

...YOUR FREE LOCAL NEWS

AUGUST 2025

ALDEBURGH TIMES



PART OF THE **TIDE COLLECTION**

ALDEBURGH TIMES

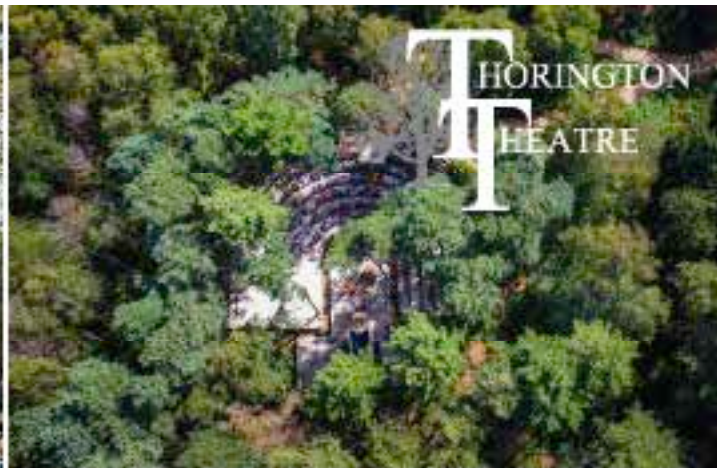
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Summer at the Museum



- Our favourite Storyteller
is back in Town
20th, 21st AUGUST
11:30, 12:30, 13:30, 14:30
outside the Moot Hall
FREE

- Hands On Activities for
children every Thursday
afternoon in **AUGUST**

- **SMUGGLERS WALKS**
13th and 25th August
1200, 1300, 1400, 1500
FREE

- Take a Walk with
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Walking Trail with
museum entry



www.aldeburghmuseum.org.uk



A NOTE FROM OUR EDITOR



Carnival time is just around the corner and the theme this year is 'Celebrating Summer' – so let's hope it is! As I write this it's raining and skies are grey! Committee members would still welcome more volunteers so if you have an hour or two to spare, either leading up to or during carnival weekend they would be most grateful for your support!

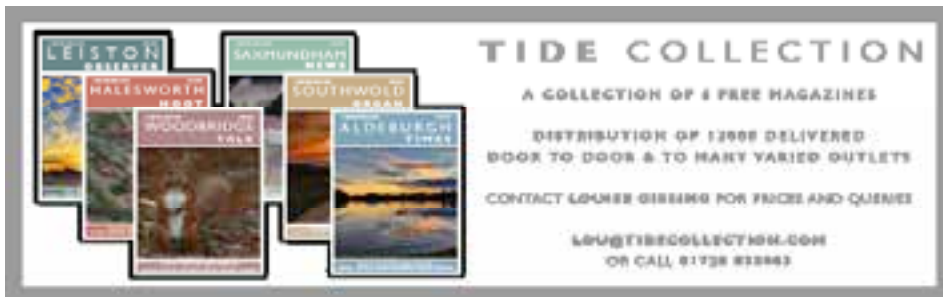
Please get in touch if you have anything to share with our readers or if you wish to advertise with us. We know from the feedback we receive that people really engage with our publications.

Email me at: lou@tidecollection.com

QUOTE OF THE MONTH

Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.

Nathaniel Hawthorne



INSIDE YOUR MAGAZINE...

ALDEBURGH COMEDY 5
WEEKEND!

- *The Jubilee Hall welcomes Rory Bremner, Helen Atkinson Wood, Alison Steadman & more*

RNLI ALDEBURGH 7
- *August events - Demonstration Launch, Street Fair and Open Day & Naming Ceremony*

ALDEBURGH CARNIVAL 9
- *Music Saturday, Sports Sunday & 'Celebrating Summertime' Carnival on Monday*

ALDEBURGH TRIATHLON 11
- *Celebrating their 10th anniversary*

CITIZENS ADVICE EAST 23
- *Eligible for PIP or UC? Apply before the rules change*

Late Summer Art Exhibition
21 – 31 August
10am–4pm at Holton Lodge Barn
The Street, Holton, Halesworth, IP19 8PN

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THE WENTWORTH
ALDEBURGH

ALDEBURGH COMEDY WEEKEND!

Aldeburgh Hosts Inaugural Comedy Weekend with a Star-Studded Celebration of Laughter

In a world that feels heavy with headlines, a good laugh isn't just welcome, it has never felt more vital. That's the thinking behind comedy producer Paul Schlesinger and writer Jon Canter, teaming up to launch the very first *Aldeburgh Comedy Weekend*, a fresh and funny new gathering taking place from 17th to 19th October at Aldeburgh Jubilee Hall.

Brimming with wit, warmth and mischief across three joy-packed days, audiences can expect a lively mix of stand-up, satire, improv' and theatre, with some of the sharpest names in British comedy heading to the Suffolk coast.

Legendary impressionist Rory Bremner makes his Aldeburgh debut with a brand-new show, *Making An Impression*, mixing quickfire voices, political punchlines and personal reflection in equal measure with special guest host Helen Atkinson Wood, known for her roles in *Blackadder* and *QI*.



Jon Canter's acclaimed novel *A Short Gentleman*, serialised on BBC Radio 4, gets its stage premiere too, as a one-man tragicomedy starring Michael Fenton Stevens (*The Crown*, *Outnumbered*, *Ghosts*).

Set in Aldeburgh, this wickedly funny tale of a pompous barrister's downfall promises to be one of the weekend's highlights on the Suffolk coast.

The Olivier Award-winning '*Showstopper! The Improvised Musical*' also takes to the Jubilee Hall stage in a glorious, entirely unscripted show built on audience suggestions and bursting with comic and musical brilliance.

And in a very special event, the first ever *Lunchtime Achievement Award for Services to Comedy* will be presented to national treasure Alison Steadman.

With a 50-year career spanning *Abigail's Party*, *Gavin and Stacey* and *Pride and Prejudice*, Steadman will be celebrated on stage in conversation with comedian and broadcaster Clive Anderson.

Packed with something for every comedy taste along with a generous dose of star quality, the *Aldeburgh Comedy Weekend* promises to be a brilliant new fixture in the town's cultural calendar and a timely reminder of comedy's power to bring us together.

Tickets are available now via www.aldeburghjubileehall.co.uk



Alison Steadman

ALDEBURGH JUBILEE HALL

Friday 5th September, 11am
Jubilee Chamber Concert: The Ward Piano Quartet
Relaxed morning recital featuring musicians from the Prometheus Orchestra

Saturday 13th September, 7.30pm & Sunday 14th September, 2.30pm
Thinking of Happiness Etc with Laskey & Son
A kaleidoscope of poetry, music, dance, video, swifts built around Michael Laskey's poetry.

Saturday 20th September, 11am
Talk: Angela Harding
Beloved printmaker, illustrator and author on her new book 'Falling into Autumn'

Friday 3rd October, 7.30pm
The Angel and The Shadow
Reimagining the poetry of Gertrud Kolmar. An Immersive musical journey with Professor Julian Marshall.

Saturday 4th October, 11am
Talk: Simon Barnes
Author and former sports writer for The Times - on Spring, love, poetry and religion.

Saturday 4th October, 7.30pm
Sherlock Holmes: The Last Act
Holmes returns to Baker Street to resolve 'the last act' of his epic career.

www.aldeburghjubileehall.co.uk Tel: 01728 454 022

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BRIGHT FUTURES START THIS SUMMER



Full Time Enrolment
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Visit www.suffolk.ac.uk/enrol
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* Please view the website for
campus-specific times and dates.

RNLI ALDEBURGH

August events

This month on Aldeburgh beach you can get close to your two local lifeboats, Atlantic 85 Ralph, and D-class Susan Scott. All events are free and everyone is welcome.

Monday 18 August, approximately 11am, Demonstration Launch

RNLI Aldeburgh are proud to be a part of Aldeburgh Carnival again this year, with a demonstration launch planned for approximately 11am. As with all planned launches, this is subject to weather and operational requirements.

Commentary from the crew will explain the process of launching the lifeboats, will talk through some of the manoeuvres happening close to the beach to give you a good view of what normally happens out at sea and will then explain how to recover the lifeboats (and our local volunteer crew!) safely back to shore.

Saturday 23 August, 10am – 4pm, Street Fair and Open Day

The Aldeburgh Lifeboat Fundraising Guild will have lots of interesting stalls for you to browse in the morning, and the lifeboat operational staff will show you around our town's two lifeboats, D-class Susan Scott and Atlantic 85, Ralph throughout the day.

Saturday 30 August, 2.30pm, Naming Ceremony

Everyone is welcome on the beach for the Naming Ceremony and Service of Dedication of the lifeboat B-949 Ralph. This is an outdoor event, so please check the weather forecast and dress appropriately. Flat shoes are advised due to uneven surfaces.

There is no parking at the lifeboat station. Parking has been arranged at Queen's Field, Park Road, Aldeburgh IP15 5HY, which is approximately a 10 minute walk to the lifeboat station. Parking ///what3words: Arranges. Applauded. Collects.



Follow us on social media (Facebook: @RNLIAldeburghLifeboat or Instagram @rnlialdeburgh) for updates on these events, to keep up to date on planned training launches and to learn more about your local lifeboat station.

Aldeburgh lifeboat station has been operating since 1826 and has been part of the RNLI since 1852.

Since formation, their lifeboats have launched 1,267 times and saved 693 lives. Aldeburgh lifeboat station has two boats on service: Atlantic 85 lifeboat, Ralph, and D class inshore lifeboat, Susan Scott.



STREET FAIR & OPEN DAY

Saturday 23 August 2025

10.00 onwards

**Crag Path
outside Lifeboat Station**

STREET FAIR 10.00 - 12.30

* Tombola * Second Hand Books * Fresh Produce *
* Hand made Jewellery * Fish Draw *
* Bottle Raffle *
* Refreshments *



The RNLI is the charity that saves lives at sea
The Royal National Lifeboat Institution, a charity registered in England and Wales (209605), Scotland (SC037736), the Republic of Ireland (2097426) and (20922228), the Bahamas (14), the Isle of Man (1058) and (066209), the Bailiwick of Guernsey and Alderney, of West Quay Road, Poole, Dorset, BH15 1TA.

Photo: RNLI/Nathan Williams



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SAXMUNDHAM VETERANS' BREAKFAST CLUB

The Saxmundham Veterans' Breakfast Club (SVBC) held its inaugural breakfast hosted at The Bell Hotel.

SVBC as a concept was born of idea by Keef Cartwright-Jones and Saxmundham Judo Club. As reported in an earlier edition, funds were raised by the Club to subsidise the veterans' breakfast annually for five years. Other events in the future are in the planning stages.

Veterans of Tri services in the town and local community, including a Septuagenarian Sub Mariner, Royal Marine, Royal Artillery, Royal Anglian, REME, WRNs, USAF and RAF were all in attendance.

If you are, or know a local veteran who would be interested in the the SVBC you are invited to contact:

Chair: Keef Cartwright-Jones on
judokeef@gmail.com

Secretary: Jane Anderson on
jane22august@gmail.com



Southwold & Aldeburgh Summer Theatre Season 2025

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GASLIGHT

Aldeburgh - 28th July to 9th August

Southwold - 13th to 16th August

By Patrick Hamilton. The original Psychological Thriller

Things We Do For Love

Aldeburgh - 11th to 16th August

Southwold - 20th to 30th August

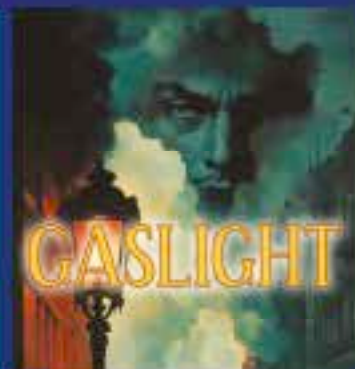
Comic, cruel, classic by Alan Ayckbourn.

While The Sun Shines

Aldeburgh - 19th to 30th August

Southwold - 3rd to 6th September

Hit West End WWII Romcom by Terence Rattigan



Tickets £16 or £22. Evenings 7:30pm. Matinees 4pm (Thurs & Sat)

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or www.ticketsource.co.uk/southwoldandaldeburghtheatre (fees apply)



THE 81ST ALDEBURGH CARNIVAL – ALMOST HERE!

The 81st Aldeburgh Carnival, theme – ‘Celebrating Summertime’ is upon us already and we are more than excited! Come and join us for a day or a few days of fun filled adventure, and raise money for local charities at the same time.

As communicated our 2025 Carnival Queen is Rosie Smith and Rosie's attendants are Seren Foxon-Payne who is 9 years old and Florence Anderton who is 10 years old. The girls are super excited to have been chosen and plans are well underway for their dresses and carriage.

What's Happening at Aldeburgh Carnival 2025:

August 16th : Music Saturday August 17th : Sports Sunday
Monday August 18th :Carnival

Please buy a programme to learn more about what is going on each day, this supports our fund raising too! Programmes are available at many of the business in the High Street. We still desperately need volunteers to help us with all sorts of activities and we would like to ask for your support to be a volunteer either in the days leading up to Carnival or during the Carnival weekend. As you may be aware we have a large team of committee members but there is so much to do that we cannot get enough people to manage all of the different chores, so if you have an hour to spare or more, either during the day or in the evening we would be super happy to hear from you.

You can contact me directly at angela@clareti.com, or contact us via www.aldeburghcarnival.com or go to www.carnivalvolunteers.ivolunteer.com and select a job to sign up for. The committee members are all volunteers and Carnival can only be a success if we have more volunteers focussed on the weekend to shake buckets, operate contactless pads, man the car parking and many more jobs - all to enable us to collect valuable funds for our local charities, so please, do get in touch if you have any free time to spare on any day over the entire weekend or during the run up to Carnival.

Aldeburgh Carnival committee wishes us all a happy and successful 2025 Carnival weekend.



HIGHWAY AUTHORITY NOTICE

In the interests of road safety, there will be traffic restrictions on carnival day, Monday 18 August. Please work with us by using the Carnival Car Parks. Breaches of parking regulations will result in a fixed penalty fine or prosecution and unlawfully parked vehicles may be towed away.

NO PARKING:

Alde Lane: Entire Length
Church Farm Road: Entire length Both Sides
Crabbe Street (from Market Cross Place to junction with Dial Lane)
Crag Path (from Market Cross Place north & south to bollards in either direction)
Crespigny Road
Dial Lane
High Street from 11.00 Entire Length
Hertford Place
Leiston Road (roundabout to Mariners Way)
Lee Road Entire Length: Except on East side

Park Lane to Hartington Road
Market Cross Place from 10.00 Entire length
Oakley Square (Disabled parking only & Cycle Park only – (see below))
Park Road (Victoria Road to Queen's Field and High Street to Lee Road)
Saxmundham Road (roundabout to Fairfield Road)
Slaughden Road (junction with High Street to Boatyard)
Thorpeness Road (junction with Wentworth Road to Haven House on both sides)
St Peters Road and St Pauls Close

Victoria Road

CLOSED TO TRAFFIC: **Market Cross Place**

The following roads will be closed as necessary for the formation of the carnival procession, the duration of the carnival and lantern processions and for evening entertainment:

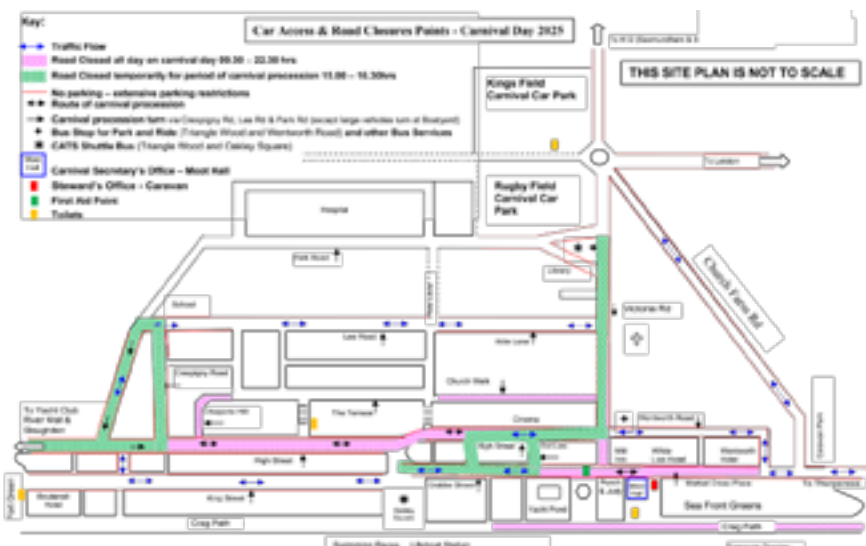
Crabbe Street
 Crespigny Road
 Choppings Hill
 High Street
 Slaughden Road
 Lee Road – In-Part for Procession Turnaround
 Park Road – In-Part for Procession Turnaround
 Slaughden Road – In-Part for Procession Turnaround
Victoria Road (Mill Inn to High Street)

CARNIVAL CAR PARKS - KING'S FIELD AND QUEEN'S FIELD - £10.00 ALL DAY from 8.00am

Church Car Park – No Parking
Oakley Square – Limited car park spaces for DISABLED PARKING ONLY (Pay & Display Fee applies) - To Book Tel: 01728 830516.
Thorpe Road – Evening exit via Thorpeness only.

CYCLE PARKING – Oakley Square

SHUTTLE BUS SERVICES from 10am to 2.15pm & 4pm to 6pm
Triangle Wood to Wentworth Road. Supported by **Belle Coaches.**
Triangle Wood to Oakley Square for those with disabilities. Supported by **CATS** Tel: 01728 830516 for information about this service





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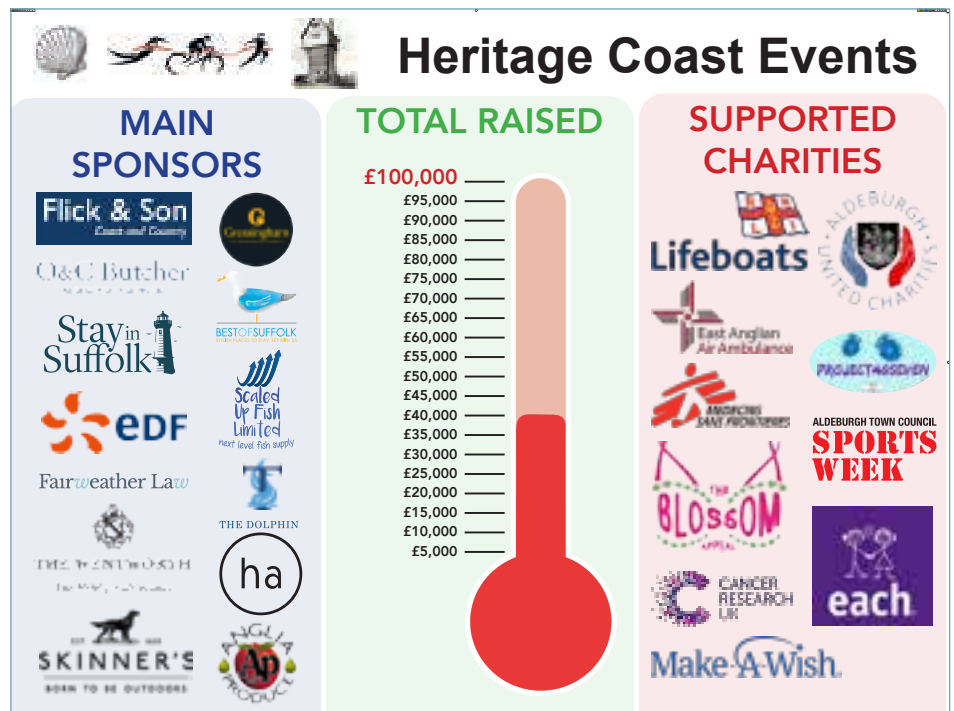


TRIATHLON 10TH ANNIVERSARY

The Aldeburgh fun relay triathlon is about to celebrate its 10th year of running, having started in 2015 with 50 teams as a trial event and growing ever since to a regular 100+ teams made up of families, friends and work colleagues with several having multiple teams for friendly inhouse rivalry and challenges between them and others on the day. Each team comprises of a swimmer, a cyclist and a runner and distances are 750m swim, 22km cycle and a 5km run with a relay handover between each member once they finish their bit for the team! It's aimed at being fun and encouraging the local community to take part in some outdoor sport as part of a team and supporting others taking part.

When we formed a Community Interest Company (CIC) called Heritage coast events, an important part of our volunteering was to raise funds for both local and relevant national charities and so far we have raised over £45,000 which includes donations to the Aldeburgh RNLI, East Anglian Air Ambulance, Knodishall Cancer Research, Aldeburgh United Charities and many more over our 10 years and we hope to continue to grow our total raised again this year. We are very grateful to our loyal supporters and sponsors, without their kind support we wouldn't be able to put on this very popular event in our area. Now is the perfect time get a team together and enter for this year's event, held on 21st September.

Follow: www.heritagecoastevents.org.uk and Facebook page for further info on all the events we run throughout the year such as The Heritage Run, the Boxing Day swim and The Sprout Sprint.



THE SHIP

THE WESTLTON CROWN

Open Air Theatre

The Pantaloon are bringing their signature blend of humour and energy to our pub gardens with performances of Shakespeare's greatest tragedy, Hamlet.

The Ship - Wednesday 13th August

The Westlton Crown - Wednesday 10th September

Outdoor Dining

Pull up a chair in our garden and make the most of the sunshine. Grace your way through seasonal plates and bar snacks, or stay a little longer for sundowners during golden hour. Outdoor tables are now bookable via our website.

For information on upcoming events, menus and more, head over to our websites below

shipatdunwich.co.uk westltoncrown.co.uk



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ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

We recently welcomed (online), Janet Few, an experienced social historian who lectures and is author of books including the handbook, *'Family Historian Enquire Within'*. Janet is President of the Family History Federation and is passionate about encouraging young people to become interested in the past.

Janet's talk was about *'Husbandry, Housewifery and Home Working - Women's Lives on the Farm'*. Using illustrations, Janet told us about women's work in the farmhouse, including butter and cheese making, made for family use with surplus sold at market. Butter was made in the spring when milk was more creamy and was mainly used in baking. Cheese could be made all year round.

Before tea was affordable for most people, ale or beer were the main drinks, again made by the farmer's wife, the ingredients being sourced from the farm. Bread formed a staple food until potatoes became more commonly grown. The farmer's wife would have a small hand mill to grind her own grain, hence the term *'daily grind'*. Bread ovens were heated up with wood and when at the right temperature, ash was scraped out and the loaf was put in and baked with other items as the oven cooled. The loaf would be gritty on the base so it was sliced horizontally, hence the *"upper crust"* being the best piece.

Pickling, potting and preserving were important, to use up fruits and vegetables. Chickens were kept for their eggs, mainly used in baking and to sell for pin money. Spinning, weaving and dyeing of wool was another skill women learnt.

The only source of water would be from a pond, a well, or a spring - otherwise it required a walk to the village pump.

Cottage industries enabled women to work at home, so called *'piece work'*. Glovers, buttoners, stockings, lace makers, and straw plaiters were very common. One member commented at the end of Janet's talk that there were several plaiters known in Benhall and hat makers in Saxmundham.

Janet gave us a lot of interesting information about the lives of women; often their occupation was not even recorded on census forms. J

Janet's helpful handout can be downloaded from her website: <https://thehistoryinterpreter.com/talks-and-presentations/handouts/>

Jenny Mann
Further programme:

Monday 15th September: Transported convicts - Kelly Cornwell.
2.30pm @ Fromus Centre, Saxmundham.

Saturday 27th September: Family and Local History Open Day
@ Long Shop Museum, Leiston.

Monday 20th October: Great Ashfield House, Suffolk - Dave Steward. 2.30pm @ Fromus Centre, Saxmundham.



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AUGUST AT ALDEBURGH CINEMA

We've got a great line-up of movies coming this summer, all screened via our fantastic 4K laser projector...

Look... Up in the sky... It's **SUPERMAN**. In his signature style, James Gunn takes on the original superhero with a singular blend of epic action, humour and heart, delivering a Superman who's driven by compassion and an inherent belief in the goodness of humankind. David Corenswet takes on the title role(s), with Nicholas Hoult as Lex Luthor.

The highly anticipated directorial debut from writer Rebecca Lenkiewicz, **HOT MILK** delves into the complexities of a relationship between a single mother (Fiona Shaw) and her daughter (Emma Mackey), as the heat and atmosphere of Almería become an epic canvas for this intimate exploration of love and the bonds that tie us all together.

A big hit with our audiences, **THE BALLAD OF WALLIS ISLAND** follows Charles (Tim Key), an eccentric lottery winner who lives alone on a remote island and dreams of getting his favourite musicians, Mortimer-McGwyer (Carey Mulligan and Tom Basden) back together. His fantasy becomes a reality when the bandmates and former lovers accept his invitation to play a private show on Wallis Island.

Anchored by iconic action superstar Scarlett Johansson, **JURASSIC WORLD: REBIRTH** is an action-packed new chapter in the enduring dino-battling series. This time round, an extraction team race to the most dangerous place on Earth, an island research facility for the original Jurassic Park, inhabited by the worst of the worst that were left behind.



Oscar-winning director Danny Boyle and Oscar-nominated writer Alex Garland reunite for **28 YEARS LATER**. It's been almost three decades since the rage virus escaped a biological weapons laboratory.

When one survivor leaves his island home and heads into the dark heart of the mainland, he discovers secrets, wonders... and horrors. Jodie Comer, Aaron Taylor-Johnson and Ralph Fiennes star.

Join us over three consecutive Wednesdays from the 6th August as we celebrate Richard Linklater's unforgettable "Before" Trilogy, starring Ethan Hawke and Julie Delpy as Jesse and Céline. Once seen, never forgotten.

Our August programme isn't finalized at the time of going to print, so please visit aldeburghcinema.co.uk for full details about what's on and when. There, you can also book tickets and easily sign up to our regular email newsletter. We're also on Twitter/X, Instagram and Facebook.

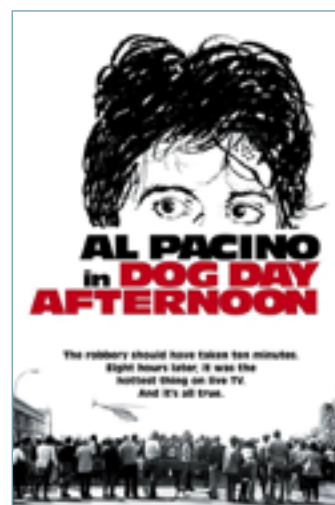
Saturday Night Sides

After its successful debut last summer, our **SATURDAY NIGHT SIDES** season returns to deliver a hand-picked selection of classic movies – modern and not-so-modern – that celebrate Saturday nights at the movies. The final line-up isn't confirmed, but we confirm three of the movies that will feature...

We launch this summer's **SIDES** on Saturday 2nd August with Al Pacino, John Cazale and Charles Durning in Sidney Lumet's **DOG DAY AFTERNOON**, from 1975. This account of a bungled bank robbery that degenerates into a hostage situation is an illustration of how real life can offer deeper tragedy and absurdity than most fiction.

We bring back Pacino the following Saturday – 9th August – for the coolest of '90s' thrillers, **HEAT** – celebrating its 30th anniversary. Pacino is the cop and Robert De Niro the robber in Michael Mann's seminal crime epic.

Also celebrating its anniversary this year (50 years...?!), we close the beaches and head onto the water with three men in a boat for arguably the greatest Hollywood movie ever made: **JAWS**. In 4K. Screening on Saturday 30th August.



For the full line-up of this year's **SATURDAY NIGHT SIDES**, head to our website.

College on the Coast

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The power of good for Britain

A NEW LEISTON EDUCATION CAMPUS

In July we held an event at Leiston and Saxmundham United Church to talk about College on the Coast, the new Further Education facility which is being built by Sizewell C in partnership with Suffolk New College.



You can learn more about the project and the opportunities it will bring at sizewellc.com or by visiting the **Sizewell C Information Office, 48-50 High Street, Leiston IP16 4EW**. We are planning to submit a planning application in September and will hold a further consultation then.

LEISTON BOOK FESTIVAL

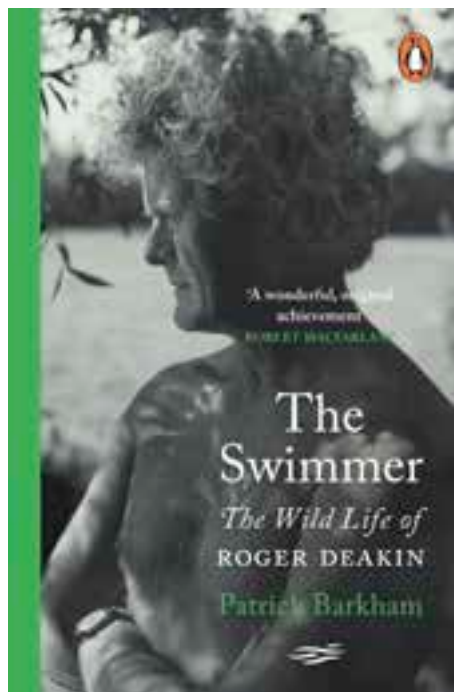
The 2025 Leiston Book Festival will take place on Saturday 20 September, building on the success of the inaugural festival in 2024. As before, the venue will be the splendid Leiston Film Theatre. And again, the festival will be devoted to writing about nature and the environment, making it unique among literary festivals. Each of the six authors on the programme writes from a different perspective about our changing landscape. Together they form a day-long event that will inform, inspire and perhaps encourage you to see the world a little differently.

Festival line-up

Patrick Barkham, *The Swimmer: the wild life of Roger Deakin*: Patrick is natural history writer for the Guardian and is one of a generation of authors who have revitalized nature-writing in Britain.

His books include *The Butterfly Isles*, *Coastlines* and *Badgerlands*.

His work has been short-listed for the Ondaatje Prize and the Wainwright Prize. His new book is a creative biography of the late Roger Deakin, writer, film-maker and environmentalist. The story is told primarily in the words of the subject himself, with support from a chorus of friends, family, colleagues, lovers and neighbours.



Richard Negus, *Words from the Hedge: a hedge-layer's view of the countryside*:

Richard is passionate about the human skill and effort that go into the creation and nurturing of hedgerows, emblems of the British countryside that are often taken for granted. Well-known for his 'Letter from the Country' on BBC Radio Suffolk, in this book he brings to life the biodiversity that hedgerows foster and introduces the men and women who deal with the everyday complexities of modern farming, conservation and countryside stewardship.



Melissa Harrison, *Homecoming: a guided journal to bring you back to nature*: Melissa's novel *At Hawthorn Time* was longlisted for the Bailey's Women's Prize for Fiction. *All Among the Barley*, set in East Anglia in 1933, offers what the Guardian described as "an in-the-bone connection with the natural world". Melissa's book *The Stubborn Light of Things* is based on the monthly nature notebook she contributes to *The Times*. This, her latest book has been described as "a simple, friendly and – above all – accessible nature journal for anyone who wants to observe more of the world around them".

Patrick Galbraith, *Uncommon Ground: rethinking our relationship with the countryside*:

Patrick appeared at the book festival in 2024 discussing his book *In Search of One Last Song*, about Britain's disappearing birds and the people trying to save them. It is regarded as one of the most important books on the countryside of recent years. The *Sunday Times* calls *Uncommon Ground* "a curious-minded and subtle intervention in the politics of the countryside". Patrick writes for the *Observer*, the *Spectator*, *The Times* and the *Daily Telegraph*.

He is a columnist for *Country Life* and *The Critic* and runs the literary magazine *Boundless*.

Tom Heap, *Land Smart: how to give people and nature the space to thrive*:

Tom is well-known as a presenter on BBC's *Countryfile*, Radio 4's *Rare Earth* and *The Climate Show* on Sky News. In *Land Smart* he journeys through the British countryside, speaking with farmers, researchers, conservationists and even logistics experts who are developing innovative approaches to land use. Their work offers hope for a future where both people and the planet can flourish.

Ian Collins, *Blythe Spirit: the remarkable life of Ronald Blythe*:

At the memorial service for Ronald Blythe, who died in January 2023 at the age of 100, it was said he ensured that the enduring beauty of Suffolk and the tenacity of its people were immortalized through his prose. Drawing on unparalleled access to letters, notebooks, published works, drafts and conversations over many decades, his close friend Ian Collins tells the full story of Ronald Blythe's life for the first time.



The result is a sensitive, revelatory portrait which celebrates a fascinating, complex man and casts new light on one of our greatest writers.

The Leiston Book Festival taps into the creativity and innovation for which the Suffolk coast is celebrated, bringing together inspiring writers and enthusiastic readers for a day of exploration, debate and discovery. Tickets are only £30 and include full access to all six author sessions. For more information visit www.leistonbookfestival.co.uk


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What's On at **Leiston** Film Theatre

Mon 4th & Tues 5th Aug at 7.15pm

Wed 6th Aug at 3.00pm

Thurs 7th Aug at 7.15pm

FOUR LETTERS OF LOVE ^{12A}

Wed 6th Aug at 7.15pm

THE BALLAD OF WALLIS ISLAND ^{12A}

Fri 8th & Sat 9th Aug at 7.15pm

Sun 10th Aug at 6.00pm

SUPERMAN ^{12A}

Mon 11th - Thurs 14th Aug at 3.00pm

SMURFS ^U

Tues 12th & Thurs 14th Aug at 7.15pm

F1: THE MOVIE ^{12A}

Wed 13th Aug at 7.15pm

SIX - THE MUSICAL LIVE! ^{12A}

Fri 15th Aug at 7.30pm. LIVE ON STAGE

COUNTERFEIT QUO

Sat 16th Aug at 7.15pm

Sun 17th Aug at 6.00pm

Tues 19th - Thurs 21st Aug at 7.15pm

THE NAKED GUN ¹⁵

Sat 30th Aug at 7.00pm

Sun 31st Aug at 3.00pm

ANDRÉ RIEU'S 2025 MAASTRICHT CONCERT WALTZ THE NIGHT AWAY ^{PG}

Wed 3rd Sept at 7.15pm

Sun 7th Sept at 6.00pm

JAWS 50th ANNIVERSARY ^{12A}

Sat 6th Sept at 7.30pm. LIVE ON STAGE

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Tel: 01728 830549, or visit:

www.leistonfilmtheatre.co.uk

SUFFOLK DOG DAY 2025

Sponsored by Gladwells Pet & Country Store and Skinners, the popular event which celebrates man's best friend Suffolk Dog Day 2025 will take place on 31 August.

Suffolk Dog Day 2025 will feature a range of fun dog classes, dog agility and scurry activities, as well as over 50 stalls full of doggy goodies, Crafts' style competitions, children's entertainment and plenty of food and drink stalls for attendees to enjoy. As ever it will be a day sure to get tails wagging in approval, while also raising vital funds for St Elizabeth Hospice.

James Fox-Golding, Events and Challenges Manager at St Elizabeth Hospice: *"We're thrilled to announce the return of Suffolk Dog Day for 2025."*

"It's a much-loved event in the Suffolk calendar, and we can't wait for August to arrive, bringing together supporters and the local community to celebrate our shared love for dogs."

All ticket proceeds and donations from Suffolk Dog Day will go to St Elizabeth Hospice, which every year provides support to over 4,000 patients & families living with life-limiting illnesses in East & Mid-Suffolk, Great Yarmouth and Waveney.

Annually these services cost around £12 million to deliver, with 70% of these funds being generated by the local community's support of the hospice's income streams, for example retail shops, events – such as Suffolk Dog Day, individual fundraising as well as gifts in Wills and donations.

Please visit www.stelizabethhospice.org.uk/get-involved/events/all-events-challenges/suffolk-dog-day/

To find out more about St Elizabeth Hospice call 01473 727776 or visit www.stelizabethhospice.org.uk.



BRIAN from MELTON

Melton's famous resident, Brian, shares his stories, views and observations on everyday life with his very own column, exclusive to The Tide Collection magazines.

Cor-to-heck! It's been some duddy warm of late. I've been loods of time in the garden shade and trying to keep cool. Me plants hev bin droopin in the heat and the grass is slowly turning to straw, but the weeds keep agorn and are good and green! It won't be long afore them ol warsps start appearing again and I int looking forward to it one bit. Between them and them dutty ol flies, they're a ruddy nuisance and I hate em. A couple of summers ago, I sat in the garden, minding my own bizzness on a hot ol day, tucking into a corn beef sandwich with a dollop of browen sauce when a warsp



flew up my best linen shorts and stung me right on me groin. Blast I dint harf shriek out and it dint half hurt anaul. Thankfully, the gal Rosemary next door got me some ice to put over the sting and some vinegar to ease the pain and reduce the swelling. That was a rum ol dew, and I dint know that vinegar helped with warsp stings, but that do. The neighbour Marcus and his misses hev been spending more money on them solar garden lights. They got hundreds and wen you look over the fence, that look like Yarmouth luminations.

They even got lights on the patio, lights on the fence and either side of the garden path - it look like the runway at Stanstead! I spect I'll be gorn down to Aldeburgh Carnival in a few weeks and I usually like to sit up on the beach and watch the world go by and everyone getting chased by the seagulls. Some of them are groot-ol buds and will grab your sausage if they see it sticking out of the bag. I love watching the Carnival lantern parade at night and seeing the sky light up with all them fireworks, sitting on my fold up chair and listening to everyone gorn "ew" and "arr" as the fireworks go up and then pop. That take a lot of hard work to put the Carnival on and I say well dun to all them that do their bit to keep it gorn. I always hull a tenner in the firework bucket to show my appreciation and spect you do the same.

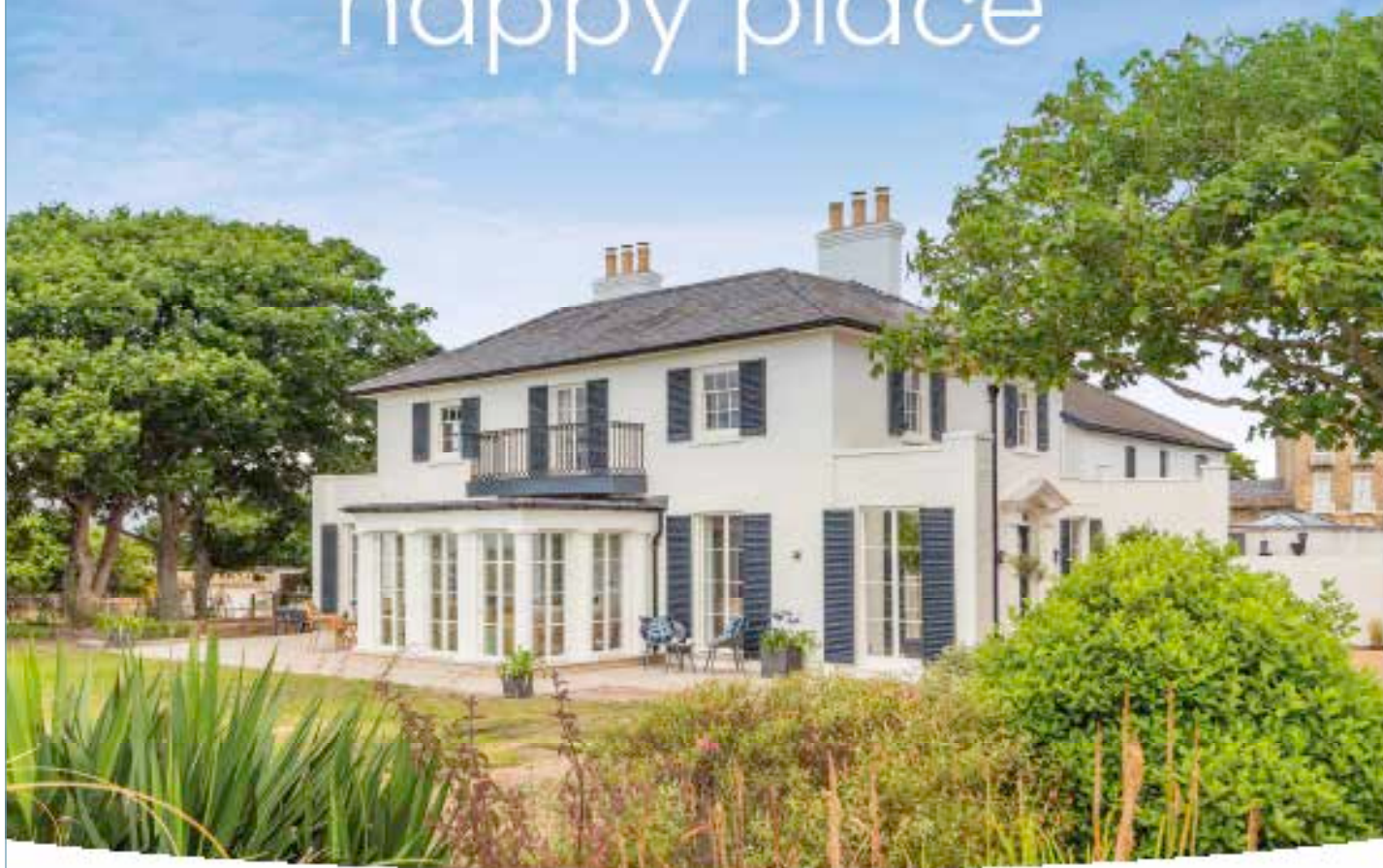
This year, I'm gorn down there with me mate Ticket on the bus. He reckon that's the easiest way, so I hope his right and we don't end up lorst up the back of beyond.

You can hear Brian from Melton chatting with Mark Murphy every Saturday morning at 8.20am on Alde and Blyth Community Radio and listen out for the new Brian from Melton podcast, coming soon to: www.abcradio.co.uk.



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ALDEBURGH GARDENING CLUB

Some plants actually seem to have enjoyed the dry spring. My various *Agapanthus* all have multiple buds here in early July even the ones that usually only produce one or two if I am lucky. I am somewhat puzzled by repeated references to the 'warm spring' we had by various weather folk because it didn't feel very warm to me. That continual easterly or northerly wind that went on for weeks and weeks felt ruddy cold to me and I saw precious little evidence in my garden that the plants were coming on early. I was glad in fact that I had delayed planting squash seed for a week or two as it was too cold to plant them out.

On the other hand, my fruit bushes are doing remarkably poorly. I am currently picking raspberries but the crop is sparse and shrunken. My tayberry is having another bad year. It didn't like the rain last year and produced relatively few new 'canes', though the ones I did get are cropping alright this year. I have only got a couple of very wimpish shoots for next year though and am wondering what I can do. They got a dressing of homemade compost and have been watered through this drought, so I am at a loss. I really like tayberries for cooking, they are more tart than the raspberries and have more flavour than the blackberries so I'd really like to keep them going.

The newish gooseberry that I got a good crop from last year actually died on me early this year and never produced any leaf at all. I was very surprised as they have always seemed pretty tough and survive annual attacks of defoliating gooseberry sawfly even if they don't grow very fast. Two blackcurrant bushes have never done very well and I took them out over the winter too, so I am rather depleted of fruit. I have a strong worcesterberry cutting from the garden club plant sale and am told that is very vigorous so maybe that can fill a gap in the freezer next year or I may have to wait till the year after.

It is all very vexing. Last year I had a fantastic crop of squash and was eating the last of them at the end of February, in spite of giving one big Crown Prince to the gardening club raffle table and palming off large chunks to friends, cleaner and gardener. The only thing that didn't do so well were the courgettes. I shall have to make sure I keep up with the watering this year if I want another bumper crop or they will go the same way as the fruit bushes.

Meanwhile, occasional watering in the front garden has been enough to produce the usual display from the purple phlox (no I have no idea what variety it is) and the lemon daylily (whichford).

The orange flower in the middle of the picture is an antirrhinum, 'potomac orange' which I grew from seed as a half hardy annual. It is reputed to reach 5 feet but as you can see is struggling to get to two. I never expected 5' on this soil but the dryness hasn't helped. It is nice though and I might save some seed and try it again.

Karen Mountford
aldeburghgardeningclub.org.uk



MAZE BY TORCHLIGHT

In aid of Halesworth Branch of Cancer Research.

'Maize Maze by Torchlight' will be held on Friday 29th August. We are so very grateful to Bella from The Old Hall Cafe for agreeing to hold this for us again this year. This is an event we all enjoy doing as it is such good fun. We will be having the really competitive 'welly wanging' and marbles in a flower-pot game along with other traditional games and the play park of course. There will be a little prize for the adult and child overall winner for each game. We will also have a little Tombola and cake stall. Food and drink available from the café. Doors open at 6.30 pm / Maze opens at 7.30pm.

Proceeds to Halesworth Branch of Cancer Research.

Tickets can be bought online from The Old Hall Cafe Reydon/Southwold. £9 per person (under 2s free). Tickets available from www.southwoldmaizemaze.co.uk or email: enquiries@oldhallsouthwold.co.uk.

The Old Hall only take card payment. At the moment we are 'cash only' for our games and stalls so please put a little change in your pocket and have fun.

Thank you for continuing to support The Halesworth Branch of Cancer Research.

For more information please contact Dawn Davis: 01986 873640.



DATES FOR YOUR DIARY

AUG 10 Annual Animal Service at St Andrew's Church, Aldringham. Bring your pets along and your Teddy Bears too. All creatures great and small are welcome. A collection will be taken for Suffolk Wildlife Trust. 3pm at Aldringham Church, Church Lane, IP16 4QT.

AUG 23 Middleton Fete with comic dog show. Live music from Silmor, BBQ, beer tent, teas, boules, stalls and games and more. Free admission, plenty of car parking. 2pm on the playing field

AUG 26 Lunchtime Classical Concert Series. The highly successful Lunchtime Classics Concert Series in aid of Save the Children continues with the return of - Helen Stanley (violin) and Nadia Lasserson (Piano) together with local young musicians - Tom Hodgkinson (Guitar), Theodor Nisbet (Bass) and Anneka Vetter (Soprano). To include works by Schubert & Mozart. Admission is free - with a retiring collection for Save the Children. 12 noon Aldeburgh Parish Church

AUG 30 The Wollaston Consort at Sibton Church (IP17 2NB) Julie Harmer (flute) and Peter Clayton (harpsichord & organ). An afternoon of sparkling music by Blavet, Quantz, Buxtehude and Sweelinck. 3.30pm. Stay for tea at 4.30 Tickets: Adults £15, U18s £5. On sale at the door, or from July 15th onwards at the Weavers Tearoom Peasenhall, and the Peasenhall General Stores and on Eventbrite. There is ample free parking on the church's car park at IP17 2LX.

Dunwich With a Twist!

Saturday 9th August from 2.30 — 4.30pm



The Dunwich Drifters Folk Band including Dunwich Songs & Dunwich Voices

Enjoy a glass of elderflower apple or mint with a twist! suggested £10 donation — Entry behind the Museum

There will be chairs or bring picnic rugs and cushions on the field behind the museum

**BRITTEN PEAR'S
ARTS**

28 JULY — 31 AUGUST

SUMMER

AT

SNAPE

Over 40 music events
at Snape Maltings
this summer.

brittenpearsarts.org
01728 687110

SUMMER AT SNAPE

28th July — 31st August

A month-long celebration of music running, the programme features over 40 events with something for everyone: from orchestral classics and contemporary jazz to folk, choral music and reggae. Britten Pears Arts' aim is simple: to ensure that music and the arts transform people's lives and bring the community together. Summer at Snape offers a programme filled with opportunities for audiences to listen to live music, take part in workshops, explore our summer exhibitions and the Suffolk landscape, and enjoy family-focused activities.

From classical hits with the City of Birmingham Symphony Orchestra to innovative new music from a previous residency artist Aditya Prakash. See the double Grammy and MOBO award winner Corinne Bailey Rae and experience the soulful sound of London Community Gospel Choir. Other performances include folk band 'Blazin' Fiddlers', sing along to 'ABBAphontes' and enjoy a special concert marking Bob

Marley's 50th birthday.

Celebrate the talents of Aldeburgh Young Musicians, and for BPP's youngest audiences, try the Mini Music Makers sessions.

Join in the Aldeburgh Carnival and the animated performers of The Aldehouse Seasons, plus music and mindfulness wellbeing workshops with Quietnote. The curious can head to The Red House on a tour to pore over the extensive art collection and see behind the scenes.

Make a day of it with tranquil boat trips on the River Alde, the Sunday Breakfast Club with live DJ, and be inspired at the Summer Contemporary art exhibition. Snape Maltings is in the heart of an Area of Outstanding Natural Beauty with breath-taking views and walks. The Red House in Aldeburgh is a short distance from the stunning Suffolk coastline.

For full details please visit: www.brittenpearsarts.org

CITIZENS ADVICE EAST

Eligible for PIP or UC? Apply before the rules change

There has been a great deal of talk recently about proposed changes to government disability and health benefits, specifically to Personal Independence Payment (PIP) and the health component of Universal Credit (UC). While some proposals were knocked down in June 2025, the government still has plans to improve the efficiency, fairness, and targeting of these benefits.

What are these benefits? When might they change?

Personal Independence Payment (PIP) is a government benefit for people with a long-term illness or disability. It is designed for people of working age to help with the extra costs associated with daily tasks (like dressing, cooking, washing, and managing medication) and/or with mobility (walking, moving about safely). PIP is not means-tested, which means you can apply whatever your income, savings, or employment status.

The government are planning changes to the rules for claiming PIP. We don't know exactly what these are yet (and will tell you when we do) but they won't come into effect until 2026. This means....if you think you may be eligible for PIP you should apply this year as fewer people will qualify when the rules change. First though, check your eligibility, and read how DWP assessors make their decisions (see helpful websites below). And if you find long application forms daunting, ask Citizens Advice for help.

Universal Credit, health element. Universal Credit (UC) is a means tested benefit for people of working age and their families who have low incomes and few savings. You can be employed, self-employed, or not working but you must meet the low income and savings criteria. The **health component of Universal Credit** gives people with disabilities or long-term health conditions additional money.

The amount is tailored to the severity of the condition. Claimants have a 'Work Capability Assessment' (WCA) determining whether they must look for work/more work or not, and how much they get.

The government are planning changes to the amount of Universal Credit people can receive, and how the health element of UC is assessed. It is likely that the **rules for the WCA** will be tightened. However, changes will not happen before April 2026. This means....if you don't get any benefits and you're on a low income with few savings you should make a claim for UC soon. You might get more money if you apply before the rules change. Again, Citizens Advice can help you claim. Have a look at these useful websites before making a new application for PIP or UC:

PIP: <https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/>

<https://www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/help-with-your-claim/how-decisions-are-made/>

UC: <https://www.citizensadvice.org.uk/benefits/universal-credit/claiming/start-a-universal-credit-claim/>

<https://www.citizensadvice.org.uk/benefits/universal-credit/if-youre-sick-or-disabled/getting-universal-credit-if-youre-sick-or-disabled/>

For further advice on this or any other issue please email Citizens Advice East Suffolk from our website:

www.caes.org.uk/email-service or phone us on **0808 278 7866** (lines open 10-2 Mon-Fri). Our website www.caes.org.uk also gives details of our **drop-in outreach sessions** and how to make an **appointment** at one of our offices.

BOOK REVIEW

The Fortnight in September by R.C. Sheriff

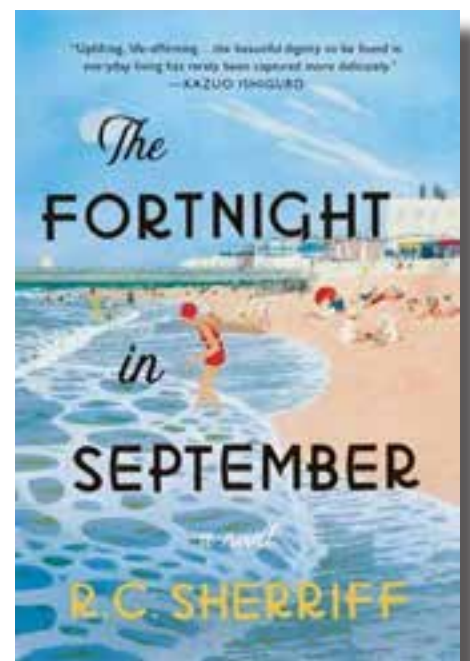
This is a simple story, first published in 1931, told in a few penny-plain words about a small suburban family on their annual fortnight's holiday at Bognor. The family is made up of man and wife, a grown-up daughter working for a dressmaker, a son just started in a London office, and a younger boy still at school. It is a day-to-day account of their holiday, from their last evening at home until the day they packed their bags for their return; how they came out of their shabby boarding house every morning and went down to the sea; how the father found hope for the future in his brief freedom from work; how the children found romance and adventure; how the mother, scared of the sea, tried to make the others think she was enjoying it.

The book is appealing for its simplicity and its universality. You will see yourself reflected in the holiday arrangements, the flutters about train journeys, buying tickets and the arrangements for looking after the canary, to name just a few.

"For six years now, Mrs Haykin had looked after the canary when the Stevens went away. For six years, to the Stevens' own knowledge Mrs. Haykin had not been away herself. The Stevens' holiday had become Mrs. Haykin's holiday: she lived every moment of it from her little house in Corunna Road."

You will find yourself in sympathy with all of the characters and be moved by their humanity, it is a great holiday read that engages you from start to finish in its modest and understated way.

Anna Hills - The Aldeburgh Bookshop



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SUFFOLK COUNTY MUSIC SERVICE

Exciting times continue at Suffolk County Music Service!

A busy summer continues across Suffolk for the County Music Service.

We are just back from an enjoyable and successful two days at Suffolk Show – where visitors to our stand were able to play on our vast Jnsory Sessions and take guitar lessons – all were aimed at children with disabilities, in particular the guitar sessions were for children with hearing iting to learn about our tutor's method of teaching using live images of the sound levels.

Upcoming events

4th August: Prom Concert at Snape Maltings

15th – 17th August: Folk East, at Sotterley Estate nr Beccles

7th September: Gala Concert, Sunday at Snape Maltings

Please visit our website www.suffolkcountymusicservice.co.uk/take-part, where you can learn more about the wide range of activities we offer your children and young people at different locations across the county.

Follow us on our social media pages for more updates and find out how you can join in! www.suffolkcountymusicservice.co.uk



Javanese Gamelan at Suffolk Show, Trinity Park Ipswich



WCET Fest at Trinity Park, Ipswich



Suffolk Youth Orchestra at Snape Maltings



Norfolk & Suffolk Aviation Museum

Family Fun Day At The Museum

Saturday

9th Aug 2025

Open from 1000 to 1600



Come along and enjoy a great family day out at the Museum. With Mike Kendall and his Dancers in the main hangar, there is plenty to see and do. Enjoy some family time together with flight simulators to fly, open cockpits to sit in and with the NAAFI café open, this could be a relaxing day for all.

We are wheelchair and dog friendly.



Museum has: 60+ Aircraft on Display 1,000s of Artefacts Shop onsite Picnic tables ++ Soft Drinks, Coffee, Tea & Snacks from the **NAAFI Café**

Admission = Adults £10, Children (aged 5 - 17) £5, under 5 free Family £20 (2 adults and up to 3 children)

Find us located at: The Street, Flixton, Bungay, NR35 1NZ
Tel: 01986 896644 **Email:** nsam.flixton@gmail.com



Norfolk & Suffolk Aviation Museum

Veterans Day @ NASAM

Saturday

30th Aug 2025

Open from 1000 to 1600

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Also, subject to weather and operational commitments on the day, enjoy the sound and sight of a RAF BBMF Spitfire as it performs a flypast @ NASAM



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PROJECT UPDATE

AUGUST 2025

Work across all Sizewell C sites continues to progress at pace.

Last month, Sizewell C announced plans to build a new post-16 college for its host town in Suffolk – a move that could transform higher education access in the area and ensure a long-term skills legacy for the region. The Further Education (FE) college will be delivered in partnership with Suffolk New College and will be an extension of their current local provision, known as 'On the Coast'. It will be a permanent high-quality post-16 education facility for Leiston, which will deliver comprehensive, multi-site education and training. Further details regarding location and planning requirements will be outlined shortly. For further information visit sizewellc.com/news.

Construction of the northern section of the temporary sea defence has started with the first sheet piles being installed. The works will take place within the Sizewell C fence line and the public footpath will remain open. We apologise for any noise disturbance which we will endeavour to keep to a minimum. Works will soon commence on installing a temporary outfall on the beach. This work will be for a short duration and within a fenced compound.

Site preparation, including construction compounds and welfare facilities, ecology and archaeology mitigations, continues at our Northern Park and Ride

In Darsham. Construction of the roundabout next to the A12 and Willow Marsh Lane has started. To aid road safety for all road users a 30 mph speed limit on the A12 is planned between the A144 and the Darsham level crossing.

Similarly in Wickham Market work will conclude this summer. As areas become clear of archaeology work, construction will begin in a phased manner.

From the week commencing 7th July, track works will start along the Leiston branch line. Work will include lifting and removing of old track and ballast. Once this phase is complete, there will new track and ballast laying.

The works will be carried out by engineering trains and specialist tracklaying plant including along the track, initially in the section to the west of Leiston. The work can be noisy and create dust, however we will have dust suppression in place to minimise the impact. Working hours will be from approximately 07:00 to 19:00.

Our forums are a way for local people to hear about key issues related to the construction of Sizewell C. All forums run from 18:30 to 20:30 (arrival from 18:00).

These monthly updates are now available on subscription, if you would like to further subscribe, please create an account on the Sizewell C works tracker website via the QR code below.

FORUM SCHEDULE

All forum timings
18:30 - 20:30
(Arrival from 18:00)

Northern Transport Forum	Wednesday 6 August 2025	Darsham Village Hall
Southern Transport Forum	Wednesday 3 September 2025	Stratford St Andrew Riverside Centre
Main Development Site Forum	Wednesday 8 October 2025	Leiston Town Athletic Association

For more information and for all 2025 forum dates visit sizewellc.com/community/forums

VISIT THE WORKS TRACKER SITE



LLOYDS TOUR OF BRITAIN MEN

Britain's biggest professional cycle race and the UK's largest free-to-spectate live sporting event will return to Suffolk this September, as the opening stages of the race take place in the region on Tuesday 2nd and Wednesday 3rd September.

East Suffolk will host the first stage of the race, with the return of the world's top male cyclists to the district for a third consecutive year, as Woodbridge and Southwold play host to the stage one start and finish.

A day later the second stage of the race will start and finish in Stowmarket, hosted by Mid Suffolk District Council and neighbouring Babergh District Council, as two stages of the Lloyds Tour of Britain Men take place in the county for the first time.

The announcement follows the success of this year's Lloyds Tour of Britain Women in June, which saw an action-packed edition of the race only decided in the final sprint to the line in Glasgow, as Kiwi rider Ally Wollaston claimed victory.

Cllr Sarah Whitelock, East Suffolk Council's cabinet member for Communities, Culture, Leisure and Tourism, said: *"We are excited to welcome the Lloyds Tour of Britain Men back to East Suffolk for the third consecutive year, and to be hosting the opening stage. This is the UK's largest free-to-spectate live sporting event and directly benefits local businesses and communities. The Tour, and the community activities which accompany it, also helps to promote the physical and mental health benefits of cycling to all ages and abilities and showcases East Suffolk as a cycle friendly destination to a national audience."*

Having hosted the final stage of the 2024 Lloyds Tour of Britain Men, East Suffolk will now host the start of racing in September 2025, marking the first time since 2012 that the overall race has begun in Suffolk, and a debut for Woodbridge as a host venue for the event.

Southwold has never hosted the Lloyds Tour of Britain Men, but has twice seen the women's race visit, most recently in 2018 when Jolien D'hoore won a stage finishing on North Parade in the town.

The exact stage route for the opening leg of the Lloyds Tour of Britain Men may have been published by the time this goes to print but will include passing through Wickham Market, Aldeburgh, Saxmundham, Framlingham, Halesworth, Bungay, and Beccles.

For the second stage, Stowmarket will host the Lloyds Tour of Britain Men for the first time, though like Southwold has hosted a finish of the women's race, also won by Jolien D'hoore in 2019.

The route of stage two will include Debenham and Eye in Mid Suffolk, and Sudbury and Hadleigh in Babergh.

Cllr John Ward, leader of Babergh District Council said: *"This is fantastic opportunity for us to showcase Babergh's beautiful landscapes, towns and villages to an international audience."*

"We're also committed to providing opportunities to get involved in sports and physical activity and by hosting this international event showcasing prominent cyclists we hope to inspire the next generation of budding athletes right here in Suffolk."

Commenting on the announcement of the opening stages, Jonathan Day, Managing Director of British Cycling Events, said; *"Having finished the Lloyds Tour of Britain Women with some great racing and a fantastic festival of cycling in Glasgow, our attention is now on September and the return of the men's event. We are delighted to begin our announcements with the news that East Suffolk will host the opening stage, and two new venues – Woodbridge and Southwold – will appear on the Lloyds Tour of Britain Men map. Then moving onto stage 2 and a huge thanks to our partners at Babergh and Mid Suffolk, which will see Stowmarket become the third new venue for the men's race, ensuring a fantastic opening two days in the beautiful Suffolk countryside."*

"Over the coming weeks we look forward to sharing more exciting details about this year's race with fans and building up to what will be another incredible edition of the Lloyds Tour of Britain."

Further announcements about the host venues of the other four stages, as well as the participating teams for the Lloyds Tour of Britain will be made over the coming weeks.



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Once again, the kitten season came at full force. Most of our foster cabin space has been occupied by abandoned and unwanted litters. We all love a cute, sweet little kitten but there are finite resources and homes for them. We must break the cycle of even more being born by encouraging responsible cat ownership and ensuring that beloved cats, both male and female, are neutered. This can and should be done, from the age of four months.

For owners experiencing financial difficulties, we can help by providing neutering vouchers. Please do not hesitate to contact us for advice or see our website for details.

It was great to see the many visitors to our stalls at two recent events: the Woodbridge Regatta and the Southwold Street Festival. Thank you all for your support. We look forward to seeing you at the Framlingham Country Show on 16th & 17th August.

QUIZ TIME: If you enjoy stretching your brain cells, get your thinking caps ready for our special Framlingham & Saxmundham branch QUIZ NIGHT! Part of our 35th Anniversary year, we would love you to join us at the Woodbridge Community Centre on Friday, 26 September 2025 at 7 pm.

Tickets: £5 each and teams of up to six people. For bookings and payment details please email with the subject heading QUIZ to: fundraising@framandsax.cats.org.uk



Feeling energetic? Get your walking boots ready to help the cats in our branch! The Big Summer Roam walking challenge is here! You can choose your own target distance to complete wherever and whenever you wish in the month of August, all for cats.

Sign up and receive an exclusive Cats Protection bum bag to sport in style while you roam. You can even direct your registration fee and fundraising to help cats right the Framlingham & Saxmundham branch: cats.org.uk/bigsummerroam

Cats Looking for a Home: These delightful young cats are Ada and Chloe who are extremely friendly and sweet, bonded sisters of about 11 months old.



They both love a fuss and cuddles. This adorable pair will need a home where they can be together with access to the outside and away from busy roads. If you can offer these sweet sisters a home, please let us know or see more about them on our website.

See our website: www.cats.org.uk/framandsax, email: enquiries@framandsax.cats.org.uk, or telephone 01728 723499 for more information about adopting cats in our care; how to become a member of the branch; event dates; neutering; cat-care leaflets; how to become a volunteer fundraiser or fosterer, make a donation and other ways you can support us.

Also find us on Facebook, Instagram and YouTube.

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BUNGAY FOLK FESTIVAL

The second Bungay Folk Festival, over the weekend of September 5 - 7, will feature 35 different acts, the most well known of which is Eliza McCarthy, one of the most recognisable faces in British folk, who is booked for two concerts at the Fisher Theatre.

The Indian-influenced folk collective Mishra are booked along with The King Driscolls, Orchestra of Samples, The John Ward Trio, Christina Alden and Alex Patterson.

Some of the 35 booked acts have already been active in the area: Rumburgh Morris were around at dawn for the May Day celebrations on Broome Heath, later that week, amidst the ancient barrows at the Annis Hill Community Woodland, Paul Gill led the crowd with May Day songs and traditional English tunes. Whirligig, who will close the festival on Sunday, September 7, appeared at St James South Elmham, and on May 30 there was a concert at Bungay's Three Tuns promoting the festival with Gavin, Fairhall and Lever.

On July 17, BFF2025 teamed up with their friends at Black Shuck to provide the lunchtime concert courtesy of Artistic Fields in St Mary's Church.

Thanks to funding from Bungay Town Council, BEBA, East Suffolk Council and Suffolk County Council, Blake Harrison will be bringing his African drums to the festival and offering a free drum workshop to both adults and youngsters.

Norwich-based singer, Mary Lovett will lead a free singing workshop and Mog and his renegade Irish drums will make a second appearance with four workshops.

In addition, the festival organisers are determined to present free live folk music in all the town's venues including St Mary's Church, Trinity Church, The Bell Gallery, The Three Tuns and Bungay Castle Bailey.

Meanwhile at the Green Dragon and Three Tuns pubs the folk tune and sing-around sessions are continuing every month on the second and third Monday evenings from 7 - 10. Why not come along and join in or just come and listen?



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Reports, press releases; letters and other editorial contributions with news value are all welcome but are accepted on the understanding that there is no guarantee of inclusion and that they will be selected and edited at the editor's discretion.

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