woodbridge Festival. Also appearing as part of 'Super Fly' is pioneering Liverpool funk DJ Les Spaine, who played in Suffolk Airforce bases in the 1970s. 'Super Fly' is a project by DJ Ben Osborne, which celebrates the role US Air Force bases in Suffolk played bringing soul music into the UK.

Joint headliners of the impressive festival line-ups are 'Immersion'. The off-shoot project from Colin Newman - the front man of seminal post punk act Wire. 'Immersion' is an ever-changing collaboration between Colin Newman and Minimal Compact's Malka Spigel. They perform live at Woodbridge in advance of their new album and a national UK tour starting this autumn - and following their first, hugely successful, US tour.

Another headline act is electro clash era club act 'Spektrum'. They make their first live appearance in 10 years, and first show in Suffolk since Latitude in 2006. Their track 'Kinda New' is an era-defining club hit.

Mega film, stage and TV star Ben Miles returns to play Woodbridge Festival, alongside long-time friend and festival founder DJ Ben Osborne. The huge line-up includes acts 'East Angles', 'JS and The Lockerbillies', 'Sid Le Sarge', 'Girl in A T-Shirt', 'The Pangs', 'Strictly Vinyl DJs' and more.

One of two themes announced for this year's festival, 'Super Fly' explores the hidden history that US air force bases in Suffolk played in the development of UK music from the late 1950s to the 1990s. Between this period the numbers of USAF personnel in Suffolk accounted for one in seven people living in the county.

The project was recently featured on BBC Radio 4s Today programme, reaching an audience of nearly 5 million - generating some unknown stories that will be revealed over the festival weekend.

Liverpool's OG funk DJ Les Spaine is a principal figure in 'Super Fly'. As well as playing the USAF bases, Les imported US Funk music he was given at the US bases, into the UK. He went on to be the UK representative for Motown Records, working with the label's golden era of artists, including Marvin Gay, Stevie Wonder, Diana Ross, The Jacksons and more.

'Spin', the other theme for 2025, launched in mid-June with a series of interactive workshops and audio -visual events being held in schools, colleges and community events across Suffolk. The project explores the continuous role spinning has played in history. It has been generously supported by local councillors in East Suffolk District Council.

The festival weekend in Elmhurst Park and venues across town, also features bands and acts playing everything from dance music to folk, jazz and rock, along with all ages art workshops, street food village, craft ale, wine and cocktail bars, local crafts and vendors, kids zone, Two-Toed skate pipe, the return of Anchors Aweigh, Make and Do workshops, Caribbean BBQ, Roti, Gourmet Burgers, Pan Asian and bars from Hopsters, Mr Bees, Topsy Bubbles craft beer, natural wine and cocktail bars, Kids Areas, Eco zones and more.

Geno Washington says of his return to Woodbridge after 60 years: *"I'm glad to be doing the concert in Woodbridge, man, man, man! That is something! To be back in Woodbridge. We're going to party, come on down, we're going to party!"*

Les Spaine says: *"I spent a lot of time in the 70s on American bases in the UK, dropping tunes and making good friends and then watching them get sent off to Vietnam and not coming back. So, it did make a massive imprint on me. I'm happy and proud to be part of this celebration"*.

Woodbridge Festival founder, Ben Osborne, who started work on Super Fly in 2018, says the project highlights an important and over-looked cultural history, in which *"USAF bases brought American black music into the UK through Suffolk."*

"We hadn't expected to be picked up by national media so quickly and are hugely grateful for that and the local media. It's helped us spread our call out for stories and memorabilia and the response has been huge. I've been researching this for eight years but the public responses have revealed totally undocumented events. That's why it's so vital for us to gather this people's history now. It has national and international significance and otherwise it will be lost."

Some of the results from the project's first call out will be revealed over the festival weekend. After which there will be a year-long process of further research that will be presented in 2026.

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*Please view the website for
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INNER WHEEL CLUB OF WOODBRIDGE

Way back in May, there was a wonderfully hot summery day bringing lots of smiling people out to Elmhurst Park in Woodbridge, to enjoy a fun day of peace for the 80th anniversary of peace.

There were many visitors competing to get the most marbles in the jar and playing the hook a duck game which kept everyone busy and the generous donations for taking part resulted in a super donation to Woodbridge Riding for the Disabled.

At the June meeting, following a delicious meal and the AGM, President, Judy Hardcastle, welcomed Ruth Goodship as a member of the Woodbridge club after she transferred from another group.

Cakes were requested from members who like to bake for the Memory Café which continues to be a very popular place to visit from 10.30am on the last Wednesday of each month at Woodbridge Football Club. If you know someone with memory loss, they are welcome to attend with a carer.

As the Inner Wheel year draws to a close, the July meeting saw President Judy handing over office to Deirdre Griffin who will lead members through a very special 75th Anniversary for the Woodbridge club.

Woodbridge IW members meet at Ufford Park Hotel at 6.30 pm on the first Thursday of each month.

Find out more about the club and its aims and objectives at District 8 <https://innerwheel.co.uk>



MARTLESHAM WILDS RESERVE WALK

Suffolk Wildlife Trust's local Woodbridge Wildlife Group invite you to join them for a morning nature walk through the Trust's new Martlesham Wilds Reserve on **Saturday 30 August**, starting from 10 am.

"Work is now underway to make this wonderful area on the banks of the River Deben a real space for nature to recover" said Phil Smith, Chairman of the SWT local group

"Suffolk Wildlife Trust are at the very beginning of transforming 'Martlesham Wilds' from organic farm to nature reserve and we hope to show our participants some of the work underway to attract a wider variety of wildlife to this area."

This walk starts at 10am from Martlesham Church car park, Church Lane, Martlesham IP12 4PQ and will last until approximately 12.30. Places on this walk are strictly limited and must be pre-booked by contacting Suffolk Wildlife Trust. The cost is £5 per person with under 25s free, and bookings can be made online through www.suffolkwildlifetrust.org (events section) or by telephoning them on 01473 890089. The walk is suitable for children over 10. No dogs except assistance dogs. Participants are advised to wear sturdy footwear and bring binoculars and a drink.

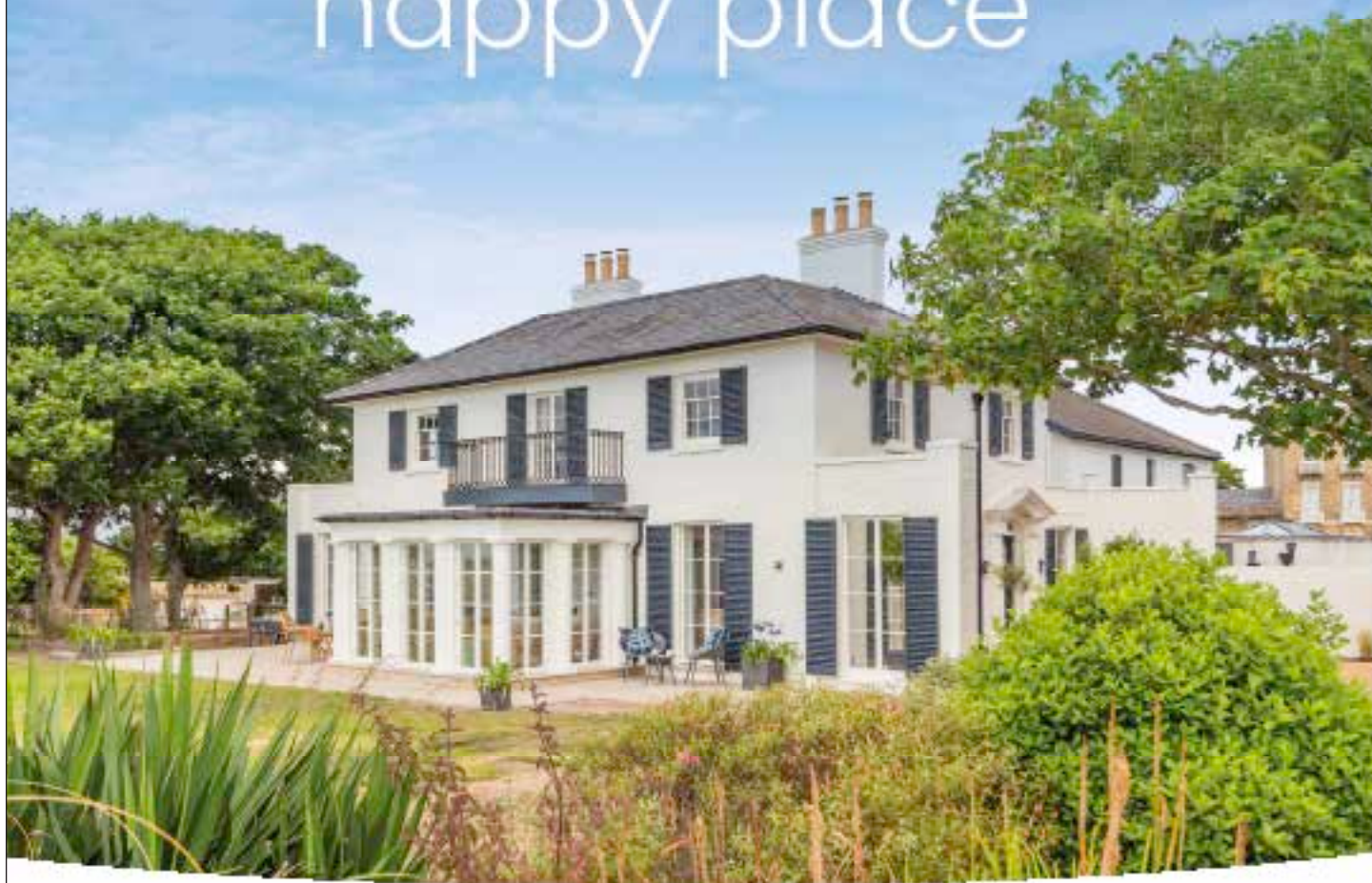
For further information please contact Suffolk Wildlife Trust's Woodbridge Wildlife Group on swtwoodbridge@outlook.com or telephone 01473 625630.





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WOODBIDGE SHUFFLERS

Crowds flock to Woodbridge for the 10K 2025 road race.

It was a great day for running and spectating which drew huge crowds to Woodbridge to watch the annual 10K and junior races. Spectators lined the streets to cheer on around 800 runners who took part in the challenging 2 lap course.

The men's race was won by Cooper Barry in a time of 32:07, pipping last year's winning Brandon Barber and his Ipswich Harriers team-mate Sidney Tilley who finished third. Cooper also won the Founders Cup for the first local non-club runner.

The Women's race was won again by Kat Parnell from Airborne Fit in a time of 38:18, with Alice Heather-Hayes from Ipswich Harriers coming second again, with Elisa Bostock from St Edmund Pacers finishing third.

Age Categories winners for men were:

M: 15-19 Stanley Peacher (Framlingham Flyers)
 M: 40-49 Stu Haynes (Woodbridge Shufflers)
 M: 50-59 Mark Allen (Ipswich Jaffa)
 M: 60-69 Andrew Laws (Ipswich Jaffa)
 M: 70+ David Mower (Waveney Valley)

Age categories winners for women were:

F15-19: Lily Burton (Ipswich Harriers)
 F40: Jenni Askew-Martin (Kesgrave Kruisers)
 F50: Victoria Gallantree (Framlingham Flyers)
 F60: Jacqui Boynton
 F70: Mary Burgess (Felixstowe RRC)

In the 1.5k race, over 100 juniors took part, all of whom would have loved running in front of the cheering supporters.

This year the Woodbridge Shufflers who organise the race were grateful for the support of over 30 local sponsors and over £15,000 raised from the event will be shared between the following local charities: Ipswich Hospital Baby Bereavement Group, Dreamflight, Spitfire Explorer Scouts Martlesham, Woodbridge Ambulance First Responders and Fore get me not golf.

Thanks to all the residents and volunteers in Woodbridge for their support in making the event a special part of the town's year.



Sports Day

In June, 35 Woodbridge Shufflers took over The Green at Martlesham Heath to take part in their annual sports day.

The competitors were split into teams and re-created their youth by competing in a variety of games including wheelbarrow races, sack races, egg and spoon races and a good old tug of war. After all the fun on a beautiful summer's evening, the group retired (with a few tired limbs) for a Paella party hosted by local residents Mike and Ed Ward.



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NEWS FROM FARLINGAYE HIGH SCHOOL

First State School in Suffolk to use Fixtures Software.

Biddable Solutions' (Online Advertising Specialists) owner, James Giles, has teamed up with Farlingaye High to provide SOCS, the schools online calendar system, for the next academic year. Already used by over 1200 schools Farlingaye becomes the first state school in Suffolk to use this software for managing its sporting fixtures. Farlingaye teacher Alan Turner has been instrumental in getting his school to use SOCS but admits that, without James Giles, it would not have happened.

Mr Turner said, "I am very grateful for the generosity of Biddable Solutions that has enabled us to purchase this software. SOCS offers numerous benefits for managing and promoting school sports. It streamlines communication, simplifies fixture management, enhances parent and student engagement, and provides valuable insights into sports participation as well as providing much more enhanced safeguarding measures."

Mr Turner's determination to use SOCS comes after a very successful Rugby season with the school. Taking over the running of the school's U12 Rugby team he arranged 17 fixtures and entered teams into four competitions resulting in 49 Year 7 boys representing the school this year. The season finished with an evening fixture against Woodbridge Rugby Club under the floodlights of the 1st XV pitch. Mr Turner went on to say, "Organising that many fixtures with our current system was very challenging and time consuming. I anticipate that due to the many benefits and features of SOCS, we will be able to arrange more fixtures across all sports as the system allows for online communication between all schools that are using it. As a result, we already have a full calendar of fixtures for Year 7 and 8 which are available to view online."

Mr Giles, a parent, shared his reasons for getting involved: "Sport plays a vital role in keeping students physically and mentally healthy."

"It boosts confidence and helps them form friendships across year groups — the impact is overwhelmingly positive. Farlingaye's sports department is exceptional, with a packed calendar of events. For parents, being able to keep track of fixtures, team selections and pick-up times is really important, and the SOCS platform makes that communication simple and effective. We're proud to be supporting the school's sports teams."



WOODBIDGE ART PHOTOGRAPHY

Woodbridge Art Photography is holding an open meeting on 1st September 2025 at 2pm at Woodbridge Bowls Club, inside Elmhurst Park, Woodbridge, IP12 1BB.

Come and join our non-competitive meeting for all photographers, whatever your style or technique, camera not necessarily needed, just bring a mobile phone! Learn how to get the best out of your equipment.

Non-Standard and experimental images are fully accepted. Do you want to open or even straighten your horizons? Try some irregular, fuzzy and out of focus images!

Join in photoshoots where individual ideas are welcomed!

Contact - steve.mecrow@outlook.com



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A NEW LEISTON EDUCATION CAMPUS

In July we held an event at Leiston and Saxmundham United Church to talk about College on the Coast, the new Further Education facility which is being built by Sizewell C in partnership with Suffolk New College.



You can learn more about the project and the opportunities it will bring at sizewellc.com or by visiting the **Sizewell C Information Office, 48-50 High Street, Leiston IP16 4EW**. We are planning to submit a planning application in September and will hold a further consultation then.

WOODBIDGE CRUISING CLUB

Members are enjoying being back on the water and the cruising season is fully now underway.

The Blackwater cruise in June is a perennial favourite, visiting Brightlingsea, Bradwell and Heybridge. This cruise, run by cruise captain Andy and Sue saw members visit pubs, play Krub and enjoy SADS (safe arrival drinks), barbecues and a visit to Pioneer, the classic vessel restored by a trust.

The shared experience of the unique blend of sailing, navigational challenges, great company and sociable dinners make club cruises so popular.

July saw the European cruise to Ostend and then on to Holland, and the Lowestoft and Southwold cruise led by Bram. Future cruises include Burnham and the River Crouch.

On Saturday 28th June there was a celebration to mark the 100th birthday of Don, a founder member of the club 60 years ago. Don is our oldest member and enjoyed a special cake and gifts.

There is the first ever summer evening club walk in July, led by William, with a scenic stroll along the Deben, finishing with supper at the Ramsholt Arms. Some members took the chance to sail down to the pub and moor up overnight.

The club bar overlooking the River Deben is a lovely place to catch up on members' adventures and hear their seafaring stories.

Wednesday barbecues are now running through the summer and again are welcome social events.

Club members are looking forward to the August bank holiday barbecue, with the delicious puddings a highlight.

If you have a genuine interest in sailing and the sea, have a look at our programme of maritime related events on our website at www.woodbridgecruisingclub.org. New members are always welcome.



The Blackwater Cruise

U3A EAST SUFFOLK

September 5th, a 'red letter' day for older members of the community.

People in later life looking to discover new interests, meet new people and live life to the full, should hot foot it to Kesgrave War Memorial Community Centre on the morning of Friday 5th September.

From 10.30am to 12.30pm East Suffolk u3a will be showcasing its activities with stalls representing dozens of different interest groups.

East Suffolk u3a, a members-run organisation, has more than 2,000 members locally and is all about helping older people to keep fit, make new friends and develop skills.

For those wanting to be active, u3a offers walking, sport and physical activity groups. For those wanting to learn and share knowledge, there are geology, photography, foreign languages, arts, architecture and history study groups as well as dining opportunities and outside visits.

In every setting there's the chance to meet new people to share conversation, experience and ideas.

New members are welcome, with the expectation that they will contribute to the overall success of the group. Membership gives access to all the u3a's activities, subject to availability.

For more information, please see www.u3aeastsuffolk.org.uk or call the secretary on 0300 123 3913.



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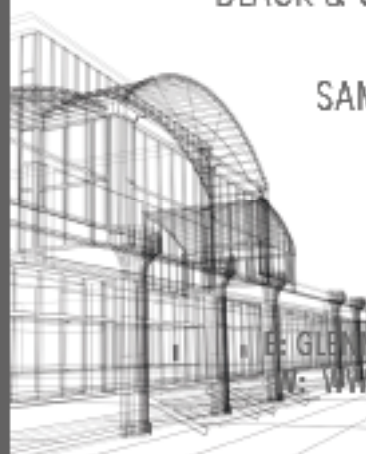
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NEWS FROM WOODBRIDGE RIVERSIDE TRUST AT THE LONGSHED

St Elizabeth Hospice's 'Hop to It' campaign comes to an end on 5th August and we would like to thank everyone who called in to see 'The Longshed Leveret' sitting serenely alongside 'The King's River' tapestry panels in the Gallery!

Our recent 'Sail and Save - the Recyclable Regatta' pilot project to make model boats out of recyclable materials was a huge hit with the primary school children who participated. We are now evaluating that programme with a view to it, or something similar, becoming part of the suite of activities WRT regularly offers to local schools.

The 'Herring Girls' exhibition we held in June (telling the amazing story of the women and girls who followed the fishing fleets down the east coast of Britain processing the catches), proved so popular that we hope to be able to stage it again in early October. In the meantime, Suffolk Archives (who loaned us the 'Herring Girls' exhibition) will be visiting Whisstock's Place on **Saturday 9th August** with their touring exhibition 'Anchors Away – Suffolk and the Sea'.

Our 'Talks' programme will begin again on 20th September – more details of this in our next report.

One more thing - our Gift Shop continues to thrive, with some new products added recently. Many thanks to everyone who supports the Shop. A special "thank you" also to our wonderful team of volunteers who staff it!

The Longshed is usually open from 10am – 4pm on weekdays, and from 11am – 3pm at weekends and on Bank Holidays. Our volunteers will be pleased to welcome you.



FLOWER FESTIVAL

2025 is the year for All Saints Church Sutton to showcase their biennial Flower Festival.

The festival will be held over the two days of Saturday 9 and Sunday 10 August 2025. The Church will be open for viewing from 10am - 6pm on both days and the festival will end with a Festival Songs of Praise at 6.30pm on the Sunday when a local choir will also be performing some of the songs.

This year's theme will be 'An Invitation to'. This theme gives the arrangers enormous scope.

There will be 12 arrangements throughout the Church consisting of each arranger's choice of event.

We would love to welcome you to visit our wonderful Church to view the magnificent arrangements.

Teas, coffees, cold drinks and a delicious display of homemade cakes, bakes and savouries will be on sale from the marquee in the Church grounds and you will be able to enjoy your refreshments either in the marquee or sitting outside.

Alternatively you may wish to take your refreshments into church and listen to the background music.

We do hope you will be able to visit over the weekend and we look forward to welcoming you.





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Southwold & Aldeburgh Summer Theatre Season 2025

Southwold & Aldeburgh Summer Theatre 2025

See How They Run!
 Aldeburgh - 21st to 26th July
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 Ultimate madcap farce by Philip King

GASLIGHT
 Aldeburgh - 28th July to 9th August
 Southwold - 13th to 16th August
 By Patrick Hamilton. The original Psychological Thriller

Things We Do For Love
 Aldeburgh - 11th to 16th August
 Southwold - 20th to 30th August
 Comic, cruel, classic by Alan Ayckbourn.

While The Sun Shines
 Aldeburgh - 19th to 30th August
 Southwold - 3rd to 6th September
 Hit West End WWII Romcom by Terence Rattigan








Tickets £16 or £22. Evenings 7:30pm. Matinees 4pm (Thurs & Sat)

BOOK NOW Call 01728 343344 (no fees)

or www.ticketsource.co.uk/southwoldandaldeburghtheatre (fees apply)



RHS AWARD FOR BOTANICA

Suffolk plant nursery and National Santolina Collection Holders, win RHS Silver Gilt medal at their very first RHS Show.

Botanica Plant Collections based in Campsea Ashe near Wickham Market are delighted to announce that they have won silver gilt for their National Santolina Collection display at RHS Hampton Court.

Nursery Manager Jess Dighton and her team have worked hard over the last few months to design and develop her stand for the show. Apprehensive to begin with, she was heartened by the feedback from show veterans and Plant Heritage as she set up her stand for the judges to cast their critical eyes over. Her efforts paid off and she was just short of the top Gold medal, but very proud to be awarded Silver Gilt.

She said afterwards *"It's a fantastic reward for all our hard work and recognition for Botanica on the national stage."*

Jess has been greeted with tremendous interest and attracted the attention of BBC Gardeners World. She was filmed on Wednesday 2nd July, with a clip aired on BBC 2 on Friday 4th July. After the Hampton Court stand was deconstructed, the prize-winning display continued at its permanent home at the nursery at Campsea Ashe at Botanica's Santolina for open week which began on 7th July.

Visitors are welcome to view and buy their own plants to take home.

Santolinas make a vibrant display with their attractive silver and green foliage along with masses of button sized flowers which range in colour from lovely creamy white to bright vivid yellow. They are an ideal plant for dry and sunny conditions and well suited to our ever-warmer climate.
www.botanicaplantnursery.co.uk



WOODBIDGE FLOWER CLUB

Our annual outing this year was to Houghton Hall in north Norfolk. We were all rather pleased that the heatwave had ended the day before and we were able to enjoy the gardens, hall and tearoom at our leisure.

We were able to enjoy the numerous sculptures around the park and inside the state rooms. The walled gardens were in full bloom and much admired by us all. We were even more delighted that there was a plant sale and between us we almost filled up the luggage compartment of the coach!



Our next meeting will be at Martlesham Village Hall on August 6th at 2pm.





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THE SHIP



THE WESTLETON CROWN

Open Air Theatre

The Pantaloonas are bringing their signature blend of humour and energy to our pub gardens with performances of Shakespeare's greatest tragedy, Hamlet.

The Ship - Wednesday 13th August

The Westleton Crown - Wednesday 10th September

Outdoor Dining

Pull up a chair in our garden and make the most of the sunshine. Grace your way through seasonal plates and bar snacks, or stay a little longer for sundowners during golden hour. Outdoor tables are now bookable via our website.

For information on upcoming events, menus and more, head over to our websites below

shipatdunwich.co.uk

westletoncrown.co.uk



PATIENT PARTICIPATION GROUP

Little St John surgery, Woodbridge –

Be more involved in your surgery! Our PPG is looking for new members!

What is a PPG?

A Patient Participation Group (PPG) is a group of patients, registered at the practice, who work together to share ideas and take an active interest in developing the practice and influencing local health services.

The PPG seeks to maintain good relations between the practice and the patient population by facilitating a twoway channel of communication and providing feedback to the surgery on patient experience. The group meets in the local library approximately once every six weeks. Our PPG is looking for new members to join the team. Anyone registered with the surgery can join the group and we particularly welcome those patients from the younger age group and those from minority groups.

To find out more please contact our Chairperson on: ppg.lsj@btinternet.com or contact the surgery on 01384 382046

IPSWICH AND DISTRICT CROQUET CLUB

School holidays... what can we do?

If you are a parent or grandparent of a teenager and wondering how to keep him or her entertained during the school holidays, you need to look no further. Croquet could be just what you are looking for – something you can do together.

Croquet is a fun game that can be played by anyone, regardless of age, gender or background.

It is a game of skill that does not require physical strength or agility, so it can be enjoyed by those who play no other sport. And it's a great way to get the youngsters into the fresh air and for a moment away from their iPhones and tablets.

A warm welcome awaits you at Ipswich and District Croquet Club on the Bucklesham Road, IP10 0AA. They will kit you out and get you playing in no time at all.

For more information or to book a session please tel./text the Club Secretary on 07780 704 792 or email croquetclub.ipswichuk@gmail.com.



BRIAN from MELTON

Melton's famous resident, Brian, shares his stories, views and observations on everyday life with his very own column, exclusive to The Tide Collection magazines.

Cor-to-heck! It's been some duddy warm of late. I've been loods of time in the garden shade and trying to keep cool. Me plants hev bin droopin in the heat and the grass is slowly turning to straw, but the weeds keep agorn and are good and green! It won't be long afore them ol warsps start appearing again and I int looking forward to it one bit. Between them and them dutty ol flies, they're a ruddy nuisance and I hate em. A couple of summers ago, I sat in the garden, minding my own bizzness on a hot ol day, tucking into a corn beef sandwich with a dollop of browen sauce when a warsp



flew up my best linen shorts and stung me right on me groin. Blast I dint harf shriek out and it dint half hurt anaul. Thankfully, the gal Rosemary next door got me some ice to put over the sting and some vinegar to ease the pain and reduce the swelling. That was a rum ol dew, and I dint know that vinegar helped with warsp stings, but that do. The neighbour Marcus and his misses hev been spending more money on them solar garden lights. They got hundreds and wen you look over the fence, that look like Yarmouth luminations.

They even got lights on the patio, lights on the fence and either side of the garden path - it look like the runway at Stanstead! I spect I'll be gorn down to Aldeburgh Carnival in a few weeks and I usually like to sit up on the beach and watch the world go by and everyone getting chased by the seagulls. Some of them are groot-ol buds and will grab your sausage if they see it sticking out of the bag. I love watching the Carnival lantern parade at night and seeing the sky light up with all them fireworks, sitting on my fold up chair and listening to everyone gorn "ew" and "arr" as the fireworks go up and then pop. That take a lot of hard work to put the Carnival on and I say well dun to all them that do their bit to keep it gorn. I always hull a tenner in the firework bucket to show my appreciation and spect you do the same.

This year, I'm gorn down there with me mate Ticket on the bus. He reckon that's the easiest way, so I hope his right and we don't end up lorst up the back of beyond.

You can hear Brian from Melton chatting with Mark Murphy every Saturday morning at 8.20am on Alde and Blyth Community Radio and listen out for the new Brian from Melton podcast, coming soon to: www.abcradio.co.uk.

MORABE RURAL MUSIC

Donor appeal launched to bring music to children and communities in rural Suffolk

A charity set up to bring to music to children and communities in rural Suffolk has launched an appeal for 50 donors to secure its future and ensure no talent is left undiscovered because of postcode or poverty.

MORABE Rural Music offers subsidised music tuition, instruments and performance opportunities to schools and communities in Suffolk. What started in 2023 with six donated violins and a pilot scheme in Eyke Primary School, where every child in the school learns to read music, sing and play an instrument on a weekly basis. The programme has also expanded to include Mini Music classes for under fours, a community choir, therapeutic music interventions for children with additional needs, and maternal wellbeing sessions, run in conjunction with the NHS, to support new mothers.

Since September, the programme has reached more than 600 children and families through performances and weekly activity, and in the autumn primary schools in Melton and Orford will be joining the MORABE Rural Music family.

At the annual MORABE summer showcase at Seckford Theatre, Woodbridge on Friday 4 July, where young musicians performed alongside the community choir, the charity's founder and music education specialist Maria Dobing said she was hopeful they can raise the funds needed to keep the music programme going and growing, bringing the transformative power of music to more people:

Maria said: "We are a small charity but we have big ambitions for MORABE and what we can achieve through increasing access to music in underserved rural communities - not just for children, but adults and older people too. We have seen firsthand how music transforms lives, eases loneliness, supports mental health and creates opportunities for families who are too often overlooked. There is so much talent out there just waiting to be discovered, but for children and families it's been so more than just that - music has been their lifeline.

"The impact we are having and the amazing feedback we get from children, parents and the community is driving us to scale up the programme, reach more people and really make a difference. But we can't do it alone - we need resources and that's why we are launching the MORABE 50 fundraising initiative.

"MORABE 50 will guarantee us an income for three years so we can put more instruments into the hands of children and pay for the resources to teach them; we can run more Mini Music classes for babies and their parents and reach more people who are lonely or isolated through inclusive, community music programmes."

MORABE 50 donors are being asked to contribute £85 a month for three years to help MORABE continue its great work, and to expand to reach more schools and communities in Suffolk. 85% of MORABE's students receive individual lessons through bursaries, so for less than £3 a day, MORABE 50 donors can give children the gift of music and the chance to discover a talent they may never have known they had. The MORABE 50 funding will also be used to fund new community music programmes to transform the lives of people living in isolated areas.

Lucie Fairweather, headteacher at Eyke Primary School and co-founder of MORABE added: "Access to music has become a luxury, especially in rural or deprived communities. In 2023 we launched MORABE to change that and we have already come a long way. We now have an alumni scheme to help budding musicians continue to learn after they leave primary education. We are levelling the playing field to ensure that even children from rural, deprived areas can excel in music, and it's working."

For more information visit <https://www.morabe.org.uk/the-morabe50>



Children from Eyke Primary School performing at Seckford Theatre at the annual MORABE showcase event on 4 July 2025.

DATES FOR YOUR DIARY

AUG 2 & 3 Wickham Market 74th Annual Village Show 2025.

Theme: 'The Seaside'. Saturday: 12.30 – 4.30pm; Sunday: 12noon – 3pm at Wickham Market Village Hall.

Please go to the dedicated Facebook page 'Wickham Market Village Show' for more detail and www.visitwickhammarket.co.uk

AUG 30 The Wollaston Consort at Sibton Church (IP17 2NB)

Julie Harmer (flute) and Peter Clayton (harpsichord & organ). Music from across Europe in the Baroque style. Music by Blavet, Quantz, Buxtehude and Sweelinck. 3.30pm. Tea, served at 4.30. Tickets: Adults £15, U18s £5. On sale at the door, or from July 15th onwards at the Weavers Tearoom Peasenhall, and the Peasenhall General Stores and on Eventbrite.

LLOYDS TOUR OF BRITAIN MEN

Britain's biggest professional cycle race and the UK's largest free-to-spectate live sporting event will return to Suffolk this September, as the opening stages of the race take place in the region on Tuesday 2nd and Wednesday 3rd September.

East Suffolk will host the first stage of the race, with the return of the world's top male cyclists to the district for a third consecutive year, as Woodbridge and Southwold play host to the stage one start and finish.

A day later the second stage of the race will start and finish in Stowmarket, hosted by Mid Suffolk District Council and neighbouring Babergh District Council, as two stages of the Lloyds Tour of Britain Men take place in the county for the first time.

The announcement follows the success of this year's Lloyds Tour of Britain Women in June, which saw an action-packed edition of the race only decided in the final sprint to the line in Glasgow, as Kiwi rider Ally Wollaston claimed victory.

Cllr Sarah Whitelock, East Suffolk Council's cabinet member for Communities, Culture, Leisure and Tourism, said: *"We are excited to welcome the Lloyds Tour of Britain Men back to East Suffolk for the third consecutive year, and to be hosting the opening stage. This is the UK's largest free-to-spectate live sporting event and directly benefits local businesses and communities. The Tour, and the community activities which accompany it, also helps to promote the physical and mental health benefits of cycling to all ages and abilities and showcases East Suffolk as a cycle friendly destination to a national audience."*

Having hosted the final stage of the 2024 Lloyds Tour of Britain Men, East Suffolk will now host the start of racing in September 2025, marking the first time since 2012 that the overall race has begun in Suffolk, and a debut for Woodbridge as a host venue for the event.

Southwold has never hosted the Lloyds Tour of Britain Men, but has twice seen the women's race visit, most recently in 2018 when Jolien D'hoore won a stage finishing on North Parade in the town.

The exact stage route for the opening leg of the Lloyds Tour of Britain Men may have been published by the time this goes to print but will include passing through Wickham Market, Aldeburgh, Saxmundham, Framlingham, Halesworth, Bungay, and Beccles.

For the second stage, Stowmarket will host the Lloyds Tour of Britain Men for the first time, though like Southwold has hosted a finish of the women's race, also won by Jolien D'hoore in 2019.

The route of stage two will include Debenham and Eye in Mid Suffolk, and Sudbury and Hadleigh in Babergh.

Cllr John Ward, leader of Babergh District Council said: *"This is fantastic opportunity for us to showcase Babergh's beautiful landscapes, towns and villages to an international audience."*

"We're also committed to providing opportunities to get involved in sports and physical activity and by hosting this international event showcasing prominent cyclists we hope to inspire the next generation of budding athletes right here in Suffolk."

Commenting on the announcement of the opening stages, Jonathan Day, Managing Director of British Cycling Events, said; *"Having finished the Lloyds Tour of Britain Women with some great racing and a fantastic festival of cycling in Glasgow, our attention is now on September and the return of the men's event. We are delighted to begin our announcements with the news that East Suffolk will host the opening stage, and two new venues – Woodbridge and Southwold – will appear on the Lloyds Tour of Britain Men map. Then moving onto stage 2 and a huge thanks to our partners at Babergh and Mid Suffolk, which will see Stowmarket become the third new venue for the men's race, ensuring a fantastic opening two days in the beautiful Suffolk countryside."*

"Over the coming weeks we look forward to sharing more exciting details about this year's race with fans and building up to what will be another incredible edition of the Lloyds Tour of Britain."

Further announcements about the host venues of the other four stages, as well as the participating teams for the Lloyds Tour of Britain will be made over the coming weeks.



PROJECT UPDATE

AUGUST 2025

Work across all Sizewell C sites continues to progress at pace.

Last month, Sizewell C announced plans to build a new post-16 college for its host town in Suffolk – a move that could transform higher education access in the area and ensure a long-term skills legacy for the region. The Further Education (FE) college will be delivered in partnership with Suffolk New College and will be an extension of their current local provision, known as 'On the Coast'. It will be a permanent high-quality post-16 education facility for Leiston, which will deliver comprehensive, multi-site education and training. Further details regarding location and planning requirements will be outlined shortly. For further information visit sizewellc.com/news.

Construction of the northern section of the temporary sea defence has started with the first sheet piles being installed. The works will take place within the Sizewell C fence line and the public footpath will remain open. We apologise for any noise disturbance which we will endeavour to keep to a minimum. Works will soon commence on installing a temporary outfall on the beach. This work will be for a short duration and within a fenced compound.

Site preparation, including construction compounds and welfare facilities, ecology and archaeology mitigations, continues at our Northern Park and Ride

In Darsham. Construction of the roundabout next to the A12 and Willow Marsh Lane has started. To aid road safety for all road users a 30 mph speed limit on the A12 is planned between the A144 and the Darsham level crossing.

Similarly in Wickham Market work will conclude this summer. As areas become clear of archaeology work, construction will begin in a phased manner.

From the week commencing 7th July, track works will start along the Leiston branch line. Work will include lifting and removing of old track and ballast. Once this phase is complete, there will new track and ballast laying.

The works will be carried out by engineering trains and specialist tracklaying plant including along the track, initially in the section to the west of Leiston. The work can be noisy and create dust, however we will have dust suppression in place to minimise the impact. Working hours will be from approximately 07:00 to 19:00.

Our forums are a way for local people to hear about key issues related to the construction of Sizewell C. All forums run from 18:30 to 20:30 (arrival from 18:00).

These monthly updates are now available on subscription, if you would like to further subscribe, please create an account on the Sizewell C works tracker website via the QR code below.

FORUM

SCHEDULE

All forum timings
18:30 - 20:30
(Arrival from 18:00)

Northern Transport Forum	Wednesday 6 August 2025	Darsham Village Hall
Southern Transport Forum	Wednesday 3 September 2025	Stratford St Andrew Riverside Centre
Main Development Site Forum	Wednesday 8 October 2025	Leiston Town Athletic Association

For more information and for all 2025 forum dates visit sizewellc.com/community/forums

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WOODBIDGE LIBRARY

Opening Hours: Mon: 10am - 5pm; Tue: 9am - 6:30pm; Wed & Thu: 9am - 5:30pm; Fri: 9am - 7pm; Sat: 9am - 5pm; Sun: 10am - 4pm

Please note: The library will be closed on Bank Holiday Monday 25th August 2025

Thursday 7th August, 2.30pm: Mini Vibes Music. Calling all parents of 1 - 6 year olds! Please come along to this free event and an opportunity to make music with Sarah Louise. Numbers are limited so please book your space(s) at the library or by telephoning 01394 330855. Brought to you by The Friends of Woodbridge Library.

Friday 29th August 10am – 12noon: Suffolk Wildlife Trust Pond Surgery - Free drop-in. Thinking of building a new pond or wilding up your own one? Join us to work out how to create a pond or work out a plan to help a pond that needs some love in your garden, space or work.

Summer Reading Quest continues throughout the summer holidays. Where will your reading take you this summer? Calling all children from age 2 - 12 years to take part in the annual library summer reading challenge! There's still a chance to sign up in August.

Wednesdays: 10.30 - 10.50am: Baby Bounce: Soothing songs and gentle nursery rhymes for babies and their grown-ups;

11.15 - 11.45am: Tot Rock Rhyme and rhythm: Music, songs and action rhymes for toddlers with their parents and carers;

1.30 - 3:30 pm: Open Space. An informal drop-in for anybody interested in their mental health and wellbeing, as well as families and carers. It is run in partnership with Suffolk Mind. Discussions and activities are built from suggestions from the group. For further information please don't hesitate to contact Woodbridge Library.

Fridays: 9.30 - 10:15am: Stay & Play: A chance for new parents to meet and share experiences in a relaxed environment, gaining peer support; 10.30-11.00am: Story Time: Stories and more for young children accompanied by an adult; 2 – 4pm: Knitting Group: For all types of knitters from expert to beginners, sewing to crochet, come and share your knowledge or pick up some tips.

Fridays, 4.30 - 6.30pm: Digital Life Skills Course (sponsored by The Friends of Woodbridge Library). This is a 4 week beginners' course to be held in the Meeting room. Class size is limited to 8 and is available free of charge to anyone 18+ who would like help with the basics of getting online and using a laptop. We currently have only one space left! Please contact Woodbridge Library on 01394 330855 or come to the library desk to sign up. Start date to be confirmed.

Saturday, 2nd August, 10am – 2pm: Lego Club for Children: Come along to this free club and have a go at creating your own Lego masterpiece! Children must be accompanied by an adult at all times. First Saturday of each month.

Wednesdays 6th & 20th August, 10am – 12noon:

Woodbridge Writers Group. Join our friendly group for reciprocal feedback, encouragement, and support regarding anything you're writing or have written. A group of like-minded writers will be meeting in the Meeting Room. For more information, email: jane@bakwon.com. First and third Wednesday of each month.

Tuesday 12th August, 2 - 4pm: Write Now Writing Group:

Are you interested in writing short stories and poetry? Looking to share your work with others and get peer support, exchange ideas and more? We would be delighted for you to join us for our friendly and informal monthly writing group! Everyone can write - all abilities are welcome. Bring your work or come along and listen to others share their words. For more information and to confirm your attendance, email jeannie@butterwicks.com.

Thursday 14th August, 2 - 4pm: Books, Banter and

Biscuits Book Group. A book group that's open to everyone, meeting on the second Thursday of every month. They will be discussing 'Melmoth' by Sarah Perry.

Thursday (third Thursday of each month), 2 – 4pm: Top

Time Play Reading. A play reading group that reads all varieties and genres of plays in a shared format.

Thursday 21st August, 2pm - 4pm: Top Time Play Reading.

A play reading group that reads all varieties and genres of plays in a shared format. Third Thursday of every month.

Thursday 28th August, 2pm - 4pm: Top Time Games Club.

Improve your vocabulary and exercise your mind muscles with Scrabble or practice strategy and balance with Dominoes.

Book Sale: Please have a browse of our ex-stock books and donated books.

The Friends of Woodbridge Library (FOWL): If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

Meeting room and display boards available for hire:

Community / charity / private groups: £13 per hour (minimum booking of two hours). Commercial / statutory groups: £19.50 per hour (minimum booking of two hours); **Pod (small office):** Community/charity/private groups: £9 per hour; Commercial/statutory groups: £13.50 per hour; **Display boards:** £15 per week; **Staffed table display** in the main library: £15 per half day

Kate Fawcus

Library & Information Advisor

Woodbridge Library, Suffolk Libraries; Tel: 01394 330855

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SUFFOLK COUNTY MUSIC SERVICE

Exciting times continue at Suffolk County Music Service!

A busy summer continues across Suffolk for the County Music Service.

We are just back from an enjoyable and successful two days at Suffolk Show – where visitors to our stand were able to play on our vast Jnsory Sessions and take guitar lessons – all were aimed at children with disabilities, in particular the guitar sessions were for children with hearing iting to learn about our tutor's method of teaching using live images of the sound levels.

Upcoming events

4th August: Prom Concert at Snape Maltings

15th – 17th August: Folk East, at Sotterley Estate nr Beccles

7th September: Gala Concert, Sunday at Snape Maltings

Please visit our website www.suffolkcountymusicservice.co.uk/take-part, where you can learn more about the wide range of activities we offer your children and young people at different locations across the county.

Follow us on our social media pages for more updates and find out how you can join in! www.suffolkcountymusicservice.co.uk



Javanese Gamelan at Suffolk Show, Trinity Park Ipswich



WCET Fest at Trinity Park, Ipswich



Suffolk Youth Orchestra at Snape Maltings



Norfolk & Suffolk Aviation Museum

Family Fun Day At The Museum

Saturday

9th Aug 2025

Open from 1000 to 1600



Come along and enjoy a great family day out at the Museum. With Mike Kendall and his Dancers in the main hangar, there is plenty to see and do. Enjoy some family time together with flight simulators to fly, open cockpits to sit in and with the NAAFI café open, this could be a relaxing day for all.

We are wheelchair and dog friendly.



Museum has: 60+ Aircraft on Display 1,000s of Artefacts Shop onsite Picnic tables ++ Soft Drinks, Coffee, Tea & Snacks from the NAAFI Café

Admission = Adults £10, Children (aged 5 - 17) £5, under 5 free Family £20 (2 adults and up to 3 children)

Find us located at: The Street, Flixton, Bungay, NR35 1NZ
Tel: 01986 896644 Email: nsam.flixton@gmail.com



Norfolk & Suffolk Aviation Museum

Veterans Day @ NASAM

Saturday

30th Aug 2025

Open from 1000 to 1600

Enjoy a great day out for the whole family. Lots to do and see, including open cockpits, flight simulators, NAAFI refreshments, weapons and uniforms. Enjoy the sounds and sights of the 40s with the Mike Kendall music and his dancers.



Also, subject to weather and operational commitments on the day, enjoy the sound and sight of a RAF BBMF Spitfire as it performs a flypast @ NASAM



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www.suffolkopenstudios.org

Late Summer Art Exhibition

21 – 31 August

10am–4pm at Holton Lodge Barn
The Street, Holton, Halesworth, IP19 8PN



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Our Opening is on 6th August from 10am till 4pm.
All welcome



28 JULY – 31 AUGUST

SUMMER AT SNAPE

Over 40 music events at Snape Maltings this summer.

brittenpearsarts.org
01728 687110

SUMMER AT SNAPE

28th July – 31st August

A month-long celebration of music running, the programme features over 40 events with something for everyone: from orchestral classics and contemporary jazz to folk, choral music and reggae. Britten Pears Arts' aim is simple: to ensure that music and the arts transform people's lives and bring the community together. Summer at Snape offers a programme filled with opportunities for audiences to listen to live music, take part in workshops, explore our summer exhibitions and the Suffolk landscape, and enjoy family-focused activities.

From classical hits with the City of Birmingham Symphony Orchestra to innovative new music from a previous residency artist Aditya Prakash. See the double Grammy and MOBO award winner Corinne Bailey Rae and experience the soulful sound of London Community Gospel Choir. Other performances include folk band 'Blazin' Fiddles', sing along to 'ABBAphonic' and enjoy a special concert marking Bob Marley's 50th birthday.

Celebrate the talents of Aldeburgh Young Musicians, and for BPP's youngest audiences, try the Mini Music Makers sessions.

Join in the Aldeburgh Carnival and the animated performers of The Aldehouse Seasons, plus music and mindfulness wellbeing workshops with Quietnote. The curious can head to The Red House on a tour to pore over the extensive art collection and see behind the scenes.

Make a day of it with tranquil boat trips on the River Alde, the Sunday Breakfast Club with live DJ, and be inspired at the Summer Contemporary art exhibition. Snape Maltings is in the heart of an Area of Outstanding Natural Beauty with breath-taking views and walks. The Red House in Aldeburgh is a short distance from the stunning Suffolk coastline.

For full details please visit: www.brittenpearsarts.org

CITIZENS ADVICE EAST

Eligible for PIP or UC? Apply before the rules change

There has been a great deal of talk recently about proposed changes to government disability and health benefits, specifically to Personal Independence Payment (PIP) and the health component of Universal Credit (UC). While some proposals were knocked down in June 2025, the government still has plans to improve the efficiency, fairness, and targeting of these benefits.

What are these benefits? When might they change?

Personal Independence Payment (PIP) is a government benefit for people with a long-term illness or disability. It is designed for people of working age to help with the extra costs associated with daily tasks (like dressing, cooking, washing, and managing medication) and/or with mobility (walking, moving about safely). PIP is not means-tested, which means you can apply whatever your income, savings, or employment status.

The government are planning changes to the rules for claiming PIP. We don't know exactly what these are yet (and will tell you when we do) but they won't come into effect until 2026. This means....if you think you may be eligible for PIP you should apply this year as fewer people will qualify when the rules change. First though, check your eligibility, and read how DWP assessors make their decisions (see helpful websites below). And if you find long application forms daunting, ask Citizens Advice for help.

Universal Credit, health element. Universal Credit (UC) is a means tested benefit for people of working age and their families who have low incomes and few savings. You can be employed, self-employed, or not working but you must meet the low income and savings criteria. The **health component of Universal Credit** gives people with disabilities or long-term health conditions additional money.

The amount is tailored to the severity of the condition. Claimants have a 'Work Capability Assessment' (WCA) determining whether they must look for work/more work or not, and how much they get.

The government are planning changes to the amount of Universal Credit people can receive, and how the health element of UC is assessed. It is likely that the **rules for the WCA** will be tightened. However, changes will not happen before April 2026. This means....if you don't get any benefits and you're on a low income with few savings you should make a claim for UC soon. You might get more money if you apply before the rules change. Again, Citizens Advice can help you claim. Have a look at these useful websites before making a new application for PIP or UC:

PIP: <https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/>

<https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/help-with-your-claim/how-decisions-are-made/>

UC: <https://www.citizensadvice.org.uk/benefits/universal-credit/claiming/start-a-universal-credit-claim/>

<https://www.citizensadvice.org.uk/benefits/universal-credit/if-youre-sick-or-disabled/getting-universal-credit-if-youre-sick-or-disabled/>

For further advice on this or any other issue please email Citizens Advice East Suffolk from our website: www.caes.org.uk/email-service or phone us on **0808 278 7866** (lines open 10-2 Mon-Fri). Our website www.caes.org.uk also gives details of our **drop-in outreach sessions** and how to make an **appointment** at one of our offices.

SUFFOLK DOG DAY 2025

Sponsored by Gladwells Pet & Country Store and Skinners, the popular event which celebrates man's best friend Suffolk Dog Day 2025 will take place on 31 August.

Suffolk Dog Day 2025 will feature a range of fun dog classes, dog agility and scurry activities, as well as over 50 stalls full of doggy goodies, Crufts' style competitions, children's entertainment and plenty of food and drink stalls for attendees to enjoy. As ever it will be a day sure to get tails wagging in approval, while also raising vital funds for St Elizabeth Hospice.

James Fox-Golding, Events and Challenges Manager at St Elizabeth Hospice: *"We're thrilled to announce the return of Suffolk Dog Day for 2025. It's a much-loved event in the Suffolk calendar, and we can't wait for August to arrive, bringing together supporters and the local community to celebrate our shared love for dogs."*

All ticket proceeds and donations from Suffolk Dog Day will go to St Elizabeth Hospice, which every year provides support to over 4,000 patients & families living with life-limiting illnesses in East & Mid-Suffolk, Great Yarmouth and Waveney.

Annually these services cost around £12 million to deliver, with 70% of these funds being generated by the local community's support of the hospice's income streams, for example retail shops, events – such as Suffolk Dog Day, individual fundraising as well as gifts in Wills and donations.

Please visit www.stelizabethhospice.org.uk/get-involved/events/all-events-challenges/suffolk-dog-day/

To find out more about St Elizabeth Hospice call 01473 727776 or visit www.stelizabethhospice.org.uk.



SUFFOLK TANGO

Are you looking for an activity that's fun, keeps you fit in body and mind, and widens your social connections?

Argentine Tango ticks all these boxes and more – check out Suffolk Tango's New Beginners' Courses, Tasters and Concerts.....

With its evocative music, and its mixture of elegant walking and playful moves, Argentine Tango is a great way to improve balance, exercise your mind, develop poise and make friends.

Our aim is to give you the ingredients to be able to join in Social Tango Dances, locally and anywhere in the world! Suffolk Tango is excited to be able to offer you the chance to join our weekly New Beginners' Courses in the autumn.

We are delighted to have the opportunity to run classes in the activities room at the newly refurbished, community-owned pub 'The George' in the High Street, Wickham Market, starting with a FREE Taster on Tuesday, 19th September at 7.30pm. We will run Beginners classes most Tuesdays, from 23rd September (£5 per session).

There will also be a new weekly Beginners course at the Martlesham Community Hall, starting on Thursday, 11th September: doors open at 6.30pm for welcome and warm-up; the lesson is at 7 - 8pm.

The venue is the Martlesham Community Hall, Old Felixstowe Rd, Martlesham, IP12 4PB. The fee for each lesson will be £8, payable on the day.

This will entitle class members to stay to watch, (and later in the term, join in with) the Improvers/Intermediates' Class/ Practice Session which follows. This will be an opportunity to meet, chat and dance with the local Tango Community. We welcome total novices, people with other dance experience or those who want to revise the basics. It's not essential to come with a partner, but nice if you can.

On Friday 12th September at 7.30pm, Los Innominados presents 'Musica Latina' - a concert of Argentine Tango (with music and dancing) and folk music, featuring celebrated Argentinian singer Oscar Acebras. At 'The George', Wickham Market. (Retiring collection towards travel costs.) To find out more visit: suffolktango.org.uk

BAWDSEY RADAR MUSEUM

The museum is open as usual on Thursdays, Sundays and Bank Holiday Mondays until the end of October. Don't forget kids get in free. August is a very busy month at the Block. We celebrate the world's first airborne radar experiments at Martlesham Heath, with a series of talks at BT Adastral Park on Friday 15th August and at the Museum on Saturday 16th. For more details and to book, visit our website: bawdsey-radar.arttickets.org.uk/bawdsey-radar/

The virtual reality 'climb a tower' will be available on 10th and 31st August and the popular 1940s café will return on 17th August, and will be open to non-museum visitors too! The astronomers are back on 24th August, when the Orwell Astronomical Society will be looking at the Sun safely with some special telescopes.

For more information contact info@bawdseyradar.org.uk or phone 07821 162879.

In September, Black & White Productions, with Bawdsey Radar Trust, present a touring production of 'Operation: RADAR', written by Suzanne Hawkes. For further details please contact the Black & White Box Office on 01394 279613 or the website: www.ticketsource.co.uk/black-white-productions. Planned date / venues for 'Operation: RADAR' are as follows:

2nd & 3rd Sept @ 7.45pm: Two Sisters Arts Centre, Felixstowe (Previews)
6th & 7th Sept @ 2.30pm: Bawdsey Radar Museum
9th Sept @ 7.45pm: Martlesham Community Hall
2nd Sept @ 7.45pm: Darsham Village Hall
13th Sept @ 7.45pm: Old Jet, RAF Bentwaters
14th Sept @ 2.30pm: Harvest House, Felixstowe
15th Sept @ 7.45pm: Waldringfield Village Hall
16th Sept @ 7.45pm: Bury St. Edmunds Guildhall
19th Sept @ 7.45pm: Orford Village Hall
20th Sept @ 7.45pm: Jubilee Hall Aldeburgh

This issue was designed, printed & published by Leiston Press.

Woodbridge Talk is your free local paper, 2000 copies are printed every month. We distribute the magazines door to door and to many varied outlets. The next issue will be published Friday 1st August copy deadline is 14th July - but the earlier the better to ensure inclusion.

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Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.

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What's On at
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Mon 4th & Tues 5th Aug at 7.15pm
Wed 6th Aug at 3.00pm
Thurs 7th Aug at 7.15pm

FOUR LETTERS OF LOVE 12A

Wed 6th Aug at 7.15pm

THE BALLAD OF WALLIS ISLAND 12A

Fri 8th & Sat 9th Aug at 7.15pm
Sun 10th Aug at 6.00pm

SUPERMAN 12A

Mon 11th - Thurs 14th Aug at 3.00pm

SMURFS U

Tues 12th & Thurs 14th Aug at 7.15pm

F1: THE MOVIE 12A

Wed 13th Aug at 7.15pm

SIX - THE MUSICAL LIVE! 12A

Fri 15th Aug at 7.30pm. LIVE ON STAGE

COUNTERFEIT QUO

Sat 16th Aug at 7.15pm
Sun 17th Aug at 6.00pm
Tues 19th - Thurs 21st Aug at 7.15pm

THE NAKED GUN 15

Sat 30th Aug at 7.00pm
Sun 31st Aug at 3.00pm

ANDRÉ RIEU'S 2025 MAASTRICHT CONCERT
WALTZ THE NIGHT AWAY PG

Wed 3rd Sept at 7.15pm
Sun 7th Sept at 6.00pm

JAWS 50th ANNIVERSARY 12A

Sat 6th Sept at 7.30pm. LIVE ON STAGE

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